

# High Quality for Youth Centers





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High Quality  
for Youth  
Centers

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## 1

European society, as the rest of developed societies, present a really complex panorama in reference of the process of insertion of youth in the active social society. The path between family origin and independence suffers lots of problematics.

As well as all facets that should be understood as normal (work, studies, housing, relationships, economy, leisure time, family, etc.) often become heavy links in a chain we call youth.

# Introduction

Keeping on the Youth Report of Spain published by the Spanish Youth Institute, we can affirm that the working experience of young people is really really precarious. As regards studies, the principle of equal opportunities, which is satisfactorily fulfilled in the first levels of education, does not work in the same way in higher education. Regarding the economy of Youth, and what this aspect affects the economic dependence-independence of the family, we can say that only four out of ten young people can try to emancipate themselves. For the rest, for economic reasons is beyond their possibilities.

Regarding to associations, Spanish Youth don't have much differences from Europeans in terms of associative tendencies, placing themselves in intermediate positions within the Mediterranean. Over 35% of Spanish youth are associated with sports, cultural, religious, student and recreational entities. Only 3% of youth are affiliated with a political party or a union.

With this panorama, youth spaces or youth centers take on absolute relevance. Our society needs spaces for growth and healthy recreation, where youth are comfortable and can develop their full potential. Centers that provide information, debate spaces, personal spaces, and a long etcetera that we still can not imagine well.

From the CVJ we want to explore this area, to be able to demand from the competent authorities the creation of spaces with the specific characteristics.

We will use as a starting point the existing realities in each of the 4 partner countries of the project and we will add the work done by SALTO-YOUTH in its description of the competences of the youth professionals (ETS Competence Model for Youth Workers to Work Internationally), since they can give us many clues about the spaces in which these professionals work. Based on these data, we will start to design the "Ideal Youth Center (online-offline)" and we will finish

with a model proposal that will include the minimums that should be guaranteed by law and the desirable characteristics.

This manual is aimed at people who design youth policies and also at all entities that have (or are thinking about creating) a space for young people. We need the transnational cooperation to have a broader spectrum of needs and realities, to help us imagine an inclusive space that doesn't leave anyone out. In addition, we must mind that society is increasingly multicultural, therefore, the transnational component will allow us to include a diversity perspective to the proposal we will make.

During the first steps phase of this idea, in our conversations with our partners we have done a little research, analyzing the institutional documents published regarding youth spaces, but we have not found anything that integrates the online-offline perspective. We consider that our project is innovative because we seek to create a proposal of youth centers that can be scaled to any reality (with more or less resources), and that contemplates the real world and the virtual world in which young people move.

When we analyzed the proposals of European networks such as ERYICA or EURODESK, we find proposals for information centers, but we want to go further. We don't want to speak only about distributing information, but about generating spaces for integral growth, both at the level of knowledge and at an interpersonal or emotional level. Throughout the project, these ideas will be acquiring form, to get to draw that proposal of "HIGH-QUALITY YOUTH CENTERS IN EUROPE".

We have looked for partners with whom we can work well and with some relevance in the world of youth centers. The Hungarian partner is a national "umbrella" entity of youth professionals, which can provide a very comprehensive view of the needs from the point of view of the workers. The Estonian partner brings us the RURAL world view of youth, the specific needs and the particular realities of these environments. The partner from Latvia gives us the complementary vision, URBAN, with his experience in working with young people in a big city (Riga). Finally, we provide the vision of the voluntary entities that make up the CVJ, with its limitations and also its connections with the public administration in some cases.

In addition, we have a good socio-cultural balance, since we have two "Baltic" partners, a "Central-European" partner and a "Mediterranean" partner.



# 2

European society, like the other developed societies, presents a complex panorama regarding the process of insertion of young people in an active social life. Thus, all the facets that should be understood as normal (work, studies, housing, relationships, economy, free time, family, etc.) often become heavy links in a chain that we call youth. Following the Report Youth in Spain published by the Institute of Youth we can say that the work experience of young people is often very precarious, same as participation in social life.

## About the project

With this panorama, the youth spaces or youth centres take an absolute relevance. Our society needs spaces for growth and healthy leisure, where youth can feel comfortable and thus can better develop their full potential. Centres that provide information, spaces of debate, personal spaces, and a long etcetera that we still cannot imagine.

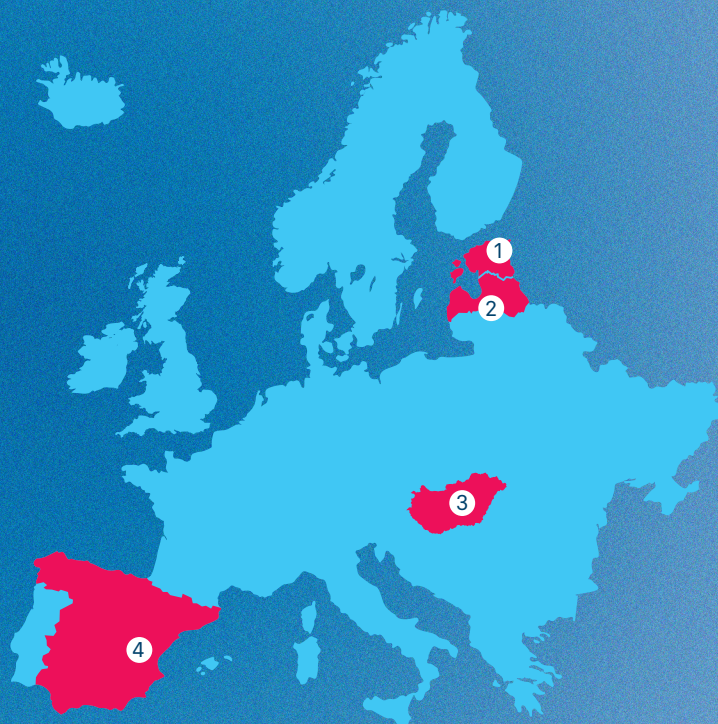
The four partners of this project (CJCV, BRF, EDELA EESTI and ISOS) want to explore this area in order to be able to demand from the competent authorities the creation of such spaces with the precise characteristics. For 24 months we will work as a team to design an ideal youth centre-space manual, with presence both online and offline. This manual will be accompanied by 4 promotional videos of the youth services, to make known the importance of them.

With this project we will be able to give a new turn to the "rusty" youth information centres, so that they adapt to the reality of the XXI century and are attractive to the youth group.



# 3

## About the partners



1 **MTÜ  
Edela Eesti  
Arenduskeskus**

*Estonia*

2 **Baltic  
Regional  
Foundation**

*Latvia*

3 **Ifjúsági  
Szolgáltatók  
Országos  
Szövetsége**

*Hungary*

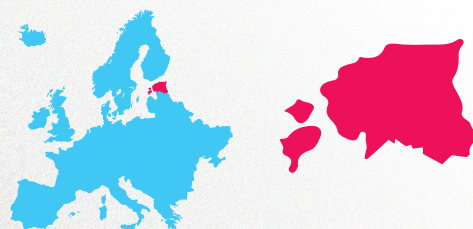
4 **Consell de la  
Joventut de  
la Comunitat  
Valenciana**

*Spain*



# MTÜ Edela Eesti Arenduskeskus

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NGO South Western Estonia Development Centre was created in 2008 to stand for the best interest of local people and to develop the rural community. The aim of the NGO is to develop rural communities and to enliven the village life through various projects, also to offer training's, to widen the opportunities for youngsters and their world view, also to increase the awareness of environmental problems. The target group of the organisation is society, especially young people from rural areas, whom we try to reach through various local activities. Today we train the unemployed and assisting the young unemployed to obtaining work. We also organize various seminars and debates for young people, to increase tolerance and understanding the cultural difference. One of the new direction we've taken to the promotion of youth entrepreneurship. Since 2010 NGO south Western Estonian Development Centre also belongs to Partnership of Green Land. 2010 and 2011 year has recognized by local government NGO for Certificate of Honor in active youth work. 2012 we were nominated to Volunteer of Pärnu County. 2015 we were nominated to „Event of the year” of Pärnu County. Also we belong in the Estonian Village Movement.

South Western Estonia Development Centre NGO founded in 2008 by Marika Valter and Raul Kurrik. It started in 2008 with national community and youth projects, it started in 2011 with youth in action-programme exchange, and It started in 2015 with K2 Erasmus + strategic cooperation project.

Our organization has good experience to organize the several different national trainings and seminars - as for local community and also for Estonian youth workers/leaders and rural area leaders.

We focus our activities more on the spot. At the same time we can offer various foreign co-operation through the opportunity for young drivers to

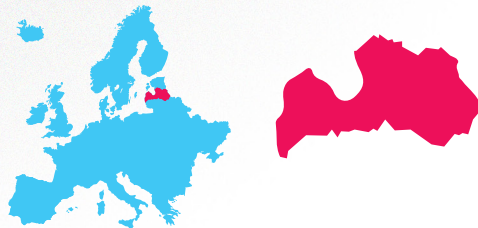
grow their horizons and knowledge order to improve their work. We ask our participants to share what they have learned to others - this is a two-way learning process, through which it is possible to share experiences and ideas with more broadly. Held for this purpose a variety of information sessions for different target groups, write an article, organized exhibitions etc.

As we work very closely with the Association of Estonian Open Youth Centres and Youth Network of specialists - through with our activities can contribute to the development of youth work.



# Baltic Regional Foundation

*Latvija*



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The “Baltic Regional fund” is a non-governmental organisation and foundation, supporting social and intercultural dialogue, social inclusion and cultural exchange among young people and adults. The organization is located in Riga but the foundation organizes regular activities in the whole of Latvia as well as collaborating on a European level, implementing educational projects.

Foundation target groups are: children, youth, students, adults and especially groups of social risk - early school leavers, migrants and unemployed.

Organization's activities: Project work, seminars, training courses and consulting, online TV. The Baltic Regional fund focuses especially on training business training skills, project management, ICT instruments, leadership, team building, communication, active participation, intercultural skills, etc. The foundation is also involved in social integration projects in areas such as education and integration into the Latvian society.

The organization members are youth, students, teachers, academics and social active persons. The members are very active, professionally experienced, highly educated, well-motivated and socially active persons, and all are dedicated to the improvement of educational systems, as well as in enhancing personal skills. The members of the foundation are also participating in policy-making processes between the public sector and NGO's in Latvia.

The foundation also cooperates with the Latvian “Agency of International programs for youth”, where BRF provides logistic services for trainings

and participate in training processes for youth. The foundation is also accredited hosting, sending and coordinating organisation in EVS and has Youth centre in Riga “BaMbuss”.

The organisation is actively working with youngsters and provide them different activities and trainings, in connection with this project topic, we develop trainings for youth workers. In our work we use different non-formal education methods, including discussions, statements, group work, forum theatre, etc. Especially these activities are promoted in youth centre “BaMbuss”, where we organize a multi-faceted youth activity - workshops, non-formal learning, discussions and specialized clubs, train volunteers and developing mentoring and peer support network and provide career counselling.

In Project will be involved member of the board Ginta Salmina, who has a various experience in youth work – as a Project manager, coordinator, trainer and etc. She has also business and project management skills and a broad knowledge in many topics, such as global education, volunteering, democracy and civic engagement, gender equality, formal and informal learning, adult education.



# Ifjúsági Szolgáltatók Országos Szövetsége

*Hungary*



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**[iszosz]**  
Ifjúsági Szolgáltatók Országos Szövetsége

**Ifjúsági Szolgáltatók Országos Szövetsége [ISZOSZ] (Hungarian Association of Youth Service Providers [ISZOSZ]) is a nongovernmental umbrella organization of youth workers. We are aiming to create possibilities for lifelong learning and fostering development of employees and volunteers of youth services and different targets on local, on the national and international level. Via broaden the horizons, developing practical skills and offering information and activities, we aim at more active participation in civil society. [ISZOSZ] is interested in and active in youth mobility projects and development of youth work and community work, volunteering, intercultural learning, cultural diversity and human rights.**

[ISZOSZ] is fostering the development of young people and people working with/for them in the non-formal education sphere, sending them out to international mobility projects such as trainings, study visits, camps, conferences and international youth exchanges, but also volunteering and traineeship projects for a longer period of time. On a local level, we have been organising trainings on basics of youth work, and 5 days long summer academy. [ISZOSZ] being partner for international collaborators since 2011.

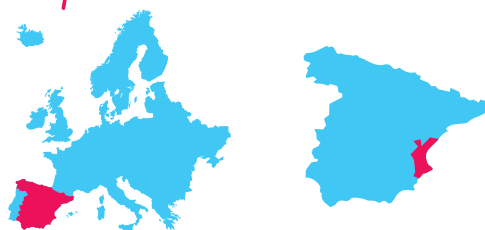
specific educational and professional background with working with young people. The contact person is expert in Erasmus+, member of the pool of trainers and active member of European youth information networks such as Eurodesk and Eryica.

We are the umbrella organisation for youth workers and youth centres in the country. The organisation is working for youth workers, whom is directly working with young people with all kinds of backgrounds. Most of the staff members of our organisation have been working for more than 15 years and has



## Consell de la Joventut de la Comunitat Valenciana (CJCV)

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Consell  
Valencià de  
la Joventut

The Youth Council of the Valencian Community (CJCV) is the platform that brings together all the youth organizations and represents the interests of Valencian youth. The CJCV is a public body created by law, but independent of the public administration. The council is a space to promote democratic participation of young people, where they can report their situation to society and the policymakers, raise awareness of youth initiatives and follow up on policies for the youth, in the same way to empower young people by developing their competences by non-formal learning.

The CJCV is composed of 16 regional non-government youth organizations and 17 local youth councils. The Council is part of national networks such as the Youth Council of Spain (CJE) and other cooperation networks in the field of youth such as the "Triangle Jove Foundation" which is a network with the National Youth Council of Catalonia (CNJC) and the Council of the Youth of the Balearic Islands (CJIB).

The CJCV is currently developing structured dialogue projects to improve youth policies, promoting campaigns about the situation of Valencian youth to awareness the society, making capacity building programs for youth leaders and taking part in programs of international cooperation to recognise youth workers and to improve the strategies in the youth field.

In the field of training and associations, we can say that we are experts since it is one of our priorities and we have been organizing activities of this type for 30 years. In the management of international projects, we also have experience.

Our main experience in the proposed topic is based on the entity's own activity and also on the development of a guide for the promotion of youth participation in secondary schools that have been jointly developed among the entities of the CJCV and that in this transnational initiative is intended to be put into practice.

The personnel involved have a long experience in the field of non-formal education. In addition, the CJCV professionals have coordinated various actions of the Erasmus + program, as well as various training on it.



## 4

# The ideal Youth Centre

If we start reading in Wikipedia the definition of Youth Center as a framework introduction to the topic, we see:

*A youth center or youth centre, also called youth club, is a place where young people can meet and participate in a variety of activities. Youth Clubs or Centres vary in their activities across the globe, and have diverse histories based on shifting cultural, political and social contexts and relative levels of state funding or voluntary action.*

In this project we have explored the concept of **QUALITY** of these kind of facilities and resources, finding out that there are many differences based on the cultural, social and political context. But all through the process, we also found out some common relevant criteria when we explored the best practises of each country. These findings will be our conclusions and recommendations for those thinking of improving their centers or thinking of creating a new one.

- 1 - Level of **participation of youth** in the decision making process of the YC (Youth Center). Those examples where youth are more involved in the process or even with levels of co-decision or co-management of the centers achieve higher levels of quality according to our project framework.
- 2 - **Innovative methods** of working with the Youth, changing and adapting to the trends and motivation of the different groups of youth.
- 3 - **ICT** as a tool for all parts of the life of the center (visibility, dissemination, publicity, advocacy...), to be updated and close to the new trends and channels used by the youth.
- 4 - Quality of the staff (**Youth Workers**) as a key of the quality of the Youth Center. Good education and continuous training opportunities for the staff. Good motivation. Good commitment and passionate with their task. Ready to un-learn and re-learn from and with the youth.
- 5 - **Inclusion** policies, considering the youth from different minorities (information in different languages, buildings without physical barriers, youth workers with inclusive attitude...)
- 6 - **Safe environment**, free of hate-speech or any kind of violence or discrimination. Where all the young people feel respected and free to express and develop themselves.
- 7 - Connected and relevant for the **context** where it is located, reacting to the real needs and sensitive with the main concerns of the population, thinking global and acting local.
- 8 - **Networking** strategies, linking the youth center with other relevant stakeholders to support and contribute to the goals of each activity (like employment office, schools, other youth centers...)
- 9 - **Sustainable** as an institution, not depending only on one source of funding, in order to be safe in time and safe in principles
- 10 - **Pro-active** approach to youth work, not only waiting for youth to go to the youth center, but also going out to the streets/parks/schools with activities and proposals.

If the youth center is taking these recommendations into consideration and evaluating the results and processes regularly, we can confirm that this will be a **HIGH QUALITY YOUTH CENTER**.



# 5

## Good practices in *youth centers*

1. Travelling youths service
2. Municipality Youth Centres
3. Private Youth Centres
4. Network Cooperation Youth Centres
5. Rural Youth Centres
6. Urban Youth Centres
7. International Youth Centres
8. Youth Centres with extra services
9. IT good practise in Youth Centres
10. Youth workers related good practices
11. Financial budget related good practices
12. Youth participation in Youth Centres
13. Extra good practices



# 5 Good practices

# 1. Travelling Youth service



## Time and Space/ MoNo Bus NGO Youth with Great Ideas

(MTÜ Noored  
Toredate Mõtetega)

### Estonia



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Youth centre/base:  
[www.facebook.com/aegaruumi/](https://www.facebook.com/aegaruumi/)  
Kids centre:  
[www.facebook.com/NTMLastekeskus/](https://www.facebook.com/NTMLastekeskus/)  
Countryside:  
[www.facebook.com/groups/116638145687434/about/](https://www.facebook.com/groups/116638145687434/about/)



## Context

### AMOUNT OF YOUTH

Approximately 14,000 youth

### POPULATION OF THE CITY

The population of Tartu is 99 428

### TARGET GROUP ADDRESSED

MoNo youth work is actually for different age groups. Our target group starts from the age of 7 and goes up to the elderly. Our activities are based in different areas around Tartu city and Tartu county. Our main activities are for the age group of 7-26.yo.

### PHYSICAL SPACE

Our main base is at Tähe street 3, which is a few minute walk from the city centre, where we keep all our equipment for anything that we get up to or organize, we have been based there since 2003. This is the place where all the magic happens, as most of our activities and workshops take place there. At the start of 2018, we opened a Kids center(7-14yo.) that we have integrated with our Youth center Time and Space(trans. Aeg-Ruum, 7-26yo.), in the hope to bring different generations together to make peace with one another. We start our day in the Kids center with addressing today's problems and cons, as well as going over the homework from school. It is about 5min walk from Time and Space, where we later go to join the activities. There we have 4 different rooms, where we have lots of space to mess around and feel comfortable.

In 2016, we also opened a Youth room in Äksi, a village which is located about 20km from Tartu city, where we are carrying out games and activities for around 10-15 youngsters. We also carry out activities for mothers with young children, as well as for the elderly in a cultural center, in Luunja, in rural Tartu, which is about 10km from the city.



### STAFF/VOLUNTEERS

We have an active team of 8 people, at the moment, who mainly do what is in their power and we involve volunteers by the needs of what and where something is being organized.

### BUDGET (FROM WHERE? FOR WHAT?)

Our main key activity, the MoNo Bus that takes us around Estonia and further if needed, was funded in 2014 by Estonian-Swiss cooperation program, NGO fond and citizens society foundation capital.

As we are a project based Youth center, we are actively trying out different activities to suit the needs of the visitors of our centers by involving youngsters in the decision-making. We are funded mainly by Tartu's Municipality, or by the cultural or societal fond of EU.

### TIMING (OPENING HOURS / SEASONAL)

Our opening hours are 12-18:00 in Tartu city and 14-18:00 in Äksi village.

As we are very mobile, we make ourselves available where needed depending on the need and availability. ➤

## Description

It is our goal to attend places, where there are youth, so we ensure that any event that is in our interest around Estonia, we have something interesting to offer for the younger nation to give freedom for the parents or guardians attending the events.

We usually inform the youth that normally visit us, about the events, to push their initiative and input on what could be done or offered at the events. Through non-formal learning kids, teenagers, and young adults, have the opportunity to gain experience in the field that is interesting to them by their participation and

eagerness. Nothing can be rushed. We do so to raise more interest in them, in the hope that maybe they would like to push their knowledge more in those fields, by more academic studies one day. We do activities in all sort of fields, culture, art, music, events and so forth. Mainly our aim is to make the target groups more comfortable in social communication, as well as public speech, self-expression, and youth politics. Our other strong aim is to involve NEET youth in our activities, so we provide them guidance to organize something productive or artistic from youth to youth. Creating Youthocracy! We are active in recycling ideas, experiments, sewing, cultures, cooking, photography, heritage culture, and of course INNOVATION in any field!

We can proudly say that we have given many youths their kick-off starts that they have taken further, as their hobbies or professions. ■





# MINI Ifjúsági Szolgálat / MINI Youth Service

Hungary



MIKLÓS Gergely  
miklos.gergely@gmail.com



## Context

The Northern Hungarian region, in particular Borsod-Abaúj-Zemplén county, is characterized by its small village formations: settlements of some hundred people, large distances, remote villages etc. With regard to youth work, this means that young people are under-informed in these small settlements and have fewer opportunities than their peers living in cities. To bridge this - since there is a major lack of local youth offices / clubs in Hungary, we established the MINI Youth Service in 2006.

The aim of the MINI Youth Service is to find young people in their own micro-environment and provide them with a valuable opportunity to spend their free time, up-to-date information on the opportunities related to youth (e.g. further education, EVS, volunteering etc.). Its specialty is not to wait until the youngster finds himself asking for help or looking for leisure time activities, but is proactively looking for young people where they live, when they are there. One of the great benefits of this is that the members of this age group are happier, more curious and more honest, since they are surrounded by their usual environment where they can be themselves and feel safe.

The MINI Youth Service keeps track of the Northern Hungarian region so that young people in disadvantaged situations are also able to catch up, keep up-to-date and continue to develop.

In Hungary, we are currently the only mobile youth work organization.

### AMOUNT OF YOUTH

Our service deals with members of the youth from the kindergarten age to the young adult age.

### POPULATION OF THE CITY

The MINI Youth Service - as we have already mentioned - does not work in a



particular town, but works across the Northern Hungarian region for the development

of youth. So we cannot determine the population and the proportion of young people in a settlement, as we go wherever we are needed.

### TARGET GROUP ADDRESSED

### PHYSICAL SPACE

We do not have a specific building but we work with 3 service buses, their equipment depends on the age, background and current needs of young people. Tools: skill developing toys, board games, IT tools, internet, give aways etc.

### STAFF/VOLUNTEERS

Usually we work with 6-8 volunteers, the wider volunteer basis is 20-30 people.

### BUDGET (FROM WHERE? FOR WHAT?)

The MINI Youth Service has 3 gestors that covers the expenses for the day-to-day running of the operation. The biggest expenses are the buses' reservations (fuel kits, insurance, maintenance), which the organizations strive to manage.

Sources: economic activity in the interest of maintaining an organization (e.g. leasing of the equipment, audio services, etc.), sources of funding.

### TIMING (OPENING HOURS / SEASONAL)

We do not have specified opening hours. A visit is calculated as a time period of 3-4 hours. This is the duration that engages our target group, the young people.

We serve every day of the year.

We provide our service on each day of the year. ►



## Description



The MINI Youth Service was established in 2006, which carries out mobile youth work in the Northern Hungarian region where more than 600 settlements are located, most of which are under 5000 inhabitants. In these small villages, only a fraction of the information and the opportunities for young people reaches the youth. The aim of our Service is to operate a youth information and counselling service with a clear profile, in line with the national and European information standards. The primary prevention is the priority of its task.

Accordingly, in order to prevent or reduce the probable problems of young people, we do our work as follows:

- We operate and develop our information services and developmental workshops in accordance with local needs.
- We provide young people with information according to their requests and their specific needs.
- We give feedback about the perceived and raised problems to the decision-makers in order to influence the decisions affecting young people in a positive way.
- We provide multidirectional information flow.
- We generate community development processes not only among young people, but at the macro-level (local society / population level).

Our work is based on mobility and up-to-date technology, which is based on the following methodology:

### Preparation > Realization > Evaluation > Feedback

#### Our main information topics:

- Information about education
- Opportunities to spend leisure time
- Information on cultural, leisure and sporting events
- Guiding young people to the appropriate institutions related to social benefits, labour issues, office administration in the settlement
- Information about student works, learning and holiday opportunities, cheap accommodation, scholarship opportunities
- Civil initiatives, civil services, other service institutions, trainings, etc.
- In addition, if there is a special topic (e.g. cancerous diseases, financial problems), we can also help after preparatory work.

We use an animated framework for addressing young people, with contemporary helpers and a program leader involved.

- During on-site activities we use an audio system that can be used to attract interest and raise attention (whether it is silent music or an interactive conversation)
- We use warm-up and ice-breaking games. This creates a close relationship, young people will soon open up and talk about their daily problems and concerns.

- Taking into account the pre-cast number of participants, we use different exercises:

Category	Pox < 15	15 < Pox
Sport activities (usually outdoor)	Football gate, basketball boards, various games with rockets, giant board games (Who's in the end? Twister, etc.) Slackline - balancing strap between 2 wood or columns.	
	Creating an obstacle course with alpine technology and sports equipment.	Competitions, relay tournaments, multi-station tournaments individually or in a team.
Leisure time activities	Skill developing and board games.	Group board games adapted to the topic (Activity, Taboo, etc.)
	Handicrafts (related to the season or topic), where the tutor is a peer helper.	
Technical tools	Notebooks, projectors, projection screens, televisions, consoles, which can be used to make young people move.	
Information transfer	Notebook, tablet, leaflets.	Projector, TV, leaflets.
	Emails, social media pages.	

We constantly improve our equipment park, trying to keep up to date with technical innovations. We give young people the opportunity to try out tools they do not know yet.

In animated sessions, we are not aliens in the eyes of young people, but helpers who are looking forward to their prosperity.

After the on-site activities the participants of the service jointly evaluate what has happened, the implemented program, and discuss possible problems.

If there is a possibility, we give feedback to the program organizer.

During the inquiries we plan the activities according to the following basic information:

- Number of participants
- Age of the participants
- Having any prior information on the topic and to which extent
- Whether someone is helping their work locally, if so, whether they will be there for the sessions
- Duration of the activity

- Open or closed space

- Have we ever been in the community, whether there is any overlap between old and new players? ■



# Multifunctional Youth Initiative Center "Nagla"

Latvia



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## Context



### AMOUNT OF YOUTH

*In Kandava county there are 1359 youngsters and in Kandava city 583*

### POPULATION OF THE CITY

*In Kandava county 8600 and in Kandava city 3884*

### TARGET GROUP ADDRESSED

*Youngsters in age 13 - 25*

### PHYSICAL SPACE

*250 m2, including workshop spaces, seminar room, chill āre, kitchen and youth hostel.*

### STAFF/VOLUNTEERS

*Manager of the youth center, youth worker, organizer of the sport activities (part time), volunteers.*

### BUDGET (FROM WHERE? FOR WHAT?)

*Financially the youth center is supported by Kandava county municipality and it covers salaries and facilities of the youth center. Additional income also is from projects, local and national and also international.*

### TIMING (OPENING HOURS / SEASONAL)

*During school time on working days 14:00-19:00*

*During school holidays 10:00-17:00 ➡*

## Description

Kandava's youth center "Nagla" works on mobile youth work since September 2017. It started after organizing discussions in 5 different Kandava county parishes and 1 city, bringing together 70 children, young people and adults. In these discussions they have worked with tasks not only to develop a youth policy plan, but realized that young people in rural municipalities need support in the youth field. Therefore youth center decided to organize mobile youth work in the Kandava county parishes. The initiative on mobile youth was run from the youth center itself and also carried out a youth center with its own resources.

The goal was to organize an event or activity every month for children and young people in each parish. The first steps were done by themselves - with the help of non-formal education methods. They introduced young people with opportunities in the field of youth, a wide range of opportunities and operational horizons, youth information platforms... They have organized the next lessons based on the wishes of the children and young people themselves - in the table games championships, movie evenings, cakes, creative workshop, outdoor activities, cooking on the campfire, sports activities, etc. There was also organized study visits for young people and we organized trips to youth centers in Tukums, Olaine, Kuldiga and Aizpute. Before in such

study visits only youngsters from city Kandava had chance to go but now also from all Kandava county. And in the past, work with young people took place only in the center of the youth premises. However, now once a month, the Youth Center organizes mobile events for each parish, thus covering even more districts, especially rural youth. Experience shows that from 2 till 25 young people participate in each activities organized in each parish.

With the help of additional project we have received funding to train youth centers in each parish. The idea of the project is that 4 young people, who are organizing their own activities for children and young people in their parishes, are trained from each rural municipality.

The project provided not only qualitative training on the planning and organization of events, but also financial, material and moral support. Consequently, the idea is that we do not go to the parishes ourselves (as it was before), but we are activating local young people and they organize themselves for themselves. Consequently, mobile youth work has activated and has given impetus to the initiative and activity of young people.

More about our mobile youth work:  
[http://jcnagla.lv/mobils\\_jaunatnes\\_darbs](http://jcnagla.lv/mobils_jaunatnes_darbs)





## Name of the youth Center

Spain





## 2. Municipality Youth Centres

5  
Good  
practices



# Keila Youth Centre

Estonia



Paldiski mnt 28F,  
Keila, Estonia



## Context

### AMOUNT OF YOUTH

2400

### POPULATION OF THE CITY

10 000

### TARGET GROUP ADDRESSED

7-26 years old

### PHYSICAL SPACE:

900 m<sup>2</sup>

### STAFF/VOLUNTEERS:

Manager, 6 youthworkers, 5 hobbyclubs instructors, 2 volunteers (1 EVS and Checkers teacher)

### BUDGET

Most of the budget is from the municipality: salaries, administrative costs, training and official journey expenses, learning age working tools and cost of events. We receive extra money through projects.

### TIMING (OPENING HOURS / SEASONAL):

September to May we are open on weekdays 12:00- 20:00 and on Saturday for events. In June and August on weekdays 10:00-18:00 and we will organize camps and summer work camp. ►



## Description



Keila Youth Centre was opened on October 1, 2002. At the beginning, the youth center was a small part of the Keila Social Center and the budget covered the maintenance costs of the building and wages. Our budget was organized by NPO and work was managed by one youth worker. 2004 the youth center became substitution of Keila municipality. This gave the development of the youth center a boost and security. Another youth worker was employed. At the beginning there were 6 rooms in use: pool, table tennis and computer room, TV and game room, darkroom of photography, "room of secrets", a small kitchen, gym and office. In 2008- 2014 we were Youth Information and Counseling Centre on West-Harju county. Youth center has grown step by step according to development needs and wishes of youth. Since youth centre has demonstrated importance of non formal education, it has grown and has now more employees and more room for various purposes available. Youngsters can use bandroom with everything needed for recording music, radio- and DJ room, hobby room, and club room,

where parties and concerts can be held and are used for open youth work daily. Traditional events are Reusage day, youth section of Keila Day , camps and summer work camp, local hobby activities introducing event Vabaaja mess, gathering of youth workers from near by centres, youth centre's birthday, youth work week, Youth Appreciation event Aasta jälg and Christmas party for disabled youth. We have following clubs: Checkers, creativity, model cars, break dance, drum, guitar, clay molding, drama, nature and science and photography. Having youth center as institution of Keila municipality let's us concentrate on needs of youngster and not worry about everyday budget. We do write projects for additional funding to enrich the youth work even more. Our biggest project has been creating a "living room" Mõte 3 for active and enterprising youngsters. Mõte 3 is situated in centre of Keila and there is everything needed for organizing events, work shops, and youth initiated projects. Our goal is to have youth council and have 75% of events initiated and organized by youth. ■



## Hírös Agóra Kulturális és Ifjúsági Központ Nonprofit Kft.

(Hírös Agora Cultural  
and Youth Center  
Nonprofit Ltd.)

### Hungary



helpi@hirosagora.hu  
www.hirosagora.hu

## Context

*Kecskemét located in the centre of Hungary, and it is the 7<sup>th</sup> largest town with 120000 inhabitants. Kecskemét considered as a town of schools and pupils.*

*The Hírös Agóra Nonprofit Ltd. has its HELPI Youth Development Workshop financed by Kecskemét City with County Rank as its Youth Service.*

*Our Services are based on domestic and international standards.*

*The main duties of HELPI Youth Development Workshop of Hírös Agóra are to help the youth in their everyday lives, as well as running youth clubs in the downtown and in the suburbs of Kecskemét. They manage the operation of youth information centre where young people could receive relevant information and counselling service to solving their problems free of charge. In our youth clubs we provide the young people a safe environment to spend their free and leisure time, and it is a venue to develop their project ideas.*

*Basically their target group is all youngsters (aged 11-30) from Kecskemét and its surroundings, who're interested in taking part in actions, programmes, projects and who may have fewer opportunities at the same time.*

*They are keen to make plans and give opportunity to/with the youngsters.*

*HELPI Youth Development Workshop have altogether 18 full time employees (youth workers), and have several volunteers and trainees.*

*HELPI Youth Development Workshop of Hírös Agóra consists 4 venues. Each has minimum 100 square metres, equipped with infrastructures based on the needs of young people.*

*In their youth clubs, they host Erasmus students and trainees from abroad since 2008. As their services are based on domestic and international standards and they support active citizenship, it is easy to involve young people from other cultures. They joined the European Youth Information Charter in 1994, and they are active network members of the Eurodesk since 2004. ➤*

## Description

Hírös Agóra Nonprofit Ltd. manages 4 youth centres.

Kék Elefánt youth center is opened in 2016 and it's a modern youth centre with a big seminar room and office spaces for youth, and also a rehearsal room for musicians. It has a DJ club with full equipment to study and play any kind of music. They are providing opportunities for local youngsters with talent, but with not good background or they all come from disadvantaged families. The centre is open to all kinds of youngsters aged between 7-26 years and providing them many different opportunities. The active youngsters are willing to organize events and taking part in clubs offered by the youth centre (voluntary club, DIY club, cooking club, design club, film club etc.). Kék Elefánt youth centre is offering youngsters opportunities for non-formal education and participation in society. This youth centre also provides the opportunity to use, and learn how to play on musical instruments.

10 perc/Köztér youth club is open to all from 15-26 years of age in order to provide a wide range of opportunities for recreation and for developing activities. In the youth club, guests have the opportunity to communicate, play different popular games, acquire useful information, to do their homework and get help and advice from youth workers. In addition, youth centre organizes different kinds of activities, events, workshops and clubs. In the planning and implementation of its activities, the youth centre supports youth initiatives and follows the principles of non-formal learning. Some of the non-formal activities are held together with representations of schools. Youngsters can improve their initiative skills by developing their own ideas into actual events. If they wish, they can also ask youth workers for advice and help.

This youth club also making events for the Erasmus students to make them feel more integrated.

Hetényegyházi Youth Centre

This youth centre is also kind of newly opened. It gives the opportunity to the local youngsters to get to know about international opportunities, to help them find friends easily.

The main direction of activities are: organizing and developing youth work in Hetényegyháza; in interests of children and youth for taking active part in social life and processes around

them, for spending time with friends, gaining new skills, developing international relationships through non-formal learning and projects for and with young people. It is also trying to integrate local youngsters, making events, and workshops, like handicraft, learning groups. They can use the help of the youth workers too. Its involve kids from age 8 mostly till age 18.

Eleven Youth Centre takes interest in children and youth for taking active part in social life and processes around, for spending time with friends, getting new skills, developing international relationships through non-formal learning and projects for and with young people. The youth centre is interested in all kinds of prevention, it makes workshops for the younger kids too. They have an active workshop part, which initiates daily activities, dance clubs, play days, handicraft days, and championships. This youth centre also has rooms that are perfect for meetings or private workshops, classes etc. It gives a place to the amateur theatre groups to practice, and also for amateur dance classes to be held.

Hírös Agóra Nonprofit Ltd. manages the Ifjúsági Otthon (Youth House) in the heart of Kecskemét. It has more than 20 rooms for youth related activities (workshop rooms; ceramics, film maker room, rehearsal rooms and an art nouveau ball room), a stage an art cinema, which is member of the Europa Cinemas Network and youth café located in the Youth House too.

170 KMs away from Kecskemét is Parád; there is a camp site where they could host 300 people during the spring, summer and autumn time, however, winter time capacity is limited to 120 people. ■



## Jaunatnes un atpūtas iniciatīvu centrs "Šķūnis"

(Youth and leisure Center "Shed")

### Latvia



Lielā iela 3C, Saldus, Saldus novads, LV- 3801

+37127878570  
jic.skunis@gmail.com



## Context

### AMOUNT OF YOUTH

There are about 1700 young people in Saldus. On average, the center is visited by 25 - 45 guests per day. The highest number of visitors peaks in the autumn and winter months, mostly youngsters between ages 13 - 18.

### POPULATION OF THE CITY

In 2017, the registered population in Saldus city was 10.311.

### TARGET GROUP ADDRESSED

The youth center is open to all youngsters living in the county, regardless of their financial situation. The target group of the center is young people in the age of 13-25 who are socially active, show interest in what is happening in society and want to develop their ideas. Also other groups have the opportunity to visit the centre, such as less active youngsters, youth from low-income families, and youngsters from risk groups - all activities in the center are free and freely available for everyone. Even children from 10 to 12 years old attend the youth center.

### PHYSICAL SPACE

The youth center consists of the 2 parts – one old, and one new. The old part has a large hall, 7 rooms (for young people, for youth workers, 2 rooms for Career Center, a resource point), a kitchen, 3 toilets and a room for gatherings. In the new part, created in the Latvian-Swiss Cooperation Program project "Support for the Development of Youth Initiatives in Remote or Less-Developed Regions", there are 7 rooms (musicians, accommodation and classrooms), kitchen, 6 showers and toilets. 3 utility rooms, hallways, terrace, and balcony. Premises are adapted for people with reduced mobility.

### STAFF/VOLUNTEERS

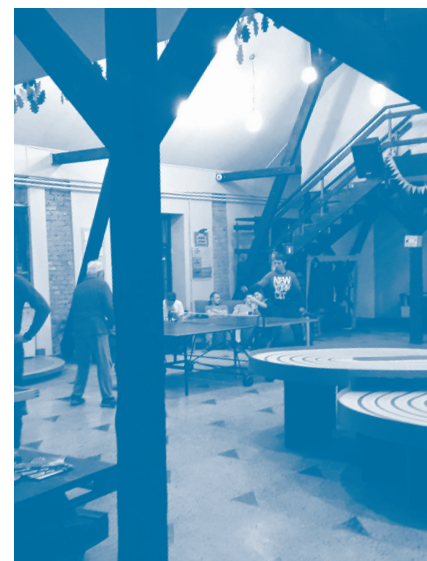
2 employees (2, 5 loads) – Youth center manager and coordinator/ youth worker

### BUDGET (FROM WHERE? FOR WHAT?)

The Centre is financed by the municipality of Saldus city (center's activities, inventory, transport and events, seminars, salaries).

### TIMING (OPENING HOURS / SEASONAL)

The youth center is open on weekdays all year except July, when youth center staff go on vacation. Opening hours on Mondays, Wednesdays and Fridays from 15:00 to 19:00, on Tuesdays and Thursdays due to the car modeling team, the center is open from 15:00 - 17:00. ➡



## Description

The youth center organizes and coordinates work with youth in Saldus city and cooperation with youth affairs specialists and youth workers from all Saldus parish. Employees of the youth center also are engaged in Saldus Municipality Youth Affairs Advisory Council.

The main tasks of the youth center are:

- to provide young people with useful leisure time opportunities;
- to facilitate the acquisition of the knowledge and skills needed by young people through various non-formal education activities, programs and projects;
- to provide the necessary support for youth initiatives and support young people in project development and implementation;
- to organize individual and group lessons and consultations on topics raised by young people;
- to facilitate the participation of young people in youth organizations and youth initiative groups;
- to coordinate the voluntary work of young people in Saldus County and to encourage young people to engage in it;
- gathering and offering information relevant to young people on Saldus county youth website ([www.saldusjauniešiem.lv](http://www.saldusjauniešiem.lv) maintenance);
- to encourage the involvement of young people in the international projects by developing tolerance for young people, understanding of the multicultural world;
- collaborate with and provide support to youth work in the county, and support the implementation of regional youth policy measures;
- cooperate with youth actors at national and international level;
- Encourage the involvement of young people in the public life of the City of Saldus and the Region.



To accomplish these tasks, the following activities and services are offered:

1. Leisure activities: board games, table tennis, computers, etc.;
2. Musical events - a music room in the center where young people can learn to play different instruments;
3. Traditional celebrations - young people are encouraged to follow the traditions, celebrate the annual holidays, such as Easter, Christmas, especially the importance of the Latvian celebration is celebrated, May 4, the celebration of the White Tablecloth;
4. Creative Workshops;
5. Education seminars, lectures and trainings;
6. Information services as youth center also maintains Saldus county youth website [www.saldusjauniesiem.lv](http://www.saldusjauniesiem.lv) ;
7. Discussion evenings, thematic evenings, film evenings, sports days;
8. Artistic activities;
9. Participation in youth projects, at least 10 youth initiatives per year are financially supported;
10. Support for informal groups and youth organizations: the center organizes meetings of youth organizations, various events organized by informal groups and youth organizations;
11. Resource point with materials and equipment that can be rented out for various events;
14. Volunteering as youth center coordinates volunteer work in Saldus district. A specific system for organizing voluntary work has been developed in youth center. ■





## CLUB DE OCIO. Espacio Joven de Villena

(Youth Space Villena)

Spain



Villena (Alicante)  
C/ Bodegas 8 –Bajo



## Context

### NUMBER OF YOUNG PARTICIPANTS:

130 boys and girls per season. From 10 to 13 years old. We are in the 5th season of this activity for which some 700 participants have passed (the places that are offered are always completed)

### TOTAL POPULATION OF THE LOCALITY:

33,968 (2017)

### TARGET GROUP TO WHOM THE ACTIVITIES ARE DIRECTED:

We can differentiate them into two reference groups:

- Junio CdO (10 + -11 years) around 70% of participants
- Senior CdO (12-13 years) the rest.

### PHYSICAL SPACES:

It is located in the facilities of the Young Space. It has different rooms (workshops, courses, meetings) and a central space -La Nave- of 230 mt. Squares in which the activity program is mainly developed: group dynamics, parties, evenings, great games... It has a patio (140 mt) inside the facilities that are used especially in autumn and spring.

### VOLUNTEERS (HOW MANY, DEGREES, ETC.)

It's composed at the moment by 10 people. With this relationship.

- Practices: 3 of the Prof. Certificate of dynamization activities of the free time.
- Hired: 1 Coordinator of the activity: Degree in Teaching and MAT.
- 5 Monitors: all-as minimum MAT. In addition to other degrees such as teaching, TASTU training cycle, etc.
- Volunteers: 1 person that is Technical animation sports activities



### BUDGET (WHERE DOES IT GO OUT? WHAT CONCEPTS ARE USED FOR?)

The budget is public, financed with the departure created for this purpose in the youth department of Villena City Council, about 28,000 € with the following breakdown:

### SCHEDULE (CALENDAR OF ACTIVITIES AND SCHEDULE):

The Leisure Club (CdO) is developed from mid-October to the end of May of each school year. As a permanent program, it is specified in a standard schedule of reference, which takes place every week on Fridays and Saturdays from 5:30 p.m. to 9:00 p.m. The same may vary depending on special activities such as excursions, city games, theme nights, parties and coexistence with similar groups from other towns and outings to youth hostels in the area.

Standard schedule timing:

- 17:00 We prepare the activity
- 17:30 Reception of the recipients
- 18:00 Start of the day's central activity.
- 19:30 Snack and free time
- 20:00 Continuation of the activity
- 20:50 Dismissal and notices to the recipients

21:00 Collection of the monitor team

The programming is therefore very extensive and the activities included in it are very varied. These are the most important of this year's edition:

### LIST OF ACTIVITIES TO BE CARRIED OUT

Outings to public parks, theme park, hostel, varied workshops (masks, key rings, build your ideal city, ...), trekking, Bike tour (Hermitage of San Bartolomé), urban Gymkhana, games (cooperative, popular), Dynamics (group meetings, preparation of evenings, election group of CdO representatives ...) Flash-Move (Christmas) Treasure hunt, theme party, dance and choreography group, football and ping-pong championship, visit the archaeological Museum of the city, excursions (Biar, Palmeral de Elche, etc.

The continuous evaluation is done weekly. Quarterly we made a "conclave" about the program. This year the "group of representants" of the boys and girls has been incorporated into the programming and evaluation in the last quarter.

The final evaluation is done with the boys and girls, a questionnaire to the parents and a meeting of the whole team of the final review of the season. ►



The CdO program (leisure club) of Espacio Joven de Villena, is a program of the Educational Leisure and Child / Adolescent Participation Area that began in 2015. We are talking about a proposal designed as a stable and dynamic project over time

It is, beyond a service, a firm commitment to the construction of a space for minors where they can develop their personal autonomy, creativity, self-esteem, values of participation, respect for differences and equality, in a group environment, safe, cheerful and close to their peers.

Fun, encounter, interaction and the protagonist; they are the nature card of this program. As well as the approach to our environment (environmental, cultural, heritage, oral etc.) that defines us and that we must know to put it in value, using it with respect and sustainability.

These boys and girls between 10 and 13 years old enjoy a dynamic, varied, time-consuming, open and inclusive leisure program that adapts to the needs and interests of the participants. Exercising your right to participate, individual and shared leisure.

More than 700 participants who have gone through the program, reinforce the objective of maintaining a healthy leisure alternative, using conflict resolution, cooperation, variety, a wealth of possibilities and activities that surround us. And to do it also, from a child and adolescent rights and participation approach.

In this year's edition, we have redefined the framework project (attached) with an update of the structure, the methodology, the incorporation of participation as a process in the CdO and some action protocols so that all this allows us to give more robustness to the project and stability to the line of work. Examples: accident protection protocol, equality protocol, child violence protocol, emotional management protocol.

It is a weekly appointment (every Friday and Saturday during the whole course) in which, together with the team of monitors and organized into reference subgroups, these boys and girls have a space of "happiness". More others would be necessary. ■





# 3. Private Youth Centres

## 5 Good practices



# NGO Paikuse Opened Youth Centre PaNoKe

**Estonia**



Pärnu linn, Paikuse osavald  
Paide mnt. 19

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+372 5665 7537, Marika Valter  
www.facebook.com/Pa-  
NoKe-189332871086408/

**PaNoKe**

PAIKUSE AVATUD NOORTEKESKUS



## Context



### AMOUNT OF YOUTH

Average monthly visits 600 - 700 person, from which unique visits 230.

### POPULATION OF THE PAIKUSE

3914, which 1014 are youth (7 to 26).

### TARGET GROUP ADDRESSED

Youth from 7 to 18

### PHYSICAL SPACE

330 m<sup>2</sup> ( 2 band rehearsals, meeting room, seminar room, cinema room, kitchen room, computer room, counseling room, games room, accommodation for EVS, break room, Kinect/Wii-u room, Youth council room)

### STAFF/VOLUNTEERS

Youth workers - 2 persons

Manager/project manager - 1 person

Support program "Youth Prop Up" - 2x 0.5 specialists/ coordinators

Volunteers - 4 (2 youth worker aids, cookery tutor and 1 music teacher)

### BUDGET (FROM WHERE? FOR WHAT?)

Pärnu City Governance supports some extent of overhead costs, maintenance and administrative costs. Additional income is from project management

### TIMING (OPENING HOURS / SEASONAL)

Mo to Fri 12:00 to 20:00

July is reserved for a collective summer vacation. ►

## Description

Paikuse Open Youth Center PaNoKe was established in 2004. Community action aims at developing opportunities for young people of different free term the diversification of activities and multi-level cooperation with a view to ensure the effective result of the organization's objectives. Paikuse Youth is a strong partner to the local level in Pärnu County Government as Paikuse Rural Municipality youth organization. PaNoKe youth center aims to support the youngsters to become more independent and active. We want to make sure that our youth is supported by a safe environment and keep them away from anti-social and negative behavior and attitudes. We do this by setting an example and inspire youth to develop their skills and follow their dreams. We are responsible for guiding local youth free- time activities, develop their intellectual interests and ethical standards by organizing events and activities that promote self-fulfillment and educating entertainment. We offer for Paikuse youth positive alternatives for free-time activities - sport competition, theme nights, seminars, field trips, group seminars, individual projects, handy craft workshops, musical workshops, different games and other ways to make their free time more interesting.

Next to that we help local youth with: - developing projects and supporting youngsters initiative; - spreading info on youth projects and possibilities; - counseling the youth and providing them with certain specialists; - thematic activities to prevent certain behavior; - promoting volunteering; - supporting Paikuse Youth Council. PaNoKe also offers Outreach

youth work (MoNo) service, Tugila (The Youth Prop-up - what is part of the Estonian Youth Guarantee National Action Plan, initiated by the European Union and aimed at helping the young people who have lost their jobs or have left school to return into the society as quickly as possible). We also have a very active youth council, who are popular in our local area and with whom we have a really good cooperation. With them we stand an active way to involve the local youth to be more knowledgeable, active and involved at various levels of society. Paikuse Youth Centre as an organization and the people have earned several recognitions for successful work of the youth work in Paikuse Rural Municipality Government and Pärnu county governments.

In the past years the organization has paid more attention to youth entrepreneurship, work education, tolerance and global education issues. The need for these issues in the development of young people turned out in 2011 by organizing round tables where young people felt that the free-term activities and training activities that are less developed entrepreneurial, cultural difference of awareness and tolerance issues. We have developed a very strong cooperation network with includes the police, social worker, social pedagogue, child protection specialist, hobby school, elementary school, kindergarten, day care center, police school, family doctor, youth workers, sports center and local government. Pärnu City Governance supports some extent of overhead costs, staff costs and administrative costs. Basic operating expenses income is from different projects management. ■





# Köz-Pont Ifjúsági Ház - Támaszpont MOPKA

**Hungary**  
**Veresegyház**



Youth Centre, Fő út 68,  
2112 Veresegyház



## Context

### AMOUNT OF YOUTH:

5000 youngsters in Veresegyház has less than 18 years old;

### POPULATION OF THE CITY:

20.000 inhabitants;

### TARGET GROUP ADDRESSED:

8 – 13 and 14 – 29 years old;

### PHYSICAL SPACE:

150m2 of youth centre and 1.138m2 with garden;

### STAFF/VOLUNTEERS:

6 Staff members;

### BUDGET (FROM WHERE? FOR WHAT?):

90% from Municipality support and 10% from Projects. 80% for salaries, 10% for bills (electricity, water, gas, etc), 10% materials for activities;

### TIMING (OPENING HOURS / SEASONAL):

Monday to Friday 12:00 – 20:00.



**Támaszpont Foundation for Mental Health Education and Prevention (Támaszpont MOPKA)** is a NGO acting at local and international level of youth field, run by volunteer board members, legally established in 2011. Since its foundation, it is managing the youth centre of the city Veresegyház. MOPKA is Eurodesk partner since 2012, regional coordinator for Central Hungary since 2013.

The aim of MOPKA is to offer a free and safety place where the youngster can feel free to come and participate.

- The Objectives are:
- to provide useful leisure time activity for the youngsters;
- to give support in the education field;
- to make drug prevention;
- to promote the Human Rights and the value of Council of Europe;
- to empower young people to be active in the local community and to be involved actively in civil society;
- to promote the idea of volunteerism;
- to raise awareness about common values such as tolerance, equal opportunities and cultural diversity;
- to facilitate partnership and international co-operation between groups of young people;
- to promote the Global Education.

International activity: Támaszpont MOPKA mostly participates in international youth exchanges and training courses.

Támaszpont MOPKA participated in many international youth exchanges and training courses of Youth in Action Programme and continues in Erasmus+ Programme. The association participated in also youth and democracy projects of YiA Programme and training courses of SALTO. In 2014 one of its professional youth

workers participated in a 6-month-long YiA EACEA Youth workers' mobility Programme to develop his work in youth field and become professional EVS coordinator. From 2017 we start to host 2 EVS volunteers per year.

At the local level, besides the cultural and leisure-time activities, the association organizes training courses and other forms of non-formal education to its volunteers. As well they support the youth initiatives of the young people.

The implemented projects prove that Támaszpont MOPKA has the necessary infrastructure and skills to be partner in Erasmus+ projects.

Támaszpont MOPKA from 2016 is a member of ENYC (European Network of Youth Centres for International and Intercultural Learning) network that is officially recognized by the Council of Europe.

**S. Ágnes Rab and Viktória Kiss** – Eurodesk coordinators since 2012, Central Hungary Region coordinators since 2013. As volunteers, both of us have 10 years' experience organising child and youth programs, sports activities, and environment protection events, setting up contests and games. We use non-formal and informal methods during our programs. We act as mentors of a youth group.

Earlier we worked with various local organisations and co-founded the Drugs Reconciliation Forum. Over the past 3 years, we have sent youngsters to various YiA and Erasmus+ programs. A number of local events first initiated by us have become tradition.



**Botond Boros Attila** – Thoroughly acquainted with the philosophy and techniques of TPR Storytelling, I have been using the approach to teach English, German and Hungarian to adults and teens since 2008 as the first practitioner of the method in Hungary.

**József Maczó** is retired (formerly a police officer, excise officer, and human resource manager) Involved in working with youth since 2000 when, as a volunteer, he started to give drug prevention lectures and workshops to children, youth, teachers and parents in institutions of primary, secondary and higher education. This work involved continuous cooperation with renowned Hungarian specialists. While still an active professional, he participated in several international study trips focusing on drug prevention. A founding member of Támaszpont MOPKA, he has taken a significant part in supporting and organising the programs of the Youth Centre, and of the Foundation's preventive activities. Since 2012, when the Foundation became a Eurodesk partner, he has been involved in the organization and promotion of international mobility projects. He is the father of two children.

**Bruno Pizzini** is a youth trainer and he has been working as a youth worker internationally for 10 years, gathering a lot of experience with non-formal methods as facilitator. Interested in languages, he is now learning how to use the C.I. approach both as a student of foreign languages and an instructor of his native Italian. He has worked as Head of International Activities of Levitazione. He started with Youth in Action programme 2001 when he was a volunteer and group leader at the International Youth Exchange office of the Turin City Council for two years. Since he started with Youth in Action projects he has been leading many groups in his home country and abroad. He supports groups

in the local activities and international activities through the whole project. He analyses the groups and gives the support he sees the group needs. In 2017-18 he participated on the Training Course ToT and he became official Trainer of Salto-Youth.

**Pozsonyi Fanni** achieved the PhD of drama pedagogy and she works at the premises in order to ensure the continuous functioning of Köz-Pont Ifjúsági Ház.

Her tasks are:

- coordinating and continuously monitoring various areas of the Foundation's work;
- building and maintaining databases to support the Foundation's work.
- coordinating and supporting the work of the Köz-Pont Youth Section;
- designing the visibility of the work of the Foundation both online and offline, helping to carry out related practical tasks;
- maintaining contact with local partner organizations;
- organising and coordinating the Volunteer and Community Work Groups. ►



## Description

### Szociopoly

What is your point of view on poverty? Do you think most of the poor people just don't want to work? Do you think getting financial aid is better than having a paid job? Do you think this financial aid you get for your children is enough to be the main financial source of your family?

Most of us have an answer for these questions but- fortunately- haven't experienced what it means to be poor or unemployed. Except of the professionals, there's just a few people who know about the Hungarian aid system, usury or black work. In the summer of 2010 we had the idea to work on a game that could make people experience financial difficulty, for example as a family that lives in poverty, doesn't have enough money in the middle of the month and hasn't got any opportunities to earn more money. Szociopoly is an educational tool for social awareness. When playing this game, it is necessary to have an expert on site, who reacts to the conflicts that come up and who can give the important information to the participants, provoke them, and, of course, answer all of the questions.

### Eager Leader

This Training Course will take place in our youth centre Támaszpont MOPKA in Veresegyház, the working language will be English (but a Hungarian facilitator will be present) and it is designed for active youngsters who would like to become leaders for youth exchanges and/ or local activities. The training is divided in 4

levels: beginner, intermediate, advanced and expert. Every participant is going to achieve specific competences for being a good youth leader. The approach is non-formal, the methodology is learning-by-doing and the participants will follow specific and practical tasks to learn proper educational tools in a fun and meaningful way. Every level's training will take place during one weekend, starting from Friday afternoon and finishing on Sunday in the late afternoon. The participants will sleep in the youth centre and will cook together. The trainers are experts in this sector and already collected several years of experience. Lauko Szofi (Hungarian) is an expert project manager and project designer. She has lead the Roma community youth centre in Budapest for several years already. Lilla Horváth (Hungarian) is a youth worker and expert in youth exchanges and the dynamics of groups. Bruno Pizzini (Italian) is an expert Salto-Youth trainer from the Hungarian National Agency. At the end of each weekend we distribute a certificate of participation to everyone. Anyone who is really motivated can participate and be a part of our group of leaders. The benefit are plenty: – every leader can apply for projects as a group leader – usually a group leader of MOPKA doesn't pay any travel cost and, if the project permits, we can provide a compensation – every leader can collaborate and participate in any Training Course or other projects of MOPKA – we are promoting your achieved competences, among other Eurodesk partners – we can write a letter of recommendation for your Curriculum Vitae. ■





# Young Folks LV

Latvia



Skolas iela 27-11  
Riga

+371 26112624  
youngfolkslv@gmail.com



## Context



### AMOUNT OF YOUTH:

*In Riga city are 72 300 youngsters, around 150-200 attend Young folks*

### POPULATION OF THE CITY:

*Riga, capital of Latvia has population 641 000.*

### TARGET GROUP ADDRESSED:

13+

### PHYSICAL SPACE:

100 m<sup>2</sup>

### STAFF/VOLUNTEERS:

*3 EVS VOLUNTEERS, Young Folks Team – 20 youngsters*

### BUDGET (FROM WHERE? FOR WHAT?):

*Local projects, Competition events, Participation fee, Donation*

### TIMING (OPENING HOURS / SEASONAL):

*All year ►*

## Description

Young folks is a private youth center, fully managed by young people and the organisational team. The organization was opened in 2012 and aims to give every person a self-discovery opportunity so they can find their favorite occupation, make money and be happy. We have about 400 members (aged 12-25), about 200 children (7-11 years old) and over 3,000 followers (parents, friends). There are people of all nationalities among us. We speak several languages and are happy to learn new things. We respect the different cultures and we are curiously aware of our differences.

One of our principles is: Life is not what happens after work or on holidays. This is what happens every second. That's why we are about making work a favorite occupation, helping us develop and self-develop. In order to do so, we use different approaches and methods, such as:

- Thematic week, where youngsters prepare education programmes for teenagers (12-15 y.o) in ways that they already know. The method helps to develop self-discipline, since they practice organization and performance skills preparing for the classes. Teenagers learn to communicate and present their ideas, which helps them prioritize and effectively use information. Target audience: teenagers (11-15 y.o) and youngsters (16-25 y.o).

- Kids Teaching Kids, where youngsters from 16+ lead classes in an area in which they are already kind of "professionals". For example: in their hobbies. This method allows to develop self-discipline and leadership qualities. Young people get experience and do what they like without higher education. They develop the skills of responsibility, the use of different resources, the use of space, etc.
- Work on future, which helps young people think about their future and clarify their actions. To carry out control, analysis, reflection. Use time effectively and set priorities, goals and understand them better to establish action plans. This activity also includes mentoring program.
- YF travel. Through this, youngsters have the chance to discover and explore the world. It's about self-education and broadening your horizons and interacting with the environment. Develop new skills and gain new knowledge (hitchhiking, field processing, camp volunteers, budget planning, communication in a foreign language, organization, independence. ■





# Federació d'Escoltisme Valencià

Spain



Plaza de las Escuelas Pías,  
3 bajo izquierda – 46001  
Valencia (España)



## Context

**NUMBER OF YOUNG PARTICIPANTS:**  
5,200 (youth from the Ciutat Vella district)

**TOTAL POPULATION OF THE LOCALITY:**  
790,000 (2016)

**TARGET GROUP TO WHOM THE ACTIVITIES ARE DIRECTED:**

**PHYSICAL SPACES:**  
Main room, with 3 computers with free internet access.

**COORDINATING TEAM - VOLUNTEERS (AS MANY, DEGREES, ETC.):**  
It consists of 3 workers, covering a total of 40 hours a week.

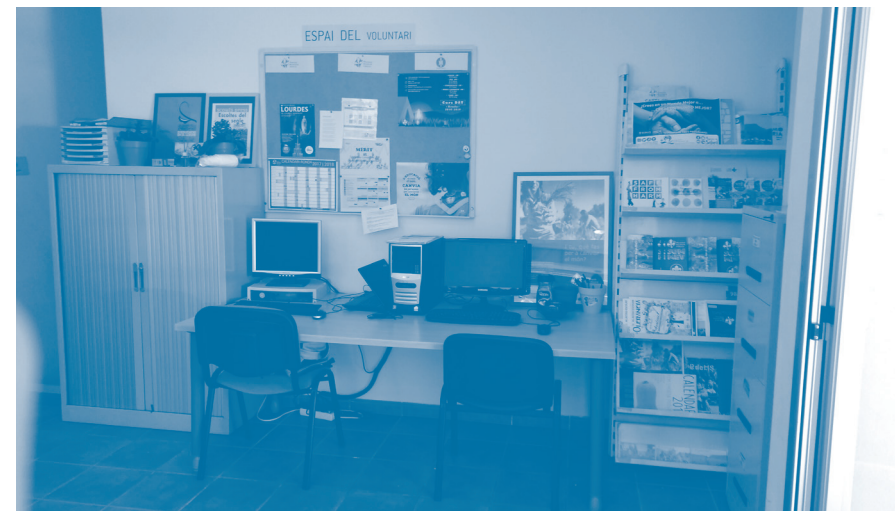
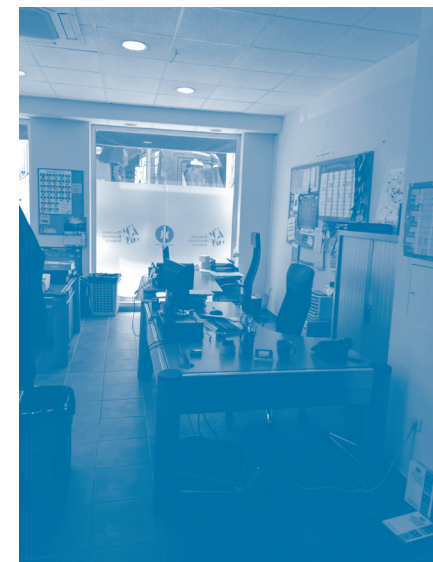
**BUDGET (WHERE DOES IT GO FOR? WHAT CONCEPTS ARE USED FOR?):**  
The budget for the YIP is obtained from internal revenues, and from public subsidies, despite the fact that there is no specific public subsidy to maintain these information points. Therefore, the endowment cannot be as high as we would like.

**SCHEDULE (CALENDAR OF ACTIVITIES AND SCHEDULE):**  
The YIC, being integrated in the office of the Federació d'escoltisme Valencià, is open at the same time: From Monday to Friday, from 9:30 a.m. to 1:30 p.m. and from 4:00 p.m. to 8:00 p.m. ►

## Description

The services that the CIJ offers to the local youth are:

- Free-use computers with internet access.
- Photocopier, scanner, binder, and office supplies.
- Space for meetings and work.
- An offer of places for our courses of Monitor Leisure Activities, Director of Leisure Activities, and Food Handler.
- Search for internships of these degrees in our scout groups.
- Search and referral to free time activities for youth in general, and youth from social services.
- Dissemination of external activities through our social networks, website and bulletin board. ■





# 4. Network Cooperation Youth

## 5 Good practices



# Tähe Noorteklubi MOKO

(detached youth work service)

## Estonia



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Tel. +372 508 3656

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[www.facebook.com/TartuMOKO/](https://www.facebook.com/TartuMOKO/)  
[www.taheklubi.eu/TANAVA-NT](http://www.taheklubi.eu/TANAVA-NT)



## Context

### AMOUNT OF YOUTH:

Based on street work statistics 57 unique young people a day on average.

### POPULATION OF THE CITY:

99429 (01.01.2018)

### TARGET GROUP ADDRESSED:

Young people (aged 11-26) with fewer opportunities, who spend their time in public spaces and who are harmful to themselves or/and to others.

### PHYSICAL SPACE:

City space and streets of Tartu, also space for group works and individual work in Lille Youth Center building (Tartu, Lille 9).

### STAFF/VOLUNTEERS:

4 detached youth workers (FTE of 0.3 work load), coordinator of the service (FTE of 0.4 work load), job counselor (volunteer).

### BUDGET (FROM WHERE? FOR WHAT?):

Detached Youth Work Service is funded by City Government of Tartu, Department of Culture. It has been funded by City Government on basis of procurement form 2014-2017 and 2018-2020. Procurement includes detached youth work service and open youth center. Both services are under NGO Tähe Noorteklubi.

### TIMING (OPENING HOURS / SEASONAL):

Time for street work is from Tuesday to Saturday between 12 pm -7 pm, 3-5 hours per day. Time for group work, individual work and community work depends on the need and work schedule. ➡

## Description

An overview of the different approaches of working with young people in the public space (Boevé, Toussaint 2012; Elliston 2007):

### Mobile youth work

- Aim - to bring youth center activities into informal open air places
- Target group - young people living in suburbs and outside the city

### Outreach youth work

- Aim - to invite young people from streets into youth centers for events or services
- Target group - young people in public spaces

### Detached youth work

- Aim to create permanent trust - based relationships with young people in public spaces in order to support them individually, develop their social skills and create opportunities for better communication between young people and the community
- Target group - young people with fewer opportunities, who spend their time in public spaces and who are harmful
- To themselves or/and to others

Detached youth work service has simple and efficient methodology which consists of four parts:



MoKo is largely based on very strong networking, including police, family doctors, school social pedagogues, social workers, child protection workers, unemployment fund, youth police, schools, hobby schools, organizations, etc.

### STREET WORK in Tartu

- From Tuesday til Saturday
- Between 12pm and 7 pm
- 2-5 hours per day
- Two youth workers as a pair due to safety reasons
- Observing and mapping the situation
- Making statistics and conclusions
- Creating and maintaining permanent trust-based relationships with young people in public spaces and streets
- Statistics of 2017: boys - 54,47% / girls - 45,53%, minors - 92.45% / adults -7.55%, new contacts - 928

### CASE WORK

- Contacts from street work
- Individual support, counselling, mapping needs, setting goals, directing and helping, networking
- Individual meetings, involvement to other activities, collaboration with other specialist
- 359 different cases in 2017
- Overview of various topics: home situation, self-harm, suicidal thoughts and attempts, school problems, bullying, sexual violence, stress, anxiety, self-esteem, self-realization, motivation, violence, financial problems, addictions, grief, health issues, relationships, conflicts, lifestyle, living environment, emotions, fears, feelings

### GROUP WORK:

- Developing social skills in group meetings
- Overview of various topics: ability to communicate, skills and means of communication, coping with difficult situations, self-expression, coping with peer pressure, coping with insults, differences between constructive criticism and insult, ability to take responsibility, recognition and consideration of oneself and other needs and skills, planning skills, self-management skills, ability to take responsibility



- 191 group works and 350 participants in 2017
- Regular groups, occasional groups, topic-based groups, unexpected groups, project-based groups, community work preparational groups, reflection groups

#### COMMUNITY WORK:

- Creating opportunities for better communication between young people and the community
- Involving young people into local community through events and voluntary work
- Impact: Image of young people is more positive, young people actually feel their significance and influence
- 53 different events and 80 participants in 2017
- Examples: sport events, animal shelter, charity events, festivals ■





## Youth Offices and Community Spaces of KÖZ-Pont Ifjúsági Egyesület (Centre Youth Association)

Debrecen:  
Centre Youth Office and Community Space

Nyíregyháza:  
Community FACEs Youth Office and Community Space

Szolnok:  
SZÍntér Youth Office and Community Space

### Hungary



President:  
Attila Zsolt Gyulavári,  
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+36309036135

## Context



*KÖZ-Pont Ifjúsági Egyesület was founded in 2001 and since then we have been working in three different cities in the North Great Plain region of Hungary.*

*Our goal is to support youngsters on a regional level through sustainable projects, insuring space and opportunity for the development of themselves and their community. We are working mainly with youngsters between the ages of 10-30.*

*We are working in Debrecen, Nyíregyháza and Szolnok which are the biggest cities of the region. Debrecen has a population of 200,000, Nyíregyháza 120,000 and Szolnok 72,000.*

*Our biggest office is located in Nyíregyháza which is considered a Youth House. It has an area of 200 m2 together with the garden.*

*Our two other offices are all located in Malls, in Debrecen Plaza, and Szolnok plaza. We have a partnership with the company that manages the malls, in this way our association could afford to get these spaces.*

*All our offices are open from Monday to Friday from 10 AM until 6 PM.*

*We are working with 17 staff members, who are also coworkers of our association. Our association is working with Student-Self Governments from three different counties and the base of operation for them is our offices as well, they are considered youth leaders and volunteers at the same time.*

*Budgeting of our offices in order to pay the rent are from our different services, like renting out our equipment to others, printing, organizing kid playhouses and family days for companies, helping other companies with our HR. Other budgeting for the equipment and consumable are from local, national and international projects. ►*

## Description

KÖZ-Pont Ifjúsági Egyesület (Centre Youth Association) started working with youngsters in 2001, since then we have opened 3 offices and we are working not just in national level, but also international.

Our association believes in networks and possibilities of partnerships, and because of our work in different cities, we have decided to open new offices. Our association works as a network itself and also operates in different networks.

Our network itself started on 2012 because of the opening of our office in Nyíregyháza and continued to grow in 2013, therefore we opened our office in Szolnok. Our plan is to open our fourth office in Karcag where we are closely working with the local government and we help operate the city's Student Self-Government.

The main goal of these offices to function as a community space where young people can come inside and enjoy their stay, and where they can have the space and opportunity to create an event or program.

In these three offices the Student-Self Governments of these counties are working and organizing events; the main point of the creation of these Youth Offices where to function as a headquarter for the Student-Self Government, where they can manage their own informal organization.

Since 2001 we have hosted 60 different European volunteers and they were mainly working in the office, organizing events and clubs for people who wanted to work on their language skills and competence development.

The main point of our offices is the vision of the association itself to support youngsters on a regional level, through sustainable

projects, insuring space and opportunity for the development of themselves and their community. Our offices are the spaces where young people can come inside and we help them to develop themselves by organizing events for them with our European volunteers, Youth Leaders or volunteers. The Youth Leaders help the development of their community by creating events for them, and our work is to help the youngsters in order to help the community developing.

Our offices are also workspaces where our coworkers spend their working hours organizing and preparing for events and activities. The offices itself help the work of our networks that we are working with other partners, as for example the different volunteer programs that we have in the 3 cities, we operate it from our offices and we invite young people who are interested to come inside and join us. They can help as volunteers in our gardening projects, or they can join the work of our partner institutions, such as animal shelter, pensionaries, orphanages etc.

We believe our offices can be sustainable by letting other people use our spaces, like bringing in from the profit sector partners whom organize conferences and meetings. Organizing trainings and workshops for youngsters and young adults which can help in not just the financial sustainability but also by multiplying information so that others come inside.

The good practice of our work in our youth offices, that we strive to give equal possibilities to all youngsters who come inside our office, we help the student-self governments and by that we are fulfilling our vision to give space and opportunity to youngsters in our region. ■





## Multifunctional Youth Initiative Centre of Tukums Region

Latvia



Sporta iela 1, Tukums, LV 3101  
jauniesucentrs@tukums.lv  
www.tukumajauniesucentrs.lv



## Context

### AMOUNT OF YOUTH

In Tukums Region there are about 4 500 young people.

### POPULATION OF THE CITY

In Tukums region there are about 31 000 inhabitants and in town of Tukums about 19 000.

### TARGET GROUP ADDRESSED

Youth centre is open for all youngsters in Tukums Region from age 13 to 25. Daily there are youngsters who come to spend their leisure time, participate in activities and organize their own initiatives.

### PHYSICAL SPACE

Youth centre is in 3 levels. There is kitchen, showers, bathroom, office for staff and 4 activities rooms.

### STAFF/VOLUNTEERS

There are 3 full time workers: 1 youth affairs specialist and 2 youth workers. Every year from September to June there are 2 Erasmus+ European Voluntary Service volunteers. Local volunteers join for organizing events and activities.

### BUDGET (FROM WHERE? FOR WHAT?)

Municipality and projects from Erasmus+ and Youth Policy State programme. Budget is spent for youth centre infrastructure, staff, youth centre activities and youth affairs in region.

### TIMING (OPENING HOURS / SEASONAL)

Youth centre is open all year long. In school time from 2 pm to 6 or 7 pm (depends on days). In summer period (June, July, August) centre is open from 11am to 6 or 7 pm. ►

## Description



In 2017 was implemented project *Youth Field collaboration and Information Network in Tukums Region* which was supported by Youth Policy State Programme 2017.

The aim of the project was to create and develop youth field information exchange system and collaboration in Tukums Region providing young people access information about their possibilities in local area, region, Latvia and Europe.

During the project there were meetings with youngsters and youth workers in town of Tukums and each parish of Tukums Region (there are 10 parishes and 1 town in Tukums Region). In these meetings it was discussed what can be done to improve youth access to information. As a result, were created Facebook page *Infopoint for Youngsters in Tukums Region* facebook.com/tukumanovadajauniesiem and 15 youth info boards: 3 in Tukums and 12 in parishes. Before these boards were located, young people were asked about best location for these boards. For instance, one board in Tukums is in supermarket RIMI.

Positive result is that local society has become more aware about possibilities and initiatives young people have. Often parents read information and encourage youngsters to take part to some activities.

For each board there is person who is responsible about information flow. Time after time some mobile youth work are done and coordinators of info boards who usually are librarians and culture house leaders help us to organize meetings with youngsters in parishes: they spread information and manage meeting room.

In the end of 2018 Youth center was awarded with price "Best in youth work" in category "The most active youth center 2017-2018". Award is organized by Ministry of Education and Science once every 2 years. ■



## Xarxa de Centres Juvenils de Federació Valenciana de Cases de Joventut

(Network of Youth Centers of the Valencian Federation of Youth Houses)

(CJ Torreblanca, CJ La Maranya, CJ Almassora, CJ La Cebollera, CJ Barranquet, CJ L'Amagatall, CJ Vilamarxant, CJ Bellreguard, CJ Manises)

### Spain



Calle José Luis Lazkanoiturburu  
Korkostegi, 14, 46940 Manises



## Context

**NUMBER OF YOUNG PARTICIPANTS:**  
2070

### TOTAL POPULATION OF THE LOCALITY:

- Torreblanca 5,413 inhabitants
- Benicàssim 18,098 inhabitants
- Almassora 25,488 inhabitants
- Quart de Poblet 24,864 inhabitants
- Manises 30,807 inhabitants
- Vilamarxant 9,208 inhabitants
- Bellreguard 4,623 inhabitants

### TARGET GROUP TO WHOM THE ACTIVITIES ARE DIRECTED:

Young people from 12 to 17 years old.

### PHYSICAL SPACES:

Premises or ground floors with approximately 100m<sup>2</sup>, with different spaces and the necessary equipment to carry out the activities. These premises are spaces provided by local public administrations.

### COORDINATING TEAM - VOLUNTEERS

In each youth centre there is a person specialized in working with adolescents with at least the title of monitor of free time, and who have passed a process of selection and specific training to work educational leisure and participation with adolescents. This selection process consists of a training (40 hours), a written test and a practical test.

There are two people hired part-time to coordinate the team of animators of the youth centres, and a person who coordinates the methodology that is followed in the youth centres.

### BUDGET

#### (Annual expenditure) Amount €

Material 8,495.72  
Dissemination and advertising 1085.28  
Independent professional services 5,851.01  
Staff 121,195.62  
Other expenses 4,752.76  
**TOTAL 141.180,39€**

#### Financing (Annual) Amount €

Agreement with municipalities III,II2,I3  
Billing 22,738.15  
Subsidy € 7,530.88  
**TOTAL 141.104,16€ ➤**



## Description

Youth Centres of educational leisure of the Valencian Federation of Youth Houses are an instrument that increases social commitment among young people, schools of social participation where you learn to work as a team, to assume responsibilities, to make decisions, to reach consensus, and all this developing a social commitment with the most immediate reality.

These are initiation platforms, which generate citizenship in solidarity with the society of the future, a public service, an essential instrument to introduce participation habits in the young population, generate awareness of social commitment, that is, awareness of active solidarity, exercise capacity of entrepreneurs and are a key piece for the prevention of antisocial behaviours, at the same time that it is an instrument to face the problem of drugs.

In youth centres, adolescents meet, communicate, learn to live together, make group decisions, cooperate, and organize. They do so based on the fact that they decide what they want to do in their free time and self-organize, with the help of an educator, to reach the goals that are set. The work methodology guarantees the protagonist of the young women, essential because all that we have just mentioned becomes effective.

Through meetings, the obligation to attend weekly workshops and the assumption of progressive responsibilities, we work on the acquisition of values and the generation of social participation habits in a stage, adolescence, crucial for the development of the person.

With this they are socialized and educated in values such as respect, friendship, autonomy, dialogue and reflection. Based on their own initiatives, they assume responsibilities and commitment to carry them forward. They develop their capacity for effort by doing things for themselves, but also to contribute to the improvement of their social and environmental environment.

The operation of the workshops, meetings and group dynamics is guided by a person with tasks of youth volunteers.

In adolescent educational leisure centres for adolescents, one learns to participate, the only way in which this habit can be acquired: participating, and acquiring instrumental values for life, keys for future integration in society. ■



# 5 Good practices

# 5. Rural Youth Centres





# Karksi-Nuia Youth Center

Estonia



Tartu mnt. 22, Karksi-Nuia,  
Viljandi county

+372 433 6095  
noortekeskus@karksi.ee  
[www.knnk.karksi.ee](http://www.knnk.karksi.ee)



## Context

### AMOUNT OF YOUTH

There are 470 young people in Karksi- Nuia.

### POPULATION OF THE CITY

There are 3350 people living in Karksi- Nuia.

### TARGET GROUP ADDRESSED

Target group is people at the age of 7- 26.

### PHYSICAL SPACE

Karksi- Nuia Youth Center has physical space of 369 square meters.

### STAFF/VOLUNTEERS

In Youth Center there are 2 youth workers and one of them is a manager.

### BUDGET (FROM WHERE? FOR WHAT?)

The vast majority of the revenues comes from the municipality of Karksi-Nuia and money for additional activities is being sought from various funds. Budget is covering projects and everyday activities, electricity, heating.

### TIMING (OPENING HOURS / SEASONAL)

Karksi- Nuia Youth Center is opened from Monday to Friday 12.00 – 19.00 ➤

## Description

Karksi- Nuia Youth Center provides local and provincial qualitative open youth work for youth between age 7-26. The organization has been working since 2007. In 2011 the youth center opened renovated building with two floors and full equipment (handicraft room, band room, kitchen corner etc.) funded by European Regional Development Fund. Also, the young people have everyday possibility to use BMX bikes without extra fee.

Main activities:

- Coordinating and developing youth work at Karksi - Nuia
- Youth information
- Youth projects and labor camps
- Open youth work: provide activities for youngsters to spend their free time
- Prevention activities
- Supporting youth initiative and participation
- National cooperation with other youth centers

The organization fulfills youngster's spare time and encourages development of the youth work. Priorities are to provide opportunities for self-development through different activities, support their personal improvement and their socializing skills in the society.

Youngsters can go to youth house and use the Internet, play different board games, pool, air hockey, table soccer, X-Box, PlayStation, listen to the music, hang out with friends. Lots of events are held like cooking, handicraft and adventure workshops, camps and movie nights.

Our focus is also largely aimed at developing a youth entrepreneurship. For this, we are organizing youth-inspired events in schools in our area as a youth center. We contribute to the various activities for young people to start a business or entrepreneurial spirit. We organize also trips to a variety of learning in enterprises.

Karksi- Nuia Youth Centre is a member of Association Estonian Open Youth Centre. ■



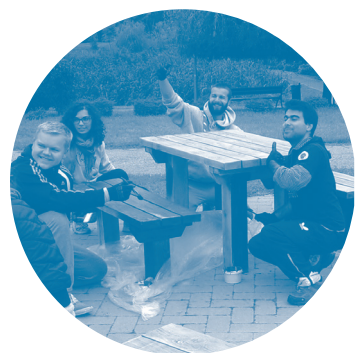


# “Fekete Sereg” Youth Association

Hungary



feketevs@gmail.com  
www.fekete-sereg.hu



## Context



*“Fekete Sereg” Youth Association is working in Hungary, in the rural area. We are located in the countryside, in the small village of Nagyvázsony where 1800 inhabitants live. The association was founded in 1997 as a result and the continuation of a non-formal local youth group.*

*We have a community space, sort of a club house in the village. This is a bigger room in the local cultural house. The center is open from Monday to Friday, 14:00–19:30. Here we have computers, boardgames, musical instruments, table football etc., which can be used by whoever comes in. The doors are open for anyone who wants to use these equipment. Usually we have 5–10 youths every day from the village, from the age of ten and above.*

*We usually have 4 paid staff members, youth workers who are responsible for operating the association, the youth center and organizing programs outside of the center. Also, we are working with volunteers, mostly when we have some events or programs.*

*The budget is coming from different projects, applications. We are beneficiaries of Erasmus+ funds, and European Social Fund through the Hungarian State. ▶*

## Description

The association is not focusing only on running the local youth center. Although this is the spine of our work, and the main profile of the Fekete Sereg is the youth work, we are also involved quite a lot in the village's other activities. It's really important to contribute to Nagyvázsony's diverse programs, because this is how we can get in contact with the people.

We are working predominantly but not exclusively with young people with fewer opportunities, mostly from the Roma minority.

The key element for us is the volunteering. Fekete Sereg is a sending and hosting organization within the framework of the European Voluntary Service and European Solidarity Corps since 2006. We are combining the local and international volunteering in our projects.

In order to bring the world and foreigners closer to the youth of the village, our EVS volunteers always participate in the events and programs, such as the harvest and the celebration after that, the stream cleaning activity where the neighboring villages' communities are collecting and picking up the rubbish alongside the small river. Thus, the locals and the hosted volunteers are getting to know each other and realize that they are not that different from each other.

Every year we have 2–3 short term EVS activity (each is 3 weeks long). With the help of these programs, we are reaching a wider range of people because we are going out from the center, visiting the schools, kindergartens,

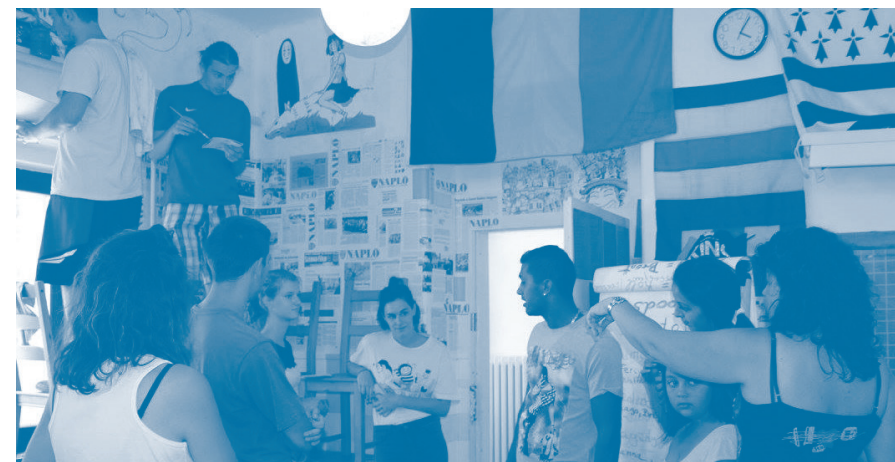
afternoon schools etc. even in the nearby villages.

Usually the tasks of these groups are some light physical activity – refurbishing a playground, maintaining the outdoor benches or building a grandstand for the elementary school, or organizing some musical/art activities for the youth.

Apart from the group activities we always have long-term volunteers. They have different roles according to their projects and skills. Either they go to the center and help our staff or go to the local elementary school, kindergarten. Since these volunteers stay for half a year or a whole year, they can have a much bigger impact on the local community.

The continuous presence of the foreign volunteers has a very positive effect on the local community. During the years of involvement in the various volunteering programs many of the local young people decided to try out him- or herself in a short- or long-term volunteering activity abroad and this led to an absolute positive change in their lives.

Thanks to our wide range of volunteer sending opportunities, not only the local youth are interested in our association but many times we are approached from the other side of the country. We have already sent many volunteers outside of Europe, even from the local community which was a great achievement in our life. ■





## Rogovka Multifunctional Youth Initiative Center of the Rezekne County

Latvia



rogovkasjc@gmail.com



## Context

### AMOUNT OF YOUTH

The average number of the visitors per day – 10-12 people. Attendance on working days is higher than on holiday. Near to the youth center is Nautrenu high school and this is also a reason why on working days more people attend the youth center. If the school is closed, the center's attendance is consequently lower. At present, the number of students in high school is 152.

### POPULATION OF THE CITY

Number of residents in Nautrenu parish: 1154 ( data 01.01.2017)

Number of residents in Rogovka 265 (data 02.03.2018)

### TARGET GROUP ADDRESSED

Events and activities organised in the youth center are mostly offered to youngsters aged 13-29. There is also a variety of activities and creative workshops offered to children from the age of 10, due to the fact that the number of young people in Rogovka is not too high and that children under the age of 13 should also have access to the different activities. There are also individual events targeting all residents of the parish (activities for families, sport Competitions etc.).

### PHYSICAL SPACE

Youth center is located in.....and have 2 rooms with the physical space ...

### STAFF/VOLUNTEERS

In the youth center is working one youth worker who works with young people as well as in all the necessary duties related to organizing of events and activities, writing projects, etc. Volunteers in the youth center are the young people themselves, who both help and participate in organizing various activities and are willing to participate in them.

### BUDGET (FROM WHERE? FOR WHAT?)

The budget is allocated from the municipality of Rezekne and the revenue of the parish administration. It is awarded to a stationery, office, etc. the purchase of goods, the purchase



## Description

of inventory, the organization of various events and activities, study trips and business trips, etc. Additional finances are obtained through the participation of Rēzekne district promoters in project contests which mostly are spent for non-formal trainings or camps.

### TIMING (OPENING HOURS / SEASONAL)

Youth center is opened 6 days per week, from Monday to Saturday. Working hours – working days – 11:00- 20:00, Saturday 9:00-18:00. ➤

The Youth Center is a place for young people where they can feel safe; it's a youth-friendly space where they are understood and heard. Every young person is accepted here, regardless of their (social) status. Young people can play creatively, play board games, do sports, and more activities - whenever they want, without pressure. The Youth Center offers a variety of opportunities and activities that young people can use:

- Sports activities where young people have the opportunity to visit the gym, play table tennis. During the summer, it is volleyball, basketball and football, as well as various other outdoor activities and games.
- Opportunity to use and learn various musical instruments (piano, drums, guitars).



- Spend free time in an unforgettable atmosphere, singing karaoke, playing different board games, dancing, acting in the arts.
- It is possible to use the video/ photo camera in order to gain a greater experience in the field of photography and video-making. Young people also take part in video contests organized by Rezekne Region and receive award-winning places.
- Various creative and culinary workshops are organized (making jewelry, bathing bubbles, preparing eco-paper, painting glass containers, preparing slime, making sweets, making soap, making various holiday decorations, creating dreams, etc.), led by the head of the youth center, and the specialists of the field are invited.
- The youth center also takes part in charity campaigns. Every year, on Christmas day and Easter, youngsters visit lonely retired pensioners, delighted with their delicious delicacies and gifts. They always show gratitude and claim to be happy that there is someone who remembers them. Teams also visit the animal shelters, bringing them delicacies and spending time with them. Every year youth center also take part in the big Latvian environmental cleaning event, maintaining the surroundings of rural municipality.
- Different various thematic events and evenings are organized together with young people (celebration of Valentine's Day, Halloween, etc., Youth Center's birthday, movie evenings, twin-party evenings with other youth centers, karaoke evenings, etc.).
- Specialists are invited and once a year, usually or 2 days, dance lessons / dance workshops are organized in which different dance styles (hip-hop, zumba dance, break dance, salsa, vogue, etc.) are mastered.
- Youngsters take part in various parish events, staging plays and preparing different dances, etc. performances.
- Within the framework of the projects, various activities are organized, such as beach volleyball competitions, non-formal training.

All the above-mentioned activities and activities for young people have the opportunity to visit for free, thanks to the support of the municipality of Rezekne and Nautrenai municipality. ■





## Centro de información juvenile de Chelva (Chelva Youth Information Centre)

### Spain



PL. Major, 1  
46176 Chelva (Valencia)

## Context

### AMOUNT OF YOUTH:

15-20

### POPULATION OF THE CITY:

1,446 inhabitants

### TARGET GROUP ADDRESSED:

YOUNG PEOPLE BETWEEN 12-30  
(currently 12-16 youth participate)

### PHYSICAL SPACES:

A classroom donated by the Nuestra Señora de los Angeles Church

### TEAM COORDINATOR - VOLUNTEERS (AS MANY, DEGREES, ETC.):

1 educator

### BUDGET (WHERE DOES IT GO FOR? WHAT CONCEPTS ARE USED FOR?):

Collaboration, Chelva City Council and M<sup>a</sup>Antonia Clavel Foundation

### SCHEDULE (CALENDAR OF ACTIVITIES AND SCHEDULE):

- September-December: Start the centre as a space for meeting, advice and proposal theatre workshop.
- January-March: Space for youth meeting and youth counselling.
- April-June: youth meeting space, youth counselling, exchange or meetings (CIJ TORRENT) and programming of youth week.
- July-August: Week of Youth and Holidays. ►

## Description

The youth information centre has been in operation for only two years, with promising beginnings to offer the youth alternatives of educational and healthy leisure, after detecting this need, the foundation, together with the city council and the educator, considered the possibility of offering a space of encounter and little by little and with the collaboration of the staff of the Xarxa Jove, the space was provided with what was necessary for the youth of the region to enjoy a meeting space.

- ENCOUNTER BETWEEN YOUNG CHELVA AND CORRESPONDENTS OF CIJ DE TORRENT: explain the project and share space for dialogue and exchange
- SPACE ENCUESTRO: offer a space for exchange and meeting of the youth of the municipality, games, meetings ...

- ADVISORY AND YOUTH INFORMATION: Disposition of material and information provided by personnel of Xarxa Jove - IVAJ
- Theatre WORKSHOP: an inclusive tool with a final sample that favours the creation of other links within the centre
- WEEK PROGRAM YOUTH CHELVA: offer a direct role of youth in the programming of the week of youth. ■





# 6. Urban Youth Centres

## 5 Good practices



# Pärnu Noorte Vabaajakeskus

Estonia



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Pärnumaa 80032

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www.vabaajakeskus.ee

**PÄRNU**  
**NOORTE**  
**VABA AJAKESKUS**



## Context

### AMOUNT OF YOUTH

From a period from January 2016 to April 2018 number of registered users: 1428 in age group of 7 to 26 (hereafter "Target group"). Average monthly visits 1100, from which unique visits 230. In addition to regular business hours ca 300 youth in a frame of trainings, contracted tenants and students.

### POPULATION OF THE CITY

51 619 as of 1 of April 2018, from which target group 10 860.

### TARGET GROUP ADDRESSED

Youth from 7 to 26

### PHYSICAL SPACE

851,5 m<sup>2</sup> (Sports hall, fitness room, 2 band rehearsals, recording studio, meeting room, stage, and cafe)

### STAFF/VOLUNTEERS

Administration - 1,25 positions  
(manager 1, and accounting 0,25)

Youth workers - 2,75 (3 persons)

Supportive staff - 1,5

Support program "Youth Prop Up" -  
0,8 specialists and 0,2 coordinators

Volunteers - 4 (3 youth worker aids, and  
1 drum teacher)

### BUDGET (FROM WHERE? FOR WHAT?)

Pärnu City Governance supports some extent of overhead costs, maintenance and administrative costs. Additional income is from project management and rent fees.

### TIMING (OPENING HOURS / SEASONAL)

Mo to Fri 14:00 to 20:00, Sat 12:00 to 21:00, Sun 14:00 to 20:00. During summertime from Mo to Fri, from which one month is reserved for city camps (booking required). August is reserved for a collective summer vacation. ►

## Description



Our mission is to support the youth in their life and development through different activities. The concept is built on a daily theme that has been selected by the youth. Cooking, board games, contests, lectures etc. could all be involved. The before mentioned are a visible layer for the youth under which is a parallel line of complex and conscious youth work.

This parallel segment is comprised of three sections that are intervened to each other:

1. Conducting structured conversations and providing constructive feedback.
2. Supporting youth with their communication skills by helping them express their needs, attitudes, and thoughts.
3. Solving daily conflicts irrespective the cause and severity.

Although we are a traditional open youth center we have many interactions with At-Risk and NEET youth, which has drawn us to participate in specialized training. In addition to "Youth

Prop Up" services that are dedicated to NEET youth and their returning to education and bringing them to labor market, we contribute to supporting socially excluded and At-Risk youth.

Our best practice is an established workflow within a network of a young person, her close ones, supportive persons and officials. We believe that it is important to enforce a young person daily network plus we have a special support plan for the parents.

Since 2017 we hold a regular support group for parents that have problems with their children (behavioral, social, legal or medical issues). The group shares problems, joys, information, and experiences. Group members are enforced by our group of youth workers, child support officials, and specialists we have invited to hold special lectures. Support group is a positive example for other parents that have problems with their children. It has encouraged them to contact us with their own child related problems.

In addition, it also has a positive impact to our work as we do gain more information on the



problematic behavior background that in turn helps us to understand the cause and effect, hence better address the solution.

The support group is also a valuable source of information on several problematic trends that have occurred in the community. Group has also its own Facebook page through which we provide information on different trainings and lectures.

An integral part of the youth center's network activities is work with specific cases. Case work was initiated by the need for timely and precise information flow to involved parties (child protection specialists, youth police, child care custody, school's social workers, parents etc.). Case work also involves information elicitation from youth in cases of serious negative events (violence, thefts, bullying) that have taken place within the youth center.

In case an event has taken place outside, the youth turn to us either with information regarding the case or seeking help in order to solve case-initiated problems. For such cases we compile a precise event description and the youth may maintain anonymous in case of a wish. Depending on the case, we then proceed with forwarding the information to the network of involved parties (child protection specialists, youth police, child care custody, school's social workers). If needed then also the parent.

Next step is an action plan from network partners that also contains information regarding who is going to perform the necessary steps. Victim support, problem analysis, guiding the young and supporting her friends are all the methods we may use. We evaluate each case separately and choose the methods. In case a process allows, all network partners exchange information and consult each other depending on the process maturity. Whilst closing the case we recap, compile a summary, and share it within a network along with information on potential next steps.

Described cooperation is important for all parties and it has been proved to increase confidence and courage for the youth whilst sharing their problems and concerns, as they have always found support and care. Up to this point all cases have been taken further by our network partners. Most cases also reach to police and child protection services.

"Riia söögituba" is one of our well-established partners that has submitted an application to

local city governance for setting up a project to provide warm meals for poorly insured children during school vacations. Pärnu city provides free school lunch and morning porridge for all students in public schools. However, during school vacations there are children whose parents can't provide them warm meals either due to economic reasons or work duties. Therefore, during every school vacation we have 40 portions of warm meals brought to our center from Monday to Friday to feed less provided youngsters.

The mentioned was only a small section of our partners, as in reality there are dozens of open minded organizations and persons that support us. The support itself is mutual. We truly believe that this is a great support for a small NGO as it would be very hard to maintain our work without them. ■





# Debrecen Youth Service

(Debrecen Youth House)

Hungary



Simonffy str. 21.  
Debrecen, Post Code 4025  
Hungary

[www.facebook.com/ifi haz debrecen/](https://www.facebook.com/ifi haz debrecen/)  
[www.ifi haz debrecen.hu](http://www.ifi haz debrecen.hu)



## Context

*The Youth House is a colourful living community space, which is situated in the downtown of Debrecen and opened in 2011. The House offers cultural and leisure time activities, programmes and different services to the Youth. Among the youth, the building is famous and well-known. The building is 2500m2 where you can find different organizations, NGOs: Youth Government of Debrecen, 'NODE' Drug Prevention and Information Office, Info-point Youth work Office, Civic Information Centre and the School of Rock.*

*The Youth House was created by a real need, that „such a huge city like Debrecen has to have a Youth Service House”, which comes from the local government, youth experts, youth organizations and youth leaders. An old inhabitant school was renovated under a city rehabilitation construction, which seemed to fill up the need and become the Youth House of Debrecen. The house is located in the heart of the downtown, it is a 5 minutes' walk from the main square.*

*The main aim of the House is to offer useful spare time activities, services, counsellors and specialists, and community space for the youngsters where they can learn and have fun, can meet with their peers or friends. From the beginning of its operation, the House would like to reach the widest target group from the children to the young adults and also involving the families too. The closest target group to the House are the secondary grammar students, but we also looking for smaller and older youth as well.*

*We provide information and services to the youth in person, by telephone, e-mail, as well as promoting information, concerts, youth programmes on our website and Facebook page. They can use computers and the House is fully covered with free internet access. Posters, programme leaflets, informational brochures are also available at the information desk and it is possible to promote other NGOs, institutions programmes on the information wall.*

*Civic organizations, artistic groups, culture groups, non-formal or formal youth groups and different organizations are using the community spaces. Those youth whom are not coming for a specific programme or group activity, the House also provides free access to table tennis, table soccer, darts, board games. We have at least 28-35 non-formal youth groups in the House every year.*

*The Youth House is a community space but it has a several multifunctional rooms, which are available for conferences, workshops, information days. At the Gallery and on the corridor's wall young talented artists organize exhibitions.*

**Population of Debrecen:**  
202.520 (2016).

**PHYSICAL SPACE:**  
2500m2 including yard.

**STAFF/VOLUNTEERS:**  
12 full time staff + 10-15 volunteers, 2-3 internship students.

**BUDGET :**  
Fundend by the TownHall, basically the operational costs, salaries and the basic programmes are supported from the grants.

**TIMING OPENING HOURS:**  
Monday – Friday 8h-21h, Saturday – Sunday 10h-20h. ➡



## Description

Open Doors! – for secondary students / classes

Organizing every 1 occasion / month.

Location: Youth House of Debrecen

Target group: secondary grammar students

Participants: 120

Duration: 8.30 – 14:00

Short description:

The Open Doors! Programme is organized for the secondary students and part of our big programme, which is directly involve the 14-18 years old youth. Every month we invite a secondary school to visit us (4-5 classes). They can join actively to the Youth House Services and Programmes.

During the first phase of the programme 1. Introduction, Lecture session the youth can meet different NGOs' programmes, Institutions (Court, Police Department etc.). After the 1st phase, the youth in small groups will visit several locations in the house where they can meet with NGOs, non-formal education, awareness, active citizenship workshops etc. During the morning session all of the groups will visit all the locations. The 3rd phase is ending a common Kahoot game. The game is usually linked to a bigger programme or theme (EU week, cultural events, Sightseeing locations etc.). After the quiz competition we invite a famous person, who can present his/her life and career why is he/she chosen that profession. For example, if a catering school is coming, we usually invite a famous chef or hotel manager who can talk about his/her career. This talk is helping to guide the youth to their profession.

The programme is helping us to promote our programmes/ services, involve the youth in the local community and strengthen the cooperation among the civic NGOs. ■



# Liepaja children and youth centre

YOUTH HOUSE

Latvia



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 Instagram: Liepājas Jauniešu Māja  
[www.jauniesumaja.lv](http://www.jauniesumaja.lv)

**jauniešu māja**

- vieta Tavām idejām



## Context



**AMOUNT OF YOUTH:**  
 10069 thousands.

**POPULATION OF THE CITY:**  
 69180 thousands.

**TARGET GROUP ADDRESSED:**  
 13 – 25 years old.

**PHYSICAL SPACE:**  
 151,04 m<sup>2</sup>

**STAFF/VOLUNTEERS:**  
 3 employees, 1 volunteer.

**BUDGET (FROM WHERE? FOR WHAT?)**  
 Municipal funding and ERASMUS + projects.

**TIMING (OPENING HOURS / SEASONAL) :**  
 Monday to Saturday from 11:00 AM – 8 PM. ►

## Description

Several youth organizations such as Liepaja YOUTH Council, Youth House council and the Youth Commission work in the Youth House. We offer a chance for young people to develop different musical, linguistic, theater, and video skills, among others, through non-formal education methods. We cooperate with different municipal and national youth-friendly institutions. We actively take part in volunteer work internationally, in Europe, and also on the spot. We organize concerts, theater shows, exhibitions, educational meetings and discussions with politicians, business people, etc. We support youngster ideas and we are helping them to implement them and turn them into reality.

We are currently working actively on youth policy participation. In 2018 Youth Affairs Committee was renewed, which in the future will work to promote the interests of young people. One of the long-term plans is to unite all non-governmental organizations here in the youth house so that the young person

has access to a wide range of offerings for both international projects and volunteering opportunities in the city. Currently we are also working successfully with the project "Proti un Dari" for NEETs, who come to meet with their mentors on a regular basis in Liepaja Youth House and organize various classes. Young people who do not work anywhere and do not learn to enter the Youth Home environment and meet other young people can find a common language, and ideas, friendships and creative projects are created in an informal setting. Our priority this year is to become a one-stop shop for a flutter where a young person can get help from a psychologist, career counselor, social educator in an informal setting.

Our goal is to help young people become full adults! ■





# CMJ Patraix

Municipal Center Of  
Youth Of Patraix

Spain



C/ Salabert 13, 4ª Planta  
Valencia, Spain

## Context

### AMOUNT OF YOUTH

We can highlight that we have different user profiles:

- Young people from 12 to 25 years old, exclusive use of the study hall or to carry out group work.
- Young people from 25 to 30 years old, interested in personal development activities (yoga, meditation, Reiki, informative workshops on social issues ...)
- Young people from 14 to 30, interested in leisure activities (crafts, theatre, cinema club, guitar, board games)
- Young people from 16 to 30, interested in their incorporation into the world of work.
- Young people from 16 to 30, interested in the use of the assignment of spaces.
- Associationism, neighbourhood associations and groups that, due to the need for space, carry out activities, training, exhibitions, conferences ...

We have about 1290 users, between entities and young people, who keep periodically informed of everything we do in the centre, through email, with a tendency to increase of about 400 users per year, by contrast a good number of users also leave to participate in the centre due to changes in their routines.

### POPULATION OF THE CITY:

The district of Patraix has a total population of 57,630 inhabitants. The city of Valencia has a total population of 791,413 inhabitants.

### TARGET GROUP ADDRESSED

Young people from 15 to 30 years.

### PHYSICAL SPACE

Hall: entrance to the centre where the reception and work desk is with two computers, where users are informed and attended.



Office: small classroom with a desk without a computer, an intimate space for personal interviews

Computer classroom: we have 7 PCs

Multipurpose classroom: Where we can do manual workshops, cooking, and other activities

Exhibition room: very broad sports activities and in general that require movement.

Study room: with tables and chairs, access to points of light that promotes a good study environment.

### STAFF/VOLUNTEERS

The centre has a full-time worker, with a degree in Social Education and TASOC. And a half-time worker TASOC.

We have a very important network of volunteers, who have offered their time and dedication to develop activities that they are passionate about, the activities of the centre that have been developed with the support of volunteering are: guitar, funky, latin dances, practical workshop of Valencian, photography, yoga, meditation, etc.

### BUDGET (FROM WHERE? FOR WHAT?)

We have a variable budget that starts at the side of the town hall that quarterly allocates a game for the development of workshops, you can see the offer through the youth website at Talleres Apunta't.

And regarding the activities that we develop the workers and volunteers, prior to the development we fill out an activity and budget file, and if it is approved by the company that manages the centres, it sends us the money demanded.

### TIMING (OPENING HOURS / SEASONAL)

Here we present the general programming:

Regular activities:

- Study room: a resource used from Monday to Friday, from 10:30 a.m. to 1:30 p.m., and from 3:30 p.m. to 7:45 p.m., with the group from 14 to 35 years old. (Provided the classroom is available)
- PatraiXjuega: Space has been reserved so that users can come to make use of the games available to the centre. It takes place on Friday afternoons. Spaces for games are also given whenever there is available even outside of these hours.
- Assignment of spaces. ➤



## Description

We can highlight the projects we carry out on an annual basis with the young people of the neighbourhood since from the city council only the consumption of workshops is offered in short periods and from the CMJ we bet for the integral development of the young person offering real alternatives of leisure with duration at level annual. We can highlight the personalized attention of the young people for their development, the theatre group (every year we carry out a project and we represent the work in the youth council) The board games activities that are reserved every Friday as a meeting space, development of social skills ... in addition to the work of the volunteers that we have already commented previously. Part of the success with the workshops and activities we carry out lies in the involvement of the young people of the centre in the decisions during the programming and development process.

Also the program of "assignment of spaces" is a resource widely used by all users, both at an associative level, for space needs and in a particular way many young people request our classrooms for the development of class work, dance groups, theatrical essays, assemblies among others.

In addition, we will highlight some of the associations, entities and groups with which the CMJ of Patraix collaborates are:

- Public institutes such as IES Patraix, IES Cid and IES Juan de Garay among others. Conducting informative talks, information points.
- Patraix Neighbourhood Association. Collaboration in Patraix parties, association fair, cultural agenda of the neighbourhood, fixed point of information
- Musical grouping of Patraix. Fixed information point
- Municipal library of the neighbourhood. Fixed point of information, in addition to networking
- AESCO Foundation, dedicated to employment, training and workshops for young people. Assignment of spaces, referral of users if required.
- Iniciatives Solidaries Association, which carries out different programs with young people at risk of social exclusion. Assignment of spaces, referral of users if required.

- Sovint Culture and Development Association, a multicultural space and citizen participation. Collaboration with the cultural week of the centre and joint activities
- Bitàcora and Mowgli Scout Group. Information point. Cession of spaces
- Xarxa Dones Association, formed by women working to achieve full normalization of the lives of women with disabilities and real gender equality. Cession of spaces for the development of workshops and workshops due to the lack of space in their association.
- Asociación Fractals, an emerging collective from Valencia that develops an Artistic Education project, creates artistic projects seeking collaboration and social transformation through participatory methodologies. Development of activities in the CMJ
- CEPAIM Foundation that focuses on processes that contribute to improving communication, relationship, exchange and intercultural integration between people who share a territory and belong to one or several different cultures. Assignment of spaces for the development of workshops and workshops due to lack of space in their association.
- Valora Games, aims to promote healthy living and socialization in young gamers. Advice for the creation of the youth association, they collaborate monthly making a tournament for the youth of the centre.
- Youth groups in the neighbourhood: BOSA, JUVENTUD COMBATIVA, GROUP FOR SUSTAINABLE MOBILITY. Assignment of spaces for collective activities, assemblies, talks ...
- FAP, FACTORÍA D'ARTS DE PATRAIX, hold an annual urban festival in the neighbourhood. Assignment of spaces for the development of workshops and workshops due to lack of space in their association.

Finally we would like to reflect our opinion as youth workers, we understand that our mission to youth is not to manage and fill the centre of activities, but we must be a figure



of trust different from everything they know (family, friends, teachers .. ), leaving little by little that the identity of the centre is managed by the young people themselves, being a figure of confidence that will serve as a guide in the first part of the process, but always encouraging them to self-manage and decide so that they want to use the centre . Not all the young people who come to it reach this level of participation but with the groups that do so, they acquire a commitment as well as a series of attitudes and competencies for the social, political and cultural participation of the neighbourhood. ■



# 7. International Youth Centres

## 5 Good practices



# Rõuge Opened Youth Centre

Estonia



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+372 5560 3988 Kerli Kõiv  
raugeank@gmail.com  
[www.facebook.com/rougeavatudnoortekeskus/](http://www.facebook.com/rougeavatudnoortekeskus/)



## Context

### AMOUNT OF YOUTH

There are around 1000 youngsters Rõuge municipality and around 200-250 are active in our youth centre.

### POPULATION OF THE CITY

In total there are around 6000 inhabitants in Rõuge.

### TARGET GROUP ADDRESSED

The target group addressed are youngsters aged between 7-26.

### STAFF/VOLUNTEERS

In total we have 5 youth workers across 3 youth centres(1 big and 2 smaller), 2 youth specialists and an EVS volunteer.

### BUDGET (FROM WHERE? FOR WHAT?)

Youth centre budget comes from local authority and it is used to cover salaries, house costs, organising activities, project co-financing, trainings.

### TIMING (OPENING HOURS / SEASONAL)

Youth centre is open from Monday to Friday from 12:00 till 20:00. ➡



## Description

One of our good practise is supporting young people involvement to decision making process.

In 2005 local youth council was established, new team is elected after 2 years by other young people. There are 15 members in the youth council aged 12-22 mainly. The aim of the youth council is to give advice to local municipality council and government and share youth point of view in local questions. There are regular meetings between mayor and council chairman and youth council every month.

They share information that are important in local level and which also will be discussed in council meeting. Youth council represents local youth and their needs and ideas.

They also take part in local development plans and strategies creating process. Their role is also to share democratic view in youth groups and whole community.

They realized international youth initiative project ( Erasmus+ KA2) Agora together

with partner from Malta about voting age decreasing. Before Estonian 16+ youth got possibility to vote in local elections they organized several workshops in our region and together with local council members to find out the best ways how local politicians must communicate with young people to be more respected and understandable. This Project got also award as the best Erasmus+ youth initiative project in Estonia.

Thereafter they organized Erasmus+ KA3 project "Youth in Opened Governance Partnership" in Estonia, inviting Georgian, Turkish and Latvian partners share their values and experiences. There were organized several meetings with decision makers and also representatives with Estonian e-Governance Academy.

The live broadcast made from the seminar is uploaded to Youtube. <https://www.youtube.com/watch?v=ZAMfh-YbYA4>





# European Youth Centre in Budapest (EYCB)

Hungary



1024 Budapest,  
Zivatar utca 1-3.  
Hungary

## Context

AMOUNT OF YOUTH

POPULATION OF THE CITY

TARGET GROUP ADDRESSED

PHYSICAL SPACE

STAFF/VOLUNTEERS

BUDGET (FROM WHERE? FOR WHAT?)

TIMING (OPENING HOURS / SEASONAL) ►



## Description

The European Youth Centre in Budapest (EYCB) with its meeting and conference rooms, restaurant area and bedrooms has a capacity of up to 140 guests. It is for implementing the youth programme of the Council of Europe.

The Centre can also be used by Council of Europe directorates and external organisations for meetings, seminars and training courses, with accommodation and catering services available on the spot.

The EYCB enjoys diplomatic status under a seat agreement between the Council of Europe and the Hungarian State. One of EYCB's main partners is the Hungarian Ministry of Foreign Affairs and Trade. The building of the Centre is the property of the Hungarian State and is looked after by the Hungarian Ministry in charge of youth affairs. It has been generously put at the disposal of the Council of Europe and its diplomatic service, the details of usage being subject to a seat agreement between the Council of Europe and the Republic of Hungary.

### Rooms and facilities

They can offer accommodation for 140 people in spacious bedrooms with private bathroom and balcony. Facilities include 65 twin rooms, two apartments and three rooms adapted for wheelchair users, all equipped with radio-alarm clock, telephones for internal calls, hypoallergenic bedding and baby-cots available upon request.

They have four meeting rooms equipped for simultaneous interpreting for up to six languages and with capacities for 10 – 200 people, mobile furniture allowing room arrangements according to the needs of the meeting, working areas for small groups, complete audio-visual conference facilities, extensive facilities for interactive educational activities, computer room with permanent Internet access, technical assistance upon request, access control and possibility for security screening, limited private parking on request and a beautiful view over Budapest from the 4th floor conference area.

### The Peter Lauritzen Collection

This collection of professional literature in sociology, political science, research and education represents a very rich resource for study and learning. Peter Lauritzen's family kindly donated his professional library of several hundred books to the Directorate of Youth and Sport.

### Reservation

Any organisation, association or institution planning international conferences or training courses and subscribing to the aims of the Council of Europe can book the European Youth Centre Budapest as the venue for its activities, use its facilities, and establish contact and co-operation with the Council of Europe.

The EYCB welcomes activities dealing with education and youth work, human rights, democracy and other areas related to the building of civil society. The Centre is particularly well equipped to host training and seminar activities which need facilities for interactive training methods, as well as conferences or meetings requiring interpreting.

### How to make a booking at the EYC Budapest

Please contact the EYCB secretariat to agree on a date for the activity.

You can give them a call on +361-438-1030, e-mail them at [eycb.secretariat@coe.int](mailto:eycb.secretariat@coe.int), or send a fax message to +361-212-4076. Once the date is fixed with the EYCB, complete the booking form carefully and submit it to the EYCB secretariat. ■



# Gulbenes novada jauniešu centrs "Bāze"

(Youth center "Bāze")

Latvia



+ 371 26354557  
jcbaze@gmail.com  
www.labisbabis.lv

JAUNIEŠU CENTRS



## Context

### AMOUNT OF YOUTH

*In Gulbene municipality there are around 3000 young people aged 13 – 25, each day around 25 – 35 youngsters visit the youth center.*

### POPULATION OF THE CITY

*Population of Gulbene is around 10 000 people but of the municipality is around 20 000.*

### TARGET GROUP ADDRESSED

*Youngsters aged 13 to 25.*

### PHYSICAL SPACE

*YC "Baze" is located in a 4-floor building, which has a total surface 659m².*

### STAFF/VOLUNTEERS

*The youth center is operated by three people – director, youth affairs specialist and youth worker.*

### BUDGET (FROM WHERE? FOR WHAT?)

*Our budget comes from the municipality which include payments for heating, electricity, salaries and funding for local activities.*

### TIMING (OPENING HOURS / SEASONAL)

*Working hours are from 12:00 to 20:00 from Tuesday to Saturday. In summer period – from 10:00 to 18:00. ▶*

## Description

Youth center „Bāze” is an institution of Gulbene District municipality, which aim is to support and promote initiatives of young people in Gulbene, develop their life quality, support ideas and offer assistance in organizing informal educational events and activities. Youth center operates in co-operation between young people and organizations.

Since 2012, the youth center is multifunctional, which opens up new opportunities: renovated, well equipped seminar, music and leisure rooms. Also there is one specially arranged hostel room with 6 beds and a shower. Youth center has different equipment to organize sport, leisure and multimedia activities.

From 2007 "Bāze" is a sending, hosting and coordinating organisation for European volunteers. Every year we are hosting two long-term volunteers from all over Europe and not just Europe. Since the establishment of the center we have not only implemented and supported youth projects, but also the youth center has been a reliable partner for foreign organizations. Youth center "Bāze" has experience in organizing youth exchanges, seminars and EVS projects and also training courses on international level. Our goal is to host at least one youth exchange every year. But since we have developed very good relationships with our partner organizations, for the last two years we didn't have just youth exchanges but also hosted a few training courses. Youth workers in Gulbene municipality have participated in many trainings in different European countries and are constantly improving their competencies and are motivated to do their work.

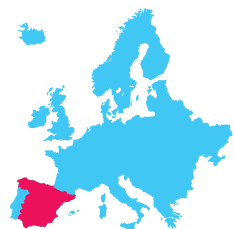
International projects are certainly necessary both for young people and youth workers. Thanks to them, we can gain valuable knowledge and experience, as well as get to know good practices of other organizations, learn new methods and look at many questions from another perspective. Participation in international projects is a great opportunity to develop personal and professional competences! ■



# Casal Jove Port de Sagunt

(Young House of the  
Port of Sagunto)

Spain



Puerto de Sagunto (Valencia)  
C/ Vent de Marinada, s/n



## Context



### NUMBER OF YOUNG PARTICIPANTS

Annually, 10000 young people pass through the activities of the Casal Jove

### TOTAL POPULATION OF THE LOCALITY

68000

### TARGET GROUP TO WHOM THE ACTIVITIES ARE DIRECTED

Children (esplai de xiquets) / adolescents (Lluna Plena + various events: festivals and shows) / youth (various events: festivals and shows)

### PHYSICAL SPACES:

classrooms / auditorium / exhibition hall / open courtyard

### COORDINATING TEAM - VOLUNTEERS

/ ASSOCIATES (HOW MANY ARE, QUALIFICATIONS, ETC.).

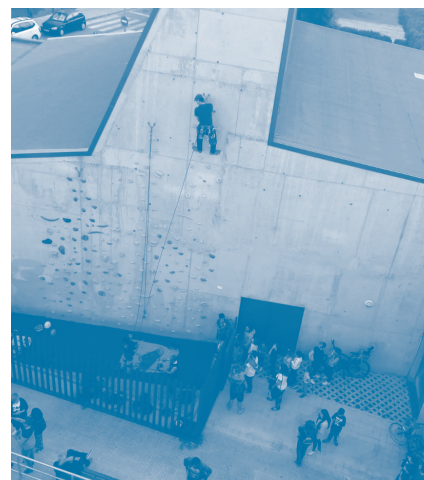
Coordination: Youth Technician (official) + Youth animator (official) / team of contracted instructors / correspondents-active youth + European volunteers

### BUDGET (WHERE DOES IT GO FOR? WHAT CONCEPTS ARE USED FOR?)

The budget comes from the budgetary items of the City Council of Sagunto assigned to the Youth Department, so the activity is municipal and financed by the City Council. With the budget paid to advertise in brochures or flyers, designer, materials, caches of performances, monitors (both general and specific workshops) and other specialized personnel such as sound technicians or lights.

### SCHEDULE:

- **JANUARY:** Il-luminarte: Shadow theatre festival. Afternoon hours, except workshops (in the morning).
- **FEBRUARY:** Mangetsu: Japanese Culture Festival. All day during a weekend.
- **MARCH:** Splash: Comic festival of the Valencian Community. All day during a weekend.
- **APRIL:** Punto.DOC. Documentary show Afternoons, except school projections.
- **MAY:** Més Que Murs. Urban Art Festival. At different times of the day.
- **MAY:** Menuda Ciutat. Festival of Performing Arts on the street. Friday afternoon.
- **JUNE-JULY:** Show the Aula Jove de Teatre. In the evenings.
- **NOVEMBER:** Novembre Negre, black genre contest (cinema, novel, comic). At different times, mainly in the afternoon.
- **FROM OCTOBER TO JULY:** Lluna Plena. Alternative Leisure Program. Activities every two weeks on Friday afternoon from 6 a.m. to 10 p.m. ►



## Description

**JANUARY:** Il-luminarte: Shadow theatre festival. Directed to the general public, especially children. Evening schedule.

**FEBRUARY:** Mangetsu: Japanese Culture Festival. Aimed at the general public, especially teenagers. There are also activities for children and young people. It is created and directed by correspondents of Institutes. All day during a weekend.

**MARCH:** Splash: Comic festival of the Valencian Community. Aimed at the general public, especially young people. There are also activities for children and teenagers. All day during a weekend.

**APRIL:** Punto.DOC. Documentary show Aimed at the general public, especially young people. There are also activities for children and teenagers. Afternoons

**MAY:** Més Que Murs. Urban Art Festival. Aimed at the general public, especially young people. There are also activities for children and teenagers. At different times of the day.

**MAY:** Menuda Ciutat. Festival of Performing Arts on the street. Aimed at the general public, especially children.

**JUNE-JULY:** Show the Aula Jove de Teatre. Theatrical performances of the students of the Aula Jove. Aimed at the general public.

**NOVEMBER:** Novembre Negre, black genre contest (cinema, novel, comic). Aimed at the general public, especially young people. There are also activities for children and teenagers. Film projections, talks, book presentations, black tapas routes by bars, live music...

**FROM OCTOBER TO JUNE:** Lluna Plena. Alternative Leisure Program aimed at teenagers. Directed by the correspondents of the Institutes, they prepare leisure activities in the Casal Jove and in the Mario Monreal Cultural Centre of Sagunto, with sports, recreational activities, cooking, crafts, music, dance, etc.

**OFFICE SERVICE EUROPE:** The Europa office service includes face-to-face counselling to inform and help the youth of Sagunto to take advantage of the Erasmus + program opportunities. Among the activities that are regularly carried out include talks at institutes, online information campaigns and training days. The Europa office service regularly attends an average of 10 young people per month and currently has 2 EVS European volunteers. ■



# 8. Youth Centres with extra services

5  
Good  
practices



# Kuressaare open youth centre Noortejaam

Estonia



Pihlta tee 3,  
Kuressaare 93811,  
Saaremaa vald

+372 5347 0011

anneli.meisterson@kuressaare.ee  
[www.noortekeskus.kuressaare.ee](http://www.noortekeskus.kuressaare.ee)



## Context

### AMOUNT OF YOUTH

In Kuressaare there are around 3000 youngsters and around 50-60 young people attend youth centre daily.

### POPULATION OF THE CITY

Kuressaare, the biggest island city on the biggest island in Estonia has 13 635 citizens.

### TARGET GROUP ADDRESSED

Target group contains youngsters between 7-26 years old.

### STAFF/VOLUNTEERS

In the youth centre we have 4 youth workers, 2 volunteers, 1 manager and 1 prop up programme worker.

### BUDGET (FROM WHERE? FOR WHAT?)

Youth centre belongs to the Saaremaa municipality government and we work as a sub-office.

### TIMING (OPENING HOURS / SEASONAL)

Our youth centre is opened 5 days a week from 13:00 till 20:00. In the weekends there are sometimes birthdays, camps and other events. ➤



## Description



In addition to the regular activities of the youth center, we have strongly focused our activities on the implementation of the Prop Up program.

The youth prop up programme is specially designed for inactive youngsters in the age between 15-26 years (NEET youngsters) to support their re-integration into the community and social life. Youngsters, who are in risk of dropping out from the school or who don't fit into the age criteria, can also take part in the programme. The youth prop up programme has to find these youngsters and motivate them using different youth work methods, including local co-operation network, so they'll do something with their lives. A youngster can be in the programme up to 6 months, in difficult cases even longer. After the program the youngster is being monitored for 6 more months. Youngsters will also be supported after the programme if they want to. They often come to tell about their progress.

To find the youngsters, we use mobile youth work (MoNo). A lot of young people join because of a friend's recommendation. The location in the youth centre is definitely justified, because regular visitors of the youth centre also need support. Youngsters are the centrepiece of the youth prop up programme, because only they themselves can take responsibility of their future. There are frequent cases where youngster have left the programme, but in case of rebound they turn back to the youth prop up programme by themselves. We offer support, counselling

and enforcement to youngsters. We organize different events for youngsters in the programme to make them feel as a part of the community. Our working principle is not to belittle anybody and to treat everyone equally. They are all our youngsters.

Our target group is wide-ranging and everyone has their own story. We try to approach each young person and their story individually and we start from a clean sheet. The past belongs in the past, it is important to focus on the present and look into the future. Besides individual work there are a lot of group meetings because that's how youngsters see that they are not alone. We use a lot of „experience counselling“ – youngsters tell their stories in a group and they try to find solutions all together.

The youth prop up programme supports youngsters own initiative – young people have an idea to do something and we'll do it! The co-operation work between youth centre's other youth workers works well. The youngsters are involved in the actions and events with youth workers.

To expand youngster's world view we go camping orienteering and cooking together. We also go to the theatre. With cooperation partners from Unemployment fund we made Work club, where youngsters get a gist of working and the challenges they will face. We give a message to youngsters - they must be able to stand up for themselves and this requires different knowledge. ■



## Name of the youth Center

Hungary





# Kaņieris

## Latvia



Kaņiera iela 15  
Rīga, LV-1063

info@kopnica.lv  
www.facebook.com/kanieris  
www.kopnica.lv



## Context

### AMOUNT OF YOUTH

In Riga city there are 72 300 youngsters. "Kaņieris" has cooperation with at least 50 Youth organisations and at least 20 International delegations.

### POPULATION OF THE CITY

Riga, capital of Latvia has population 641 000.

### TARGET GROUP ADDRESSED

Riga youth and Riga Youth organisations

### PHYSICAL SPACE

Four rooms, equipped for non-formal learning (Meeting room for discussions, Smart Space for trainings and learning; Youth Office for cooperation and sharing the information; Cosy Space for reflection; Brain Brew for staff and warehouse with equipment and resources, as well as WC and kitchen available).

### STAFF/VOLUNTEERS

Staff: Head of Youth center and two project coordinators

### BUDGET (FROM WHERE? FOR WHAT?)

Municipality of Riga (Education, Culture and Sports Department of Riga City Council).

The aim of Youth Center is to support Riga youth and Youth Organizations with space, resources and information, as well as to create inclusive and open environment for cooperation.

### TIMING (OPENING HOURS / SEASONAL)

10:00 – 20:30 working days ►

## Description

Youth Center "Kaņieris" is the space of opportunities for Riga youth and Youth Organizations to get knowledge, develop skills and build cooperation. "Kaņieris" provides support for Riga youth and Youth Organizations, offering physical space, resources (technical, for outside activities, games and books), as well as informational support.

During seven years Youth Center "Kaņieris" was visited 29 259 times.

There were 2 296 events organized, 2 005 of which were held by Youth Organizations and 291 organized by "Kaņieris" itself.

Resources (technical, outdoor and other) were used for 621 times.

There have been 31 events organized in local schools. 102 projects of youth initiative projects competition were financially supported, as well as there were supported 37 projects in organization capacity projects competition.

Annually Youth Center "Kaņieris" is organizing such events as Youth Participation Award (Saying Thank You to NGOs for their active participation); Youth Organization Networking (to help NGOs meet each other and cooperate);

Conference "Innovation in Youth Work" (Every Year offering new topic for people connected with Youth work); Open Door Day (for Young people to meet Youth Organizations and for Organizations to introduce themselves to Youth) and other free of charge informative and fun events.

To support youth and Youth Organizations in realizing their ideas "Kaņieris" offers free of charge resources to use: technical equipment (laptop, video camera, iPads, speakers, projector, microphone, badge making machine and other), outdoor equipment (tents, sleeping bags, camping kettle, mats, flashlights, slackline, balls, parachute game and other), books (about youth work, art, business, environment, travelling, management and other), games (Dixit, Alias, chess, domino, Halli Galli, games produced by local organizations and other board games) and some other resources that might be helpful for organizing and hosting the event.

The aim of Youth Center is to create and maintain on a daily basis inclusive, friendly and open environment for cooperation. The "engine" of "Kaņieris" is Riga youth organizations, their needs and challenges for development. ■





# Quart Jove

(Ajuntament de  
Quart de Poblet)

Spain



Carrer de la Torreta, 1,  
46930 Quart de Poblet,  
València



## Context

### POPULATION OF THE CITY

The City of Quart de Poblet is located in the region of Valencia and the sub-region of l'Horta Sud. It has 25,472 inhabitants (data from INE 2010).

### TARGET GROUP ADDRESSED

Young people from 14 to 30.

### PHYSICAL SPACE

Building in Quart de Poblet.

### STAFF/VOLUNTEERS

The City of Quart:

- Around 200 permanent employees (civil servants) and several subcontracts for service providers, 8 professional youth workers in the area of youth and more than 15 regular volunteers in the different youth centers.
- 5 different youth centers with different areas of work (Quart Jove, Casa Jovenut Cebollera, Casa de Jovenut Amagatall, Esplai, Espai de Creació Jove)
- In terms of participation, there is a Local Council for Culture and Local Youth Council, composed of 38 NGO's both cultural and youth. And with which it has agreements and providing funds and grants.

### BUDGET (FROM WHERE? FOR WHAT?)

Public budget from the Town Hall.

### TIMING (OPENING HOURS / SEASONAL)

Our regular opening times are different in each one of the youth centres. The headquarters of youth (QuartJove) is from 9:00 till 20:00. And the other youth centres have different opening times, depending on their regular activities (more on the weekend or during the week). ➤

## Description

In the field of youth, and from co-management approach, there are different youth spaces and programs which are run by the associations and the City Council has agreements for collaboration with the Youth Council, the Federation of Youth Houses Comunitat Valenciana, Esplais Valencians and recently with the association Movement against intolerance.

Local activities that we organize every year from the youth service:

- Quartmetratges, short film competition that goes for the 35th edition.
- RolenQuart, meeting RPGs. 13th Edition
- Otakuart, manga meeting. 9th edition.
- Jesta, meeting table games. 12th edition.
- Anakoreta Rock music festival with groups in the area. 8th edition
- Contests and Biennial of Painting, Sculpture, Printmaking, Fine Arts, Photography and Human sciences.

It's a member of Xarxa JOVES.net Consortium, a network of 22 municipalities of Valencia working together as part of their youth policies, and has received the Award of networking Good practices from the National Youth Information Services Network.

We can point out from our youth centre the EXTRA SERVICES that we have for youth, apart from the standard of youth information and youth activities.

In Quart Jove, for many years we are strongly

connected with other areas of the City Council such as employment, health, education, participation, environment, mobility and sports.

In particular, for the last year, we have been starting a project that will connect the need of the youth for support in starting their own businesses (start-up and entrepreneurship) with the regular youth service. Our last initiative has been the creation of a Co-Working space in the roof-top of our youth centre. The Co-Working service includes a meeting room, an internet and office centre, a creative-space, an expert support service and a regular training programme for the entrepreneurs.

Another EXTRA SERVICE included in our youth centre is a training programme for citizenship and active participation (from the area of promotion of participation). Included in the training programme we have a full agenda of ICT training (some of them even certified by Microsoft) and other fields connected with the management of NGO's, leadership, non-formal education, environment, etc.

Other of the EXTRA SERVICES included in our youth centre is the activities for children, including a Local Council of Children with regular meetings and training for the kids of the different schools.

And if we include the other buildings of the city connected with the youth policies, we could see some other very interesting EXTRA SERVICES, like for example the art creation support centre or the environmental training and volunteering activities. ■





# 5 Good practices

# 9. IT good practise in Youth Centres



# Forward Space

Estonia



Akadeemia 1  
Pärnu 80011

+372 56965771  
info@forwardspace.ee  
www.forwardspace.ee



FORWARDSPACE



## Context



### AMOUNT OF YOUTH

Around 100 monthly visitors.

### POPULATION OF THE CITY

The population of Pärnu is around 40 000.

### TARGET GROUP ADDRESSED

The target group is mainly 20-year-olds.

### PHYSICAL SPACE

There are 6 rooms for different activities. Circa 200 .

### STAFF/VOLUNTEERS

We have 1 manager, 4 co-managers and 1 assistant.

### BUDGET (FROM WHERE? FOR WHAT?)

Most of our budget comes from projects and Pärnu County also we have other sponsor who help us with various items needed for different activities. Most of our budget goes to organising different seminars and trainings also upkeep.

### TIMING (OPENING HOURS / SEASONAL)

We are open from 09:00 till 18:00 everyday. ►

## Description



Forwardspace is a co-operation centre, or HUB, in the centre of Pärnu, which provides (germinate) businesses and freelancers office space and an inspirational work environment.

In addition to twenty-four work places (chair, table, coffee, internet connection), there is a possibility to take part of a variety of business lessons, mentoring lessons, meetings with investors, and other boosting events.

The mission of Forwardspace is to contribute to the birth of a community that unites Pärnu entrepreneurs, which brings the hometown leavers back and gives young people the reason to stay here.

The goal of Forwardspace is to create a supportive environment for Pärnu, both for starting and operating entrepreneurs, who can support their ideas and create the necessary contacts. Behind the establishment of the Free Office is the desire to boost the business environment of Pärnu all year round, bring the Estonian capital of summer to the start-up world map and contribute to the revelation of the local living environment.

Forwardspace's desire is to create a business-friendly city in Pärnu. For this purpose, we actively cooperate with various organizations of Pärnu City, so that the important matters for Pärnu entrepreneurs would also be represented at the city level. We participate in various projects and we work for investments that

enable us to independently deal with important issues for us. We also work closely with various media publications, so that awareness of our work and opportunities in Pärnu is constantly growing.

In addition, our HUB hosts events and seminars for local people every month, in which the interested people can refine their skills and ask questions. ■



# Name of the youth Center

Hungary





# Avantis

(Young media house)

Latvia



+371 29252028  
info@avantis.lv  
www.youngmediahouse.com  
www.avantis.lv



## Context

### AMOUNT OF YOUTH

There are 72 300 youngsters in Riga. Young media house has 30 young media team members, who plan and organise events in the organisation. There are 20-70 youngsters, who participate on events. On the active season in 2018 we organised 3 events per week.

### POPULATION OF THE CITY

Riga, capital of Latvia, has population 641 000.

### TARGET GROUP ADDRESSED

14- 20

### PHYSICAL SPACE

Brivibas gatve 214m - 318 (mobile center changes location every year).

### STAFF/VOLUNTEERS

3 staff members + 30 young media team members .

### BUDGET (FROM WHERE? FOR WHAT?)

For the weekly camp (50 young people), 5 broadcast programs, production of a magazine for youth and weekly events our budget mainly was from Federal Foreign Office of Germany, municipality of the city of Kuldiga, Ministry of Education and science and other resources.

### TIMING (OPENING HOURS / SEASONAL)

Youth media house is open daily for young media team members for media production. For events it is usually open on Thursday 17.00 - 20.00, Friday 17.00- 20.00, Saturday 12- 15. Our active season is from September until May. In August we are organizing the Young Media Sharks camp. ►

## Description



Avantis is a youth organisation. Since 2012 we have been actively implementing media educational programmes in order to raise critical thinking and media literacy level among young people under the name of Young Media Sharks.

Young Media Sharks is an educational initiative for young media talent scouting and development. In a form of an annual summer school, operating since 2013, it offers workshops, discussions and media practices run by the international experts in the field. Each year the camp gathers youth from more than 30 Latvian cities, as well as participants from Lithuania, Estonia, Belarus and Germany.

Some of the most active Young Media Sharks participants have continued with the media work and engaged with our other projects. They have cooperated to produce media products, that including a youth magazine, TV show, short films, discussions and many more. We want to give young people a voice to tell their stories, talk about their interests, and present it in a professional and fresh light.

As a result, in October 2017 we opened Young Media House - a youth media centre, that is a place offering media education on a regular

basis. It is a place where youth can create their own media products, express themselves and gain practice in organizing events for other youngsters, as well as gain training and mentoring by professionals. Young Media House hosts lectures, workshops, discussions, movie nights, and it gathers most active and creative young media talents. ■





# Centro de Juventud del barrio de San Francesc

(Youth Centre of the San Francesc district)

Spain



Camí de les simetes s/n  
Manises (València)



## Context



### AMOUNT OF YOUTH:

85

### POPULATION OF THE CITY:

30,704

### TARGET GROUP ADDRESSED:

Adolescents between 12 and 17 years old

### PHYSICAL SPACE

The ground floor of Les Simetes Sociocultural Center. The infrastructure of the YC is 100 m<sup>2</sup> (20 x 5 approx.) With equipment tables chairs, sound equipment, pinpong, space with computers, a small office with computer and printer and a kitchen of about 10m<sup>2</sup>. There are also services and storage.

### STAFF/VOLUNTEERS

- 1 Coordinator
- 2 Volunteers
- A Team of 15 responsible teenagers

### BUDGET (FROM WHERE? FOR WHAT?)

It is a provision of service to the city council with the name of "Educational leisure for adolescents" that, doing the division between centres, this has a budget of € 150 per month.

### TIMING (OPENING HOURS / SEASONAL)

In addition to the weekly activities, alternative nightlife is held once a month as a theme party and one or two activities per quarter open to the adolescent population of Manises. Among these are the Passage of terror, Youth Falla, Young April Night and Colour Run. We also organized two major activities in the municipal party's alternatives to the consumption of drugs. ➤

## Description

The Youth Center of the Barri Sant Francesc, within the Federació Valenciana de Cases de Joventut, is an educational leisure centre for adolescents and education in youth participation, so it becomes a project that adolescents build from beginning to end, from making decisions until the assumption of responsibilities and tasks, with the objective, through educational leisure, to develop a series of skills that we explain later.

Currently, there are 10 weekly activities, which are formed by adolescents who monthly or quarterly program what they want to do. That is, there is no activity proposed from the coordination of the YC but part of the motivation of the people and an analysis of the previous reality. In this way, participation is assured.

In each group, a person acquires the responsibility of representation, which means attending the weekly meeting of the people in charge where all the activities are evaluated, new information is given and new proposals are made, and therefore he must ask and return the information to his group. This acquired responsibility means establishing a system of total participatory democracy, that is to say, the representatives do not decide for their group, but represent in truth.

Another part of this team of responsible teenagers, who are 16 people, is responsible for its operation. These are responsible for performing a weekly task that is necessary for the needs to be met and the concerns and objectives resolved. The tasks performed by these responsible persons are material, maintenance, drinking water, calendar, music, social networks, self-managed kiosk, environmental sustainability (Reduce, Reuse, Recycle, pursuing the #ZeroWaste), dynamic of opinion and textile Mercatruque.

This great group, which makes the YC work, has been given in the same way that activities have been emerging, through experiences, evaluation and reflection of needs.

Finally, this space, methodology and personnel are ideal to develop educational competencies of values development such as:

- Respect towards oneself: knowing oneself, accepting oneself, evaluating oneself.
- Respect for others: know and value the differences between people, reject negative attitudes (of harassment, aggression ...)

towards people and their differences.

- True friendship.
- Habits of a healthy life.
- Austerity (versus consumerism), giving value to money versus money as a value.
- Autonomy: regarding the development of daily survival tasks (shopping, cooking, cleaning, cleaning, ordering ...), regarding the discovery of own strengths and limitations.
- Personal responsibility: the ability to plan the performance of the tasks that you have committed to perform and development of the habit of executing that planning.
- Effort capacity: control of time, perseverance, harmony, party time and responsibilities. Increase in the time dedicated to the development of responsibility tasks.
- Dialogue: listen, express ideas, feelings and opinions and respond with assertiveness and empathy.
- Communication: ability to communicate ideas, information, in an understandable and attractive way.
- Initiative: ability to undertake actions that develop common interests of a group or that improve the situation of the same, the immediate environment, or the global environment.
- Critical reflection, based on obtaining and valuing information.
- Participation: Collective decision-making consensual manner, organizational skills, teamwork skills, commitment to the development of common objectives.
- Social and environmental commitment: Skills to detect social needs and environmental problems, to execute small actions to improve the near environment.
- Social responsibility: Adequacy of our consumption and our actions towards respect for human rights, the environment and in favour of social justice. Responsible consumption.
- Imagination and creativity for social and environmental improvement, to find solutions to social and environmental problems and needs.
- Civics: caring for and respecting public spaces, complying with citizens' obligations. ■



# 5 Good practices

# 10. Youth workers related good practices



# Saue Youth Centre

Estonia



Koondise 20, Saue

+372 609 1597

info@sauenoorakeskus.ee



## Context

### AMOUNT OF YOUTH

There are around 1000 7-26 year olds in Saue municipality.

### POPULATION OF THE CITY

In total there are around 6000 citizens in Saue city

### TARGET GROUP ADDRESSED

Target group contains youngsters between 7-26 years old.

### STAFF/VOLUNTEERS

The staff includes: manager, project manager, 6 youth leaders, in addition to two volunteers and one EVS volunteer.

### BUDGET(FROM WHERE? FOR WHAT?)

The vast majority of the revenues comes from the municipality of Saue and money for additional activities is being sought from various funds. When the budget of the youth centre in 2008 was approximately 32 000 euros, then in 2018 its over 220 000 euro. Mostly they are used for organising different activities/projects (trainings, field trips, hobby clubs, hikes), for different attractions(pool tables, air hockey, computers and a lot more) developing the youth centre and much more.

### TIMING(OPENING HOURS / SEASONAL)

Saue Youth Centre is opened from Monday to Friday 12am till 8pm. ➡

## Description



Saue Youth Centre is an informal education centre for the youth that follows the open youth work principles. Saue Youth Centre strives to attract the youth of Saue with its diversified recreational activities and versatile traditions while supporting their ideas and initiatives.

Young people have the opportunity to participate in various hobby clubs, including open hobby clubs, projects, take part in trips, hikes, camps, excursions and organise different events. There have been many youth initiative projects, international and domestic youth exchange projects taking place.

The two-story and modern centre offers the youth a variety of opportunities for self-development: table tennis, billiards, air hockey, football, board games, different video game consoles; also opportunities to climb on either the rock-climbing wall or on the rotating climbing wall; practice pottery; improve DJ-ing skills and get acquainted with different music instruments.

Saue Youth Centre has a big venue for young people for organising parties, concerts and organising training sessions. It also includes a mirror-walled room for workouts

and training sessions; a room for smaller meetings; recreational area, rooms for babies and young children, pre-school and classrooms for carrying out different hobby club activities. Since 2012 it is also possible to practise extreme sports at the skate park which is located on the property of the youth centre.

Below are mentioned the strengths of Saue Youth Centre that motivate its youth workers.

**Professionalism.** The work environment of Saue Youth Centre is safe. In the building that was built in 2011 there is a proper security system and the staff are continually trained in fire safety and first aid.

The employees are provided regular occupational health checks. In addition, optional tick-borne encephalitis vaccine is provided as in the summer months a big part of the work is done in the nature.

Saue Youth Centre has well-elaborated development and action plan as well as good budgetary resources. Moreover, the youth workers actively participate in different project contests. Sufficient number of youth workers enables to divide the work enough and keep the workload well-balanced.



**Benefits.** The youth workers are paid mission fee when staying at a youth camp or in a foreign project. Youth workers have a 42-day vacation yearly. Furthermore, thanks to a long-term effective work, Saue Youth Centre has a higher-than-average salary in comparison with other youth centres in Estonia.

**Involvement in decision-making.** On a weekly basis, meetings are held at the youth centre. Constant change of information between all the employees reduces the risk of remaining alone with an issue. Furthermore, the manager of the youth centre involves the project manager and the youth workers in different bigger meetings and round-table discussions.

**Supportive management.** Saue Youth Centre works as a team not as a leader-subordinate hierarchy. The head of the youth centre gives frequent feedback to the team that is related to different events and activities. This gives the employees an overview of what was successful and what could be improved. At the end of the season development interviews are also held.

**All employees are equal and valued.** Different tasks and responsibilities are divided equally. This enables each youth worker to focus on their given tasks while working towards a mutual goal. In case there is a problem, everyone helps to solve the problem at hand.

**Opportunities for personal growth.** The youth workers have the chance to take part in informative and educative trainings that support their work at the youth centre. In addition, the employees have the opportunity to participate in one sports training or hobby club a week from their working hours. For instance, some have taken part in table tennis lessons and acting club. Moreover, the youth centre supports the application process of a professional certificate of a youth worker. To date all the youth workers at the centre have the certificate.

**Versatile work.** The work environment of the youth workers is versatile. The youth centre building has two floors and a separate room for each activity. Apart from having a spacious building there is a big backyard and a skatepark. There the work can be done outdoors, including mobile youth work. Participation in hikes and youth camps gives the chance to have a healthy lifestyle and experience work out of the centre. Participation in all the events and hikes is free of charge for the employees.

**Opportunities for self-realization.** All the youth workers are able to conduct different pastime activities and hobby clubs at the youth centre depending on their interests and competences. For instance, a youth worker with musical background has a music hobby club, one with hiking background organizes hiking club. ■





# Mi egy Másét Közhasznú Egyesület Gyulai Ifjúsági Központ

Hungary



Gyula Kossuth utca, 19  
info@ifjusagikozpont.eu



## Context

*Presentation: the town of Gyula: The 'MI egy Másért Gyulai Gyermekekért és Ifjúságért Közhasznú Egyesület' has an agreement with the Municipality of Gyula to run youth service for the town since 1 March, 2014. Within this frame, the Gyulai Ifjúsági Központ opened its gate to the youth on 6 June 2014.*

*The town of Gyula has about 31.000 inhabitants of which 2800 are between 10-13 and 5780 are between 14-20 of age. Besides Hungarians, the town has Swabian and Romanian inhabitants as well. The town has established minority nurseries, primary schools and Romanian secondary schools.*

*In all, the town has 7 primary and 5 secondary schools and many children and young people come from the countryside (from small villages and farms).*

*As for our institution's budget, financial assistance mainly comes from the local government as well as various applications, public activities and – to some extent –, financial and material donations, too.*

*There are 3 full-time employees and one young assistant in the Gyulai Ifjúsági Központ, where many school-age volunteers help in daily duties as well.*

*In the office, there is a youth leader, an IT associate and an assistant worker too.*

*The youth center is open on Monday, Wednesday and Friday between 10AM and 6PM. On other workdays, the office opens later due to back office work.*

*The office's aim is to help young people not only by establishing the leisure room, but also with giving advice on topics such as studies, career, scholarships, dormitory, apartments, languages, school community services, A-levels, etc.*

*From this year on, our psychologist provides 'Anonym Advices for Teenagers'. This service is free of charge just like the other services (copy, print, scan, laminator, computers, etc). The team of the youth center also helps young people in implementing their ideas. ►*

## Description



### Hetedhét Game City:

Since 2009, the program 'Game City' has been organized every year. This is a 10-days event that promotes life and active social participation for 8-12 years old children.

The Hetedhét Game City's main principles are learning self-reliance, improving communication and networking abilities, talks about the importance of money, improving craft, creativity, problem-solving capabilities, conflict management etc. In Gyula, a second town emerges for children during this time, where 220-250 children and almost 70 adults work together yearly. Thus they can live their lives and create, lead the town, elect a mayor, cook, clean, create order, earn money, while laugh and make new friends.

Adult assistants (young volunteers, same age helpers, youth leaders, teachers, technical assistants) also have fun, since they not only help the children, but also provide examples for them through showing off their responsible work.

[www.hetedhetvaros.hu](http://www.hetedhetvaros.hu)

### Training for peer helpers:

Our Association launched this program for secondary school students in the Spring of 2007. In 2010, this programme was mostly available for primary school children of 7th and 8th grade too. Why is that? Because for secondary school students we cannot plan a long professional cooperation.

Now the target group is socially sensitive young people between the age of 13 and 15. They can get in touch with online game addicts, alcohol addicts and drug users.

Due to this training, the helpers also have the opportunity to get to know themselves better, reflecting upon their communication ability, improving their problem-solving capacity and gaining more information about how to solve certain situations. They will become people with healthy self-image after realizing upon their values. They will serve as examples for their peers. They will be happy to get to know themselves and will find those values that otherwise they would not realize when avoiding conflicts.

Through these processes, the helpers will be more open, they will pay more attention to



those peers who seemingly have problems. Thus giving and receiving help will merge between peers and their helpers.

#### Training patterns:

After the selection, self-knowledge and various ability development of young people begins. Realizing and discussing individual values will be given the lead role during the games. First of all, team members will introduce themselves and define their positions within the activities. This process will lead to mutual trust.

Also, defining passive and aggressive behaviour and learning about the difference between these two is a key element when it comes to assertiveness activities. Along with this, the target group's communication and empathy will most likely improve. It is also very important to talk about the decision-making and to realize what is important for the participants – and what is not.

Later, young people will learn the ways of giving assistance and they will be given an opportunity to discuss emotional doubts connected to this topic. Due to empathy labs, this element will become integral part of their personality. At the end of the session, our aim is to distract attention from the playful tasks as the main indicators of self-reflection, and re-orient it to the verbalization process as the real source of emotions. This basic ability will make young people becoming true peer helpers.

At the end of the training, young people will participate in a continuous supervision. ■





# Youth for smile

(Youth house)

Latvia



Ganību gatve 3, Bārbele  
Vecumnieku novads  
LV-3905

info@jaunatnesmaidam.lv  
www.facebook.com/youth4smile/  
www.jaunatnesmaidam.lv



## Context

### AMOUNT OF YOUTH

The number of young people depends on the season and weather conditions. In summer, 10 to 15 children and young people attend the youth center and offered activities. In winter period there are average 5-7 young people.

### POPULATION OF THE CITY

The youth house is located in a small village – Barbele. The approximate population of the village is 500 people.

### TARGET GROUP ADDRESSED

Our main target group is children and young people in the Barbele parish and the surrounding areas. As a youth organization we also work with young people in Vecumnieki county and Bauska county.

### PHYSICAL SPACE

The youth center is located in a building with a total area of 42 m2. On the second floor there is a possibility to stay overnight.

### STAFF/VOLUNTEERS

The Youth Center is run by local and international volunteers.

### BUDGET (FROM WHERE? FOR WHAT?)

The Youth Center is an initiative of a youth organization “Youth for smile”. Funding for building maintenance is linked to the projects and services.

### TIMING (OPENING HOURS / SEASONAL)

During winter, the Youth House is open from 16:00 to 21:00 and on Saturdays from 13:00 to 20:00. During summer, from Monday to Thursday from 16:00 to 21:00. ➤

## Description

“Youth for smile” is a youth organization for young people, who created their own world – Youth house. They renovated facilities and made this place feel comfortable for them. As a youth organisation, within our strategy, we point out five directions of our activities.

### 1. DEVELOPMENT OF ASSOCIATION.

Associations' development vision is based on three core elements – members of the organization's, the image of organization and professional capacity. Our members are children and youth, and youth work professionals.

### 2. YOUTH POLICY.

In collaboration with national youth non-governmental organizations and institutions responsible for youth, we want to encourage a stronger role of youth work in the region. It has continued to work in close cooperation with local governments, educational institutions, non-governmental organizations and young people.

### 3. PARTICIPATION.

Young people are the base for a local community development. Enhancing participation will be based on a number of key areas – social inclusion, creativity, cultural heritage identification, entrepreneurial development, and volunteering, local and international camps.

### 4. INFORMATION.

One of the priorities is to promote the awareness of young people.

### 5. INITIATIVES.

We are working with scouting methods. In regular activities, we use as well outdoor education and adventure pedagogic methods. We are working on establishing support center for youth and outdoor education center.

Youth House is a place where young people can spend their free time, meet friends and have different activities. During summer, the Youth House turns into an international volunteer home. On average, every year, we host 60 volunteers from all over the world who organize leisure activities for local children and young people.

For the most part, we use outdoor living methods and adventurous pedagogical methods. Youth house is for youngsters and volunteers is a base location.

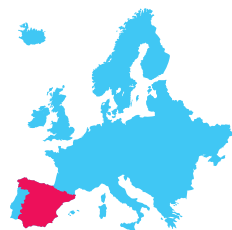
Organisation and youth house was initiative of the Renars Manuilovs who now have been in youth work for over 13 years. In activities he is trying to involve different youngsters and encourage them to try new things and to experience educational adventures. Renar thinks that his greatest achievement is still being able to understand and support young people. He increasingly is convinced that young people are facing lack trusted persons. They are looking for someone who can carefully listen to them and not to condemn them. ■





# Sabjove

## Spain



C/ Alcarava, 78  
San Antonio de Benagéber  
(Valencia)



## Context



**AMOUNT OF YOUTH:**  
1,777 between 12 and 30 years.

**POPULATION OF THE CITY**  
9,601 inhabitants.

**TARGET GROUP ADDRESSED**  
Young people between 12 and 30 years old.

**PHYSICAL SPACE**  
Youth information centre, Classroom, Computer classroom, Association Hotel, games and leisure space, meeting room, outdoor for outdoor activities.

**STAFF/VOLUNTEERS**

- 1 youth technician. Diplomat. Title of director of child and youth educational free time.
- 1 Technician in sociocultural animation.
- 8 youth correspondents. Voluntary scholar's students.

**BUDGET (FROM WHERE? FOR WHAT?)**  
The budget is of own resources and official grants. € 23,371 of budget for activities, personnel expenses are separate.

**TIMING (OPENING HOURS / SEASONAL)**  
From Monday to Friday from 10:30 am to 2:00 pm and 4:00 pm to 9:00 pm. ►

## Description

Sabjove is a Youth Centre that offers young people different actions and facilities:

**YOUTH INFORMATION CENTER:** It is the basic management axis of the Centre, its purpose is to provide young people with access to personal autonomy and, in terms of specialized service, has the objective of informing, guiding and advising on all their needs.

**STUDY ROOM:** Space that complements the rest of services destined to the realization of works and study. During the exam period, the schedule is extended.

**ASSOCIATION HOTEL:** It offers a service and resources specially designed for youth associations that favour the free promotion of associations: office, computer, meeting room, internet access, etc.

**QUARTERLY PROGRAMMING OF ACTIVITIES:** A booklet is published quarterly with programmed activities ranging from courses, exhibitions, competitions, workshops, multi-adventure activities, etc.

**CARVE JOVE ISSUE:** In our Youth Information Centre, you can get the Youth Card.

**YOUTH CORRESPONDENTS PROGRAM:** The youth correspondents are Secondary and Baccalaureate students selected to inform their peers of calls, resources, scholarships, grants, travel, European resources, youth cards, youth activities, etc., and they volunteer to act mainly as mediators between the administration and the young people through horizontal and close information. They get an annual scholarship of € 150.

**SÓCSABJOVE:** With this program we want young people to be involved in the programming of activities and to be the main protagonists, not only of the activity but also of the process of creating them. It gives you the opportunity to participate in the processes and to decide what, how, when and in what way you want your activities to be. We want to know what worries them, what interests them, what they enjoy, what makes them laugh and, ultimately, what they need.

1. Web # sócsabjove. Web of youth participation in which they can express their tastes, propose activities both in a group and individually and evaluate and interact with others and other young people.
2. Mailboxes of proposals and suggestions # sócsabjove. They will be located in their

school, in the institute, in the Town Hall and in Sabjove.

3. Through the youth correspondents of the educational centres.
4. Through the youth commission JUVSAB.
5. Personally, by contacting the youth technician in Sabjove.

**FÒRUM JOVE:** *sóc-fòrumjove* is part of the youth participation program that was launched in June 2017 to promote youth participation in San Antonio de Benagéber. It is a young participation forum, aimed at young people between 12 and 30 years old, with which we want to make effective participation in municipal youth policies.

To implement these youth policies, a participatory intervention is necessary and essential, in which the most important part is the young people. Therefore, youth policies that are not in accordance with the needs and demands of youth cannot be considered.

*sóc-fòrumjove* is considered as a place of meeting, debate and analysis of the needs of young people carried out by the young people themselves, a collaborative work where we will analyse the needs and shortcomings of local youth and try to draw clear conclusions to respond to those needs.

The main objective is the active participation of young people.

**A LA FRESCA, HEALTHY NOCTURNAL LEISURE PROGRAM:** Born from the need detected to carry out different activities with young people, as a leisure alternative to the leisure that they normally consume and to respond to needs of youth leisure non-existent in the municipality.

A LA FRESCA, aims to address youth leisure and free time through the following main areas:

- Education for leisure: Through workshops and activities that offer the possibility of knowing and enjoying alternative forms of leisure.
- Active participation, involving young people in the design and implementation of the project through the programming of activities that promote the meeting and participation of young people in the municipality.

**WEB AND SOCIAL NETWORKS:** We have our own website and we manage all social networks. ■



# 5

## Good practices

# 11.

## Financial budget related good practices



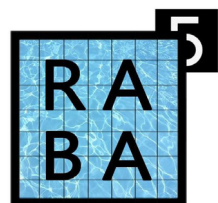
# Raba 5 MTÜ, Youth Center

Estonia



Turba 5, 80010, Pärnu

[www.facebook.com/Raba5official/](https://www.facebook.com/Raba5official/)  
[www.facebook.com/raba5indoor/](https://www.facebook.com/raba5indoor/)  
[www.instagram.com/raba5/](https://www.instagram.com/raba5/)  
[info@raba5.ee](mailto:info@raba5.ee)  
[www.raba5.ee](http://www.raba5.ee)



## Context

### AMOUNT OF YOUTH

In the Pärnu city there are approx 5 000 youngsters at age 7-26. To Raba5 youth center goes daily 40-50 young people. On weekends and event days there are of course more visitations.

### POPULATION OF THE CITY

Pärnu population is 40 000.

### TARGET GROUP ADDRESSED

Young people at age 7-26, but majority activities are addressed for 10-18 years old. Of course, younger and older are very welcome to join.

### PHYSICAL SPACE

Raba5 is very young youth center, it was opened on March 2018. It has very modern skatepark, shower rooms and leisure rooms. Youth center is still on the making. 2019 plan is to renovate 3 rooms (seminar and 2 smaller rooms), so more open activities for the youth can be organized.

### STAFF/VOLUNTEERS

Youth center has manager and 3 youth workers. Five trainers (skate, scooter and BMX-bike) are also considered to be insiders of the Raba5 team.

### BUDGET (FROM WHERE? FOR WHAT?)

2018 Pärnu city municipality partially covers some of the costs of the youth center, ex. they supported us through inclusive support money (in the framework of the inclusive budget project, the city residents decided to invest 40,000 euros) and the rest of the money is covered through different services and projects. We also received funding from National Higher Education and Hobby Funding 2017-18" – 35 000 euros, 2019 in 46,000 euros.



### TIMING (OPENING HOURS / SEASONAL)

Raba5 youth center is open on working days from 15:00 till 21:00. At weekends and school vacation times we are opened from 12:00 till 22:00. ➡

## Description

Raba5 is very young youth center, it was opened at March 2018.

Raba5 is very active at social media and even though we are not even a year old, we have over 9 800 followers through Facebook and Instagram.

We wish to grow bigger through our activities and participations and we are always looking for partners, who are interested to do some co-operation through (extreme) sport, healthy lifestyle, media or entrepreneurship projects.

In youth center every young person can realize his needs for extreme sport. Raba5 has very modern skatepark and has it's own skate, scooter and BMX-bike trainers aswell. All

training courses are always filled with young people, interested in learning some new tricks or just to drive.

Raba5 youngsters are also very social media interested, so there have been happening many gatherings with Instagram influencers etc social media starts. Raba5 has also very popular movie nights, where young people watch documentaries, autobiographical movies or lifestyle videos of youngsters interest. After every night movie gathering, youngsters talk about the watched theme and discuss about it's actuality. Raba5 is very interested that youngsters socialize, being very supportive of building up strong community.

The youngsters have opportunities to gain new experiences, learn useful skills and abilities in trainings, creative workshops and competitions. They can develop their knowledge in language/discussion clubs, photo/video and creative workshops, non-formal meetings, trainings and other activities. Raba5 youth center practices only non-formal education in its work and encourages the youngsters to be civically engaged by volunteering their time to good causes. ■



## Consortium of MAG House: LivingSpace Community and Municipal Developing Association (Owner organisation)

Kerecsen Youth Association, Komárom Civil Association, Hungarian Association of Civil Community Houses, Komáros Foot Archers, Komárom Musician Association.

### Hungary



2903 Komárom, Csendes u. 8.  
34-526-955

eletter@novonet.hu  
www.mag-haz.eu

## Context

Based on the 2011 Census data of Komárom, the number of inhabitants is 19,284 people, of which the number of people under 15 is 2,819. The number of young people (under 32) employed in the associations is 8, the total number of employees is 24. Number of volunteers: nearly 100 people, working on a daily, weekly, monthly basis or occasional regularity. In the rural environment of Komárom, we work in a community house in Koppánmonostor, in cooperation with 6 organizations in the consortium, open on weekdays from 7 am to 5 pm. But the consortium organizations and additional partners use the building and the infrastructure besides these hours so we have activity every day of the week.

The total revenue of the six organizations in 2017 was 85,427,000Ft, of which 11,917,000Ft comes from sales, 215,000Ft from membership fees and 76,504,000Ft from aids and donations. Our total expenditure was 68,871,000 HUF, of which personal expenses are 27,990,000Ft, material-type expenditures are 30,730Ft, other expenditure is 10,151Ft, including the maintenance and operation of the building. ►



## Description



The Mag House built in Komárom is a community space based on the model of the 'desirable organization of community cultural learning', which is operated by the building owner's organization (Living Space Association) and by the consortium of five other organizations, in the principle of civil self-government and control.

The Mag house was opened in 2007. It was completed with a one-and-a-half years of intensive collaboration, volunteer work and substantial financial support (associate private individuals), which continuous expansion also provides a wider range of services. The owner organization has been striving for sustainability during the construction and has been systematically exploring the opportunities that can ensure long-term operation and maintenance. The Mag House model is based on the adaptation of the MJC (Maisons des Jeunes et de la Culture) in France, where the cornerstone is the community (organizational) alliance and co-operation.

The basis of the Mag House is the various associations and foundations that cooperate in a joint decision, identifying the reasons for which they come together in the community

and in the economic field.

They are keen to jointly maintain professional leadership, secretarial services and bookkeeping to make better use of their premises. The Mag House is more representative of the diverse interests of the public, and the amounts in the 'common' budget enable more diverse activities than fragmented at organizational levels. Under the freedom of association, any section may, of course, have the right to withdraw from the consortium and to pursue its activity independently.

There are co-operative and associate members besides the Consortium of Mag-house. Associate members include both legal persons and professionals who are selected for their expertise. Collaborating members are only legal persons who are related to a member of the consortium within the framework of an agreement for the realization of goals in projects, programs and developments.

The consortium holds a general assembly once a year (1 organization per vote), which is summoned by the professional manager in writing. The consortium – similar to the operation of the general assembly - discusses



and accepts the content and financial reports of the Consortium (Mag House) and its member organizations (associations), determines the budget and professional trends for the following year, the sovereign aspirations of the member organizations and its connections to the consortium. Decisions are made by an absolute majority. Both natural and legal persons have one vote. The membership number of the consortium is composed and provided by the representatives of the organizations composing the consortium. Their decisions are controlled by the professional management mandated by the consortium, relying on the resources of the consortium.

The consortium is represented by the professional management of the consortium, it is responsible for allocating the expenditures, approving the revenues, communicating the action policy with the consortium and its member organizations, and overseeing their implementation. The consortium operates not on the principle of social equality, but on the principle of social justice, which means that its members are joining with the possibilities of their own human and material resources.

Thus, the member organizations do not contribute equally, they contribute to their common goals in accordance with their resources. The community space – operating uninterrupted for nine years now – fulfils its function in a way that building on the autonomous goals of the involved organizations it is a rich life space for local communities.

The Mag House is a place of democracy: apart from it, we can only handle our business within all kinds of hierarchies, under control, either in a subordinate or in a superior position. There is hardly anywhere to learn and practice the equal and solidary cooperation with others. Of course, it cannot be 'just like' encourage / advocate a cooperation; it is enough to have a jointly prepared goal and task system, which makes clear not only what is to be done, but reveals the not yet known leaders and the various roles as well.

The formation of a civilian structure is a goal and a tool of living a more conscious civic life, at the same time a modelling exercise for the functioning of municipal democracy. Those involved in it will give the opportunity to actively participate in social life for those who welcome it and thus provide space for action. This is nothing but the basis of civil

*society; volunteering, self-motivation, self-government, self-management. Its task is to contribute to develop the friendly, sincere and solidary relations of the local society. Organizations in it – even if their members are of a different person from different ideological, denominational, etc. policies and views, – conduct their activities uniformly, regardless of any political trend. ■*





# Ventspils youth house

Latvia



Kuldīgas 13  
Ventspils, LV-3601

+37120238456  
jauniesumaja@ventspils.lv  
www.jauniesi.ventspils.lv



## Context

### AMOUNT OF YOUTH

There are around 6000 youngsters in the city of Ventspils.

### POPULATION OF THE CITY

Overall population of the city is around 36.000 people. 65% Latvian, Russian being the biggest minority group.

### TARGET GROUP ADDRESSED

Young people from 13 to 30 years old.

### PHYSICAL SPACE

Overall space of the building ~700 m<sup>2</sup>, used space ~200 m<sup>2</sup>. Used space has been renovated by youngsters. The building has a National landmark status.

### STAFF/VOLUNTEERS

2 employees in the board of education. 2 employees in the NGO "Ventspils Youth council", 2 EVS volunteers.

### BUDGET (FROM WHERE? FOR WHAT?)

70000 EUR from municipality for maintenance costs (electricity, water, garbage ect.), salaries, activities. Most money (around 60000 EUR) for activities comes from projects written by the NGO "Ventspils Youth council".

### TIMING (OPENING HOURS / SEASONAL)

Opened on workdays from 14:00-19:00. Mostly closed in summer. For activities opened also on weekends and summer. ➤

## Description



Ventspils youth houses was opened after a long lobbying process by the NGO "Ventspils Youth council". The house itself belongs to municipality, and the youth house is an institution under the education board of the city of Ventspils. Since the idea to open the house came from the NGO, Ventspils' municipality has signed a contract to delegate the NGO to work with 3 main objectives – youth information, initiative support, and non-formal education.

The youth house was renovated by young people and is located in 250-year-old building with more than 700 m<sup>2</sup>. Now only around 200 m<sup>2</sup> are used, as the building needs a serious restoration.

The youth house is an open space for young people and people who want to do something with youngsters. Organizations making events for youngsters can get premises for free, while youngsters can use it to create their own initiatives.

Employees from the board of education are focusing on support to school student businesses, and employees of the NGO are focusing on non-formal education, information and initiative support, helping youngsters do their own projects. We also have 2 EVS volunteers that are doing different events in the

youth house.

There is also a group of youngsters called the council of Ventspils Youth house, that are organizing different events and making decisions about youth house.

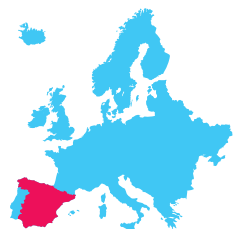
Financially, the youth center is supported by different sources of income:

- By municipality for maintenance costs (electricity, water, garbage ect.), salaries, activities.
- By projects written by the NGO "Ventspils Youth council" (for main activities);
- By services – trainings, consultations etc. provided to the other organizations (NGOs, associations, businesses). ■



# Espai Jove

## Spain



Parc Alteró  
46460, Silla (València)



## Context

### AMOUNT OF YOUTH

In the year 2018 in Silla, there were a total of 4,078 young people.

### POPULATION OF THE CITY

18.467 inhabitants in 2018.

### TARGET GROUP ADDRESSED

Young people between 12 to 30 years old, which is our target audience.

### PHYSICAL SPACE

Inside: Coordination Space, a diaphanous classroom of 125m², kitchen, music room, classroom chill-out.

Outside: Terrace porch, Ping-pong table, Soccer field 7, Road Education Park

### STAFF/VOLUNTEERS

Own landlines:

- Head of the Citizen Animation Area.
- Youth Technique / Youth Reporter
- Subalterns
- 2 Free Time Monitors
- Monitors and promoters of eventual campaigns.

External:

- Cleaning company.
- Companies of punctual services of infantile animation.

Others:

- Practical Students (Social Work / Social Education and TASOC)
- Specific projects (Dipu te Beca, AVALEM)
- Europeans Volunteers (EVS)

### BUDGET (FROM WHERE? FOR WHAT?)

The main source of funding is the budgets of the Silla City Council. For the year 2018, the Youth Centre is € 154,000 including Chapter 1 (personal) and Chapter 2 (Miscellaneous expenses).

### TIMING (OPENING HOURS / SEASONAL)

Our schedule is from 10 to 14 and from 17 to 20h from Monday to Friday although some weekend activities are carried out.

Among them, we have a nocturnal leisure activity every month.

In addition to the usual hours of service to the public and specific activities that are not periodic every year, as they fluctuate, the activities that are carried out continuously are:

- January: Course of monitors
- February: Erasmus +
- March: Environmental volunteering in the Albufera
- April: Easter School
- May: Courses new technologies adult people
- June and July: Summer Schools-Camp-Storytelling Festival Paraules al Vent
- August: Holidays
- September: Interventions in Institutes
- October: Start JOVESACTIUS project (until May)
- November:
- December: Christmas School-Jove Fair Cards Contest ➡

## Description

In October 2016, the neighbours of Silla participated in the design of the architectural project of the unfinished work of the civic centre of the Alteró Park. The municipality of Silla determined by popular vote in the first popular survey of the history of Silla that this space was destined to a youth and child information centre, called ESPAI JOVE.

In this process, we worked with different population groups (children, adolescents, youth, mothers, fathers, neighbours and associations, including the working personnel of the Youth Area). The great majority of participants were neighbours and neighbours of the closest environment to the Alteró Park. Each population group had its space for participation, its time and its own methodology.

Young people formed work groups that were energized by the animators of the Youth team on site. The children could participate in the same park with the monitors of the Casal Jove, with play activities specially designed for them, while the teenagers also made their proposals in the Alteró sports field. Meanwhile, the staff of the City collected the proposals of mothers, fathers, grandparents, grandmothers and neighbourhood in general that, as every afternoon, was expanded in the park.

Later citizenship was attended in general and associations with the presence of the municipal architect who explained all the relevant aspects of the project (deadlines, budget, minimum technical requirements, various design possibilities, etc.) before going to collect observations, proposals and comments from the audience throughout a very pleasant talk where everyone could intervene and debate.

Young people who participated in the process belonged to the JOVES ACTIUS project, which is implemented between the ages of 13 and 16 in the Youth Centre. This participation proposal was carried out in the centre's own work since spaces and uses had to be designed.

Throughout the afternoon and through participatory methodology, debate and positioning the young people were describing:

- How they wanted the spaces
- Uses of spaces
- Material
- Equipment
- Schedule



Of all the proposals, a document was made which was later handed over to the Urban Planning Area for it to design the plans and thus their implementation.

The spaces and uses are those that are detailed in the section of interior spaces.

In the year 2018, the young people were reunited to decide the interior furniture in the centre. Proposals and catalogues were presented so that they could decide from their priorities the furniture, the music room and the kitchen. This budget amounts to € 40,500. ■





# 5

## Good practices

# 12.

## Youth participation in Youth Centres



# Paide avatud Noortekeskus

(Paide Open Youth Center)

Estonia



Lai 33, Paide

+372 385 0431  
reima@paideank.ee  
www.paideank.ee



## Context

### AMOUNT OF YOUTH

In Paide there are over 1000 youngsters.

### POPULATION OF THE CITY

In total there are around 8000 citizens in Paide city.

### TARGET GROUP ADDRESSED

Mainly the target group contains youngsters between 7-18 years old.

### STAFF/VOLUNTEERS

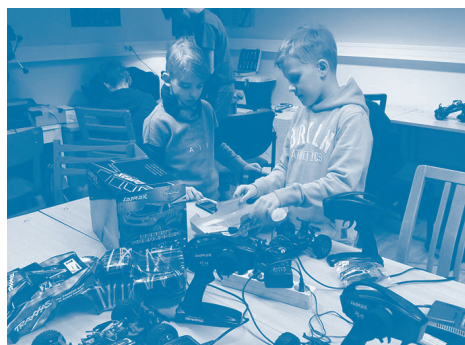
The staff includes: 4 youth workers and a manager.

### BUDGET (FROM WHERE? FOR WHAT?)

Mostly the budget comes from Paide municipality and from projects. And its mostly used for different activates inside the youth centre (we have built relaxing environment for youngsters where they can feel free and do what they want) also its used for different activities(workshops, trainings, events, camps).

### TIMING (OPENING HOURS / SEASONAL)

Paide Youth Centre is opened from Monday to Friday 2pm till 7pm, Saturday from 12pm till 7pm and closed on Sundays. ➡



## Description



1. In Paide Open Youth Centre we have extra program for **youngsters who are not working or studying**. We have 1 youth worker who is organising different events and programs for these youngsters. We have program for first working experience "My Story...", during this program the youngster will get their first experience of work, modulating CVs, participating in work interview.

Also there are case-based working, some youngsters will resume their studies, some are going to work.

2. We have **leisure and working camp** in summers. So 70 Paide town youngsters can participate in camp, they will get some pocket Money during their working time. Also in camp, there are carried out some activities related to developing social skills. Activities and working are integrated.

3. **Logbook in computer**. Youngsters who are visiting youth centre will log in into computer, where workers can see the statistics and visibility. This programs give good information for workers.

4. **Youngsters events in town**. Youngsters carry out different events in town level, they organise

and carry out as well.

5. **Youth Centre's activities**. Different overnights and events (anniversaries) done in youth centre, youngsters are planning those as well.

6. **Hobby activities**. We have different hobby activities (cooking, parkour, model car, sports)

7. **International youth work**. We are doing and participating in Erasmus+ programs, such as voluntary service and youth exchanges.

8. **Youth Council**. Third constitution of Paide town Youth Council is working right a moment. They participate in making of Paide town youth work development plan and they also have their own project fond. Paide youngsters can write projects and they decide how the projects will be financed. We have also Järvamaa Youth Council who includes 20 young people from different parts of Järva County. The Järvamaa Youth Council brings the voice of young people to the young, offering them the opportunity to carry out themselves and helping them with advice and strength.

<https://www.facebook.com/jarvamaanoortekogu/>



## Zala Association of Returnees

(Mertin House Centre and Youth Centre)

### Hungary



8790 Zalaszentgrót  
Batthyány Lajos utca, 34

[hazaterok@gmail.com](mailto:hazaterok@gmail.com)



## Context

*Our Association is Non-Governmental Organization, founded in 2006. Our activity is carried out in Zala County, mainly in Zalaszentgrót and in 20 townships of the Zalaszentgrót district.*

*At the beginning, we did an instinctive youth development. We did our job in the direction we thought was important to us and what we thought was needed for us and other young people as well. After our own self-development, we have become a service provider and we constantly monitor the thoughts of young people and the needs of the locals.*

*Today we are a non-governmental organization that develops communities and deals with youth advocacy, competence development, organization of leisure time activities. We keep working on increasing the local identities of young people living in small townships, helping small communities, families, women on maternity leaves, with mother&baby clubs, childcare, family programs and consultancy.*

*We currently have a full time and a part-time employee. As a place welcoming volunteers, we work with a number of them who help our programs. The number of our volunteers is program-specific, and we currently have 56 volunteers in our register. Our association is funded from tender sources and the local government subscribes to our operating expenses with a subsidy of 250 000 HUF per year.*

*In brief about Zalaszentgrót:*

*Zalaszentgrót is located in the less developed region of Hungary in the Western Transdanubia region, on the inner periphery of the north-eastern corner of Zala county, on the border of Vas and Veszprém county. It is as far from the border, from the Lake Balaton, from the motorway and from the metropolitan centres of the area, so that the area is less effected by the impact of favourable economic processes and opportunities. Population: 6500 people.*

## Description

*Approximate number of youth in the town:*

- *primary school children: 500*
- *youth aged between 14 and 20: 439*
- *youth aged between 21 and 35: 1219*



The Zalaszentgrót region has a several decade-long history of caring for young people deliberately. This first Municipal Children and Youth Council was established in Túrje, and numerous programs were running which focused on staying of young people and increasing their sense of identity. As a result of these programs, a large number of young people have been involved in decision-making, as well as in civil society organizations. This process, however, came to a halt, and the Municipal Children and Youth Council stopped existing.

Our association has been working in the region for a decade, for young people and for families living in the area to feel better, so that children and young people are better connected to the region, to their place of residence. During our work with children and young people, we have been discussing the needs of young people with decision makers and key actors of the city. Many times we met the decision-makers together with the youth. We had to admit that it was very difficult for them to formulate and say their opinion, which was interfering the dialogue with the decision-makers. Over the years, we have been trying to teach young people that their opinions are important and they should tell them to the decision makers. In 2016, we established the Children and Youth Local Government of Zalaszentgrót with the aim of representing the interests and needs of young people more accurately and in an organized manner. However, this was not simple. This is the result of several years of our work since this was the first Children and Youth Local Government in the life of Zalaszentgrót, which is not a student government, not based on a school, but based on young people living here.

In the first round Zalaszentgrót was divided into 10 districts and we organized a multi-round contest among young people living in different districts. In line with, we began working on workshops with the group of young people living in the town who we know about creating the electoral regulation. The electoral regulation stipulates that the members of the Children and Youth Local Government may be from 10 to 25 years of age. We have received a lot of help from our partner organizations which operate in a town where a Children and Youth Local Government is already existing, and we were also helped by the National Children and Youth Government Association.



The competition between the districts was aimed at getting acquainted with the communities of active young people living in districts, who also helped to compile the electoral poll. They have gathered who live in their neighbourhood from this age group and sent out notices - delivered by young volunteers - to young people about the elections and their inclusion in the electoral poll. We have left time for them to cancel themselves or to put themselves onto the electoral poll. We have reviewed the election rules through online and offline tools, we informed the population about the election. This was a reported data collection for the authorities.

According to the Electoral Regulation, the nominations had been made – recommendation slips had to be collected for the representatives and the mayor as well. After checking these, the election was held. Representatives were candidates in different districts, 10 candidates were allowed to get votes. Young people living in that district could only choose from members of their own district. The mayor was elected at municipal level. The panel is composed of ten representatives and one mayor. The elections were held separated in each district with their own counting committees.

After the elections, a new job started together with the established body. Our task was to teach them to work in groups, to make rules, to negotiate with decision-makers, to represent the opinions of their peers, to organize events. In order to these, we organized trainings, study visits, regular meetings for the youth.

Human capacity, equipment, resources and materials needed for the establishment and running of the Youth Local Government:

- Its foundation was supported by 30 young volunteers (creating election regulation, informing young people, conducting elections), coordinated by the two colleagues of our association
- For operating it, one mentor from our association is needed permanently
- Running trainings
- The support of the local government is needed. The local municipality provides 700 000 HUF operating grant annually for their work, which includes the costs of their programs. The budget is prepared by the youth and receives the money based on it.

- Providing venue for permanent meetings - every two weeks, as often as necessary. It is important that they take ownership, come in whenever they need it. It has to be independent of the local government.

Nowadays, the second government body is doing its job, they keep becoming more independent. They organize a number of local programs for their peers, connecting young people, participating in the town's life. So much that this year, on their initiative, Zalaszentgrót applied for the UNICEF Child Friendly City award and they won it. This is a tremendous recognition of the young people, our association and the town for the successful work done with and for the young people. The Local Government of Zalaszentgrót participates in the life of Zalaszentgrót, the local government asks for their opinions, takes part in certain local events, carries out a number of their own programs, organizes youth forums for bringing together their peers' needs. ■





# Youth studio "BaMbuss"

Latvia



Brivibas Street 204  
Riga

jsbambuss@gmail.com  
www.facebook.com/jsbambuss  
www.jsbambuss.lv



## Context

### AMOUNT OF YOUTH

In Riga city there are 72 300 youngsters and yearly around 700 young people attend youth studio "BaMbuss".

### POPULATION OF THE CITY

Riga, capital of Latvia has population 641 000.

### TARGET GROUP ADDRESSED

Young people in age 13-25, but some activities also are addressed for younger people, starting from 7 years and also older people can join to activities if they would like to.

### PHYSICAL SPACE

Youth studio has physical space 146 m2 and youngsters were involved to design space themselves. "BaMbuss" has training space, working space, studio, chill space, kitchen, sanitarities.

### STAFF/VOLUNTEERS

In youth studio are 2 staff members, 2 European volunteers and around 15 active local volunteers.

### BUDGET (FROM WHERE? FOR WHAT?)

From 2018 Riga's municipality partially is finance space costs of the youth studio and the rest of the money is covered through different projects run by "Baltic Regional fund" who is the legal representative of the "BaMbuss".

### TIMING (OPENING HOURS / SEASONAL)

"BaMbuss" is open on working days from 12:00 till 19:00, but youngsters can run activities also later in the evenings or in the weekends if they in advance inform manager of the youth studio. ►

## Description



Youth studio "BaMbuss" was created by BRF in 2014 as a private initiative with the financial support of the Norway grant and already since beginning young people were involved to design rooms of the youth studio and activities.

In studio every young person can realize its wildest dreams or build crazy innovative projects. The youngsters have opportunities to gain new experiences, learn useful skills and abilities in trainings, creative workshops and competitions. They can develop their knowledge in language/discussion clubs, photo/video and creative workshops, non-formal meetings, trainings and other activities. Youth studio "BaMbuss" practices only non-formal education in its work and encourages the youngsters to be civically engaged by volunteering their time to good causes.

Most of Young people who discover "BaMbuss" end up coming several times afterwards, and all local volunteers started as participants in activities and later become volunteers who started to run their own activities. Volunteers implement their ideas and run their own workshops what includes to design activities, to do social media campaigns and also often to lead activities themselves. Later they start to write small local projects and continues with

international projects, like "Erasmus+" Youth Exchanges. We can say that young people "make a career" in "BaMbuss" what later helps in their further lifes – in studies and job market. "BaMbuss" approach is learning by doing and we strongly believe that this is the best approach. ■



# La Torta

## Spain



C/ Clara Campoamor, s/n  
Picassent (Valencia)



## Context

### NUMBER OF YOUNG PARTICIPANTS:

80

### TOTAL POPULATION OF THE LOCALITY:

20,785

### TARGET GROUP:

Delegates of the High School l'Om Picassent, which has a population of 700 students, as well as delegates and delegates of the concerted centre Sant Cristòfor Martis of Picassent.

### PHYSICAL SPACES:

Youth Centre Casa Jove LA TORTA, Casal Jove, High School l'Om.

### COORDINATING TEAM - VOLUNTEERS / ASSOCIATES (HOW MANY, DEGREES, ETC.)

- 1 Assistant technician of youth (Social worker)
- 1 Youth leader (social educator)
- 1 administrative assistant (graduated in Administration)

### BUDGET (WHERE DOES IT GO OUT? WHAT CONCEPTS ARE USED FOR?)

The expense generated by this project is concentrated in chapter 1, from where they pay the salaries of the workers.

### SCHEDULE (CALENDAR OF ACTIVITIES AND HOURS):

The project starts in September and ends in May. The sessions are developing weekly alternating between the study centre and the youth house La Torta. ➤

## Description



We understand La Torta as a collective work for the purpose of social utility, for the realization of shared work in search of a common good. The importance of La Torta lies in the attitudinal value of the participants through their mobilization and organization highlighting the values of leadership, solidarity, companionship and satisfaction for the common good.

It is a pilot project since it is the first year presented in the municipality.

Is a youth social participation project that is carried out together with the Institute of secondary education High School L'OM. It is open to all young people of the IES who wish to participate and participation is totally voluntary.

It has a triple aspect, always taking into account the affective development and social participation of young people who participate, on the one hand, aims to provide mainly communication tools for young people in the municipality, on the other hand, they intend that they fulfil a task of agents multipliers within the centre itself and in the municipality of those activities offered by the Casa Jove and in a third instance it is intended that this group of Young people are involved in municipal youth policies and may even take decisions.

Right now a negotiation workshop has been held with a large acceptance by young people and work continues in the channels of communication created for that purpose. The following scheduled workshops are: Creative writing workshop, Co-education workshop, Social networks workshop and use positive communication, social skills workshop, workshops intergenerational, etc. ■



# 5

## Good practices

# 13.

## Extra good practices



# Lille Youth Center

Sub-office of Tartu Youth Work Center

Estonia



Lille 9, Tartu, Estonia

Tel +372 736 1689  
[www.facebook.com/lille.maja.1](https://www.facebook.com/lille.maja.1)



LILLE  
 NOORTEKESKUS  
 TARTU NOORSOOTÖÖ KESKUS



## Context

### AMOUNT OF YOUTH:

Around 12 300 visits per year

### POPULATION OF THE CITY:

93 715

### TARGET GROUP ADDRESSED:

Youth from 11 y/o to 26 y/o.

### PHYSICAL SPACE:

Open youth room in cellar where are two different rooms with billiard and foosball table, Xbox, lots of board games, cooking and different time spending areas.

### STAFF/VOLUNTEERS:

3 youthworkers, 1 youthworker-manager, 1 European volunteer

### BUDGET (FROM WHERE? FOR WHAT?):

from city municipality budget, for the building maintenance and supplies, activity materials, salary and events.

### TIMING (OPENING HOURS / SEASONAL):

11 months per year, from Monday to Thursday 14.00-19.00, Friday 14.00-21.00, Saturday 12.00-15.00. ➡

## Description



Office administered by the Tartu City Government Lille Maja is a youth work organization in Tartu, which operates under the authority of the Tartu City Government Culture Department.

Lille Youth Centers main focus is on open youth work. There are different activities every day (cooking club, drama club, board game club, design club) what youth workers lead and what are optional and free for youth. At the same time for those who doesn't want to participate is possible to do different activities (to do home work and get help with it, play board games, pool or football, etc.)

Every Friday different events happen which are organized by youth themselves. Cooking challenges, movie nights, pool or football-table championships.

In addition to open youth work, other youth center fields of activity are:

- Drama methods in youth work: forum theater, sensory labyrinth theater.
- Social skills trainings and programs for student groups.
- International youth work: European

voluntary service, internships, work placement, youth exchanges.

- School break programs and camps.
- Counseling: Facebook, active listening, motivational interviewing, contact work, communication trainings.
- Over city events and activities outside of the youth.
- Hobby clubs: drama, design, fashion, drones, photography.

Active youth are involved organizing events and activities, they often lead the workshops, take part of drama methods and so on.

The slogan of the youth center is discover, care and act and these are principles what daily work is guided by. ■



# Orissaare Avatud Noortekeskus

Estonia



Saaremaa vald, Orissaare 94601,  
Kuivastu mnt. 29

orissaare.noortekeskus@saare.ee  
[www.facebook.com/orissaareank/](https://www.facebook.com/orissaareank/)



## Context

### AMOUNT OF YOUTH

*In our region there are around 450 youngsters between age 7-26 and around 100 take daily part of youth center. In addition, 21 kindergarten children take part from weekly ceramics course.*

### POPULATION OF THE CITY

*In Eastern Saaremaa there are around 2500 people meanwhile in Saare county there are around 34000 people.*

### TARGET GROUP ADDRESSED

*Our target group are youngsters aged 7-26.*

### PHYSICAL SPACE

*We have two story building with total space of 418.2 square meters. Centre has kitchen, room for ceramics and other art activities, games room, leisure room, sound recording studio, robotics room, main office and sanitary rooms.*

### STAFF/VOLUNTEERS

*In the youth center there are 2 youth workers and 4 class teachers.*

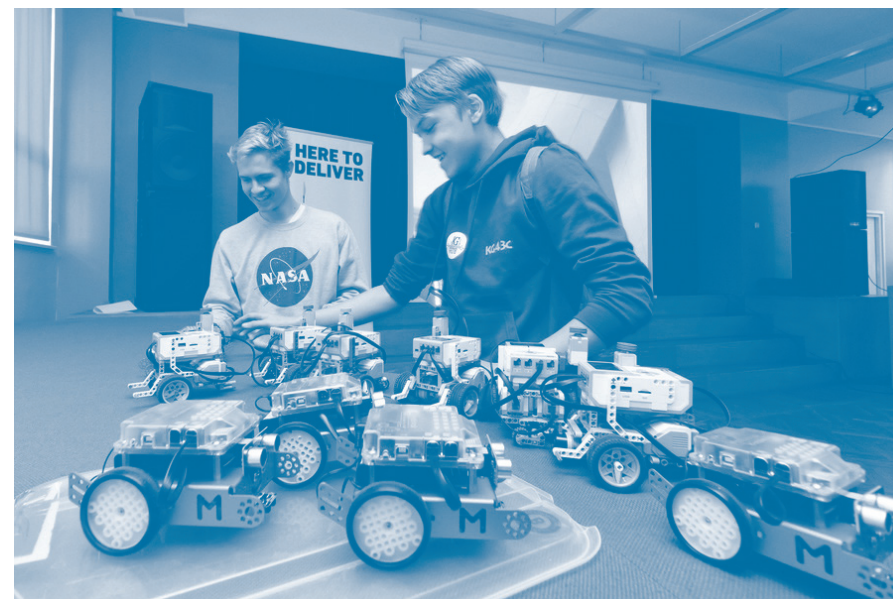
### BUDGET (FROM WHERE? FOR WHAT?)

*Youth center is Saaremaa county subordinate establishment, we have our own budget. 2017 and 2018 we got support from National Higher Education and Hobby Funding.*

### TIMING (OPENING HOURS / SEASONAL)

*We are open from Monday to Friday 13:00 to 17:30. In the evenings and weekends we are open for birthdays and other activities. ➤*

## Description



Orissaare youth center opened in December 2013 to offer different leisure time activities to youngster outside of school and close to home. Youth center provides opportunities for youngsters to take part from different cooperation projects, we are actively cooperating with other youth centers in Saaremaa. We have a very good sound studio "Kuke studio", where young people can record stories from both computers and instruments.

Our latest most favorable activities are ceramics and robotics classes. At first robotics was only available in High school but since 2013 with opening of youth center the robotics class move to the center. Big interest into robotics has brought us many youngsters who haven't take part from activities beforehand and now are much more active in different youth center activities.

Robotics is an area where you can only compare the results with other people works. For today all the best contestants on competitions have robots working on EW3 base. Robotics can be practiced on older NXT set but no one wants to compete with these older generation sets. So, we have written different projects to gain access to newer generation sets to stay in

the competition. At first the class was taken through by high school students but at the moment it's taken through by high school head teacher and mainly first and second grade children are taking part of it. To this date for older students we are searching more experienced teacher.

<http://poistetiim.simplesite.com/439455493>



# Association of Estonian Open Youth Centres

(AEYC)

Estonia



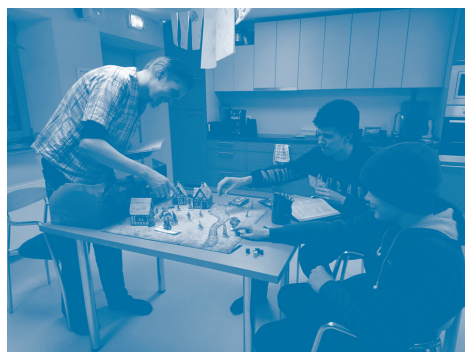
National ID: 80165169  
Erasmus+ PIC: 940026613

Veski 4, Põltsamaa 48106,  
Estonia

+372 58091010  
ank@ank.ee  
www.ank.ee



## Context



### AMOUNT OF YOUTH

2016-2018 - 135 implemented ideas (over 250 applications). At least 2 to 5 youngsters in every group. 52 funded ideas for now in 2018.

### POPULATION OF THE CITY

Project fund is opened to youngsters all over Estonia.

### TARGET GROUP ADDRESSED

Youngsters at age 7-26.

### PHYSICAL SPACE

Application process in Internet (also Skype, Facebook, blogspot, messenger), projects all over Estonia.

### STAFF/VOLUNTEERS

Program manager and youth worker (also volunteering youth leaders who support their local youngsters).

### BUDGET (FROM WHERE? FOR WHAT?)

105 949 in year, max 2000€ per project (budget from European Social Fund).

### TIMING (OPENING HOURS / SEASONAL)

Year around, depends the budget. ➤

## Description

Association of Estonian open youth centres is a umbrella organization for open youth centres, there are about 154 members located all over Estonia (youth centres).

One program, which is conducted by AEYC is youth initiative fundation called Nopi Üles (Pick Up). The aim on this project fund is develop the community through youth initiative projects. It is a program for all the youths no matter where they live, but the aim of this fundation is not only to share money, but counsel youngster through their project. The tools of counseling are Facebook, Skype, e-mails, Messenger etc., which means, that program can reach to everyone and everywhere.

The application is really youth-friendly and supportive:

- 1) At first, the youth group have to fill a form in Google docs, where they can explain their idea. Why? The most important thing is IDEA and active youngster, not the writing skills.
- 2) The youth worker will contact with the youth group to arrange the Skype meeting (counseling)
- 3) In the Skype meeting, the youth group explain their idea, where it came from, why it is necessary to community, the budget and schedule etc.
- 4) Youngsters will do a poster or a video about their project. The poster/video will go the to Nopi Üles Facebook page, where the community can "like" the ideas. When the poster/video will get 200 likes, then the youngsters will get the money to realize their idea.
- 5) All the reports are uploaded in Nopi Üles blog, where the community and other

youngsters can read about the projects – how did it go, what were the problems, how did the community support youngsters, what did they learn through project, shared thoughts and so one.

**Conditions:** at least 2 young people in one group; max budget 2000€; no co-financing; project have to develop the community as well as youngsters; project activities have to be open to everyone who want to participate.

### Aims:

- Active youngsters who develop their communities.
- First experiences with projects.
- Digital tools and developing digital skills, youth information through internet.
- Community can see, what youngsters are doing and can support their ideas through Facebook.
- Municipalities will trust the youngsters more (project leader skills, initiative, youngsters ideas are worth listening to etc.)
- Counseling throughout the project when needed.

**Funded ideas:** hobbies, events for youngsters (long-term effects), developing and repairing public áreas, trainings, developing open youth work etc.

Posters/videos/ideas:

[www.facebook.com/nopiules](http://www.facebook.com/nopiules)

Reports/pictures:

[www.nopiyles.blogspot.com](http://www.nopiyles.blogspot.com)





# Emmaste Leisure Centre

Estonia



Emmaste, Hiiumaa island

emmastevak@hiiumaa.ee

[www.facebook.com/emmastevak/](https://www.facebook.com/emmastevak/)



## Context

### AMOUNT OF YOUTH

In Emmaste, there are about 238 young people between 7-26, in Hiiumaa about 1868 youngsters between 7-26.

### POPULATION OF THE CITY

In Hiiumaa island there about 8000 people.

### TARGET GROUP ADDRESSED

Young people in age 7-26.

### PHYSICAL SPACE

Emmaste Leisure Centre have physical space about 500m<sup>2</sup>.

### STAFF/VOLUNTEERS

In Leisure centre are 2 youth workers, 1 sport worker and manager.

### BUDGET (FROM WHERE? FOR WHAT?)

Local municipality and from different projects. Budget is covering everyday activities and project own contribution. Also up-keep of the building – heating, electricity etc.

### TIMING (OPENING HOURS / SEASONAL)

Leisure Centre is opened from Monday to Friday 13.00-18.00. ➡

## Description



Emmaste Open Youth Center provides local and provincial qualitative open youth work for youth between age 7-26. The organization has been working since 14th of February 2007. At that time there was only one room for activities. 2010 was opened renovated building with two floors and full equipment (handicraft room with burning kiln, media room, kitchen etc.) funded by European Regional Development Fund. There is a hope to open second for every day use room for youth center as a part of the Emmaste Leisure Center apart from main center, now it is open for young people twice a week. Also, the young people have everyday possibility to use sports hall with all infrastructure around it without extra fee.

### Main activities:

- Coordinating and developing youth work in Hiiumaa at Emmaste area.
- Youth information.
- International youth work.
- Youth projects and labor camps.

- Open youth work: provide activities for youngsters to spend their spare time.
- Prevention activities.
- Supporting youth initiative and participation.
- National and international cooperation with youth workers.

The organization fulfills youngster's spare time and encourages development of the youth work. Priorities are to provide opportunities for self-development through different activities, support their personal improvement and their socializing skills in the society.

Youngsters can go to youth house and use the Internet, play different board games, pool, air hockey, table soccer, x-box, listen to the music, meet friends. Lots of events are held like cooking, handicraft and adventure workshops, camps, movie nights.

Emmaste Open Youth Centre is a member of Association Estonian Open Youth Centre. ■



## Name of the youth Center

Hungary





## Name of the youth Center

Hungary



## Name of the youth Center

Hungary





## Name of the youth Center

Hungary



# Dobele Youth Initiatives and Health centre

Latvia



Latvia, Dobele

djivc.dobele@gmail.com  
www.facebook.com/djivc  
www.djivc.lv



## Context

### AMOUNT OF YOUTH

3 237

### POPULATION OF THE CITY

10 114

### TARGET GROUP ADDRESSED

Mainly youngsters, and people who work with them (youth workers, teachers, social workers, parents).

### PHYSICAL SPACE

#### Main office building

First floor - 6 cabinets, kitchen and two WC's  
Second floor - 4 cabinets, 2 small conference rooms, bathroom with WC

#### Leisure building

1 office room, 2 leisure rooms, kitchen and 2 WC's

#### Countryside seminar house

2 conference rooms, 2 kitchens, 2 bathrooms with WC's and 3 bedrooms

### STAFF/VOLUNTEERS

Executive director

Two health promotion consultants

Youth worker

Youth specialist

Carrer consultant

Speech therapist

Psychotherapist

Three psychologists

Periodically two international volunteers

Periodically 1-2 local volunteers (sometimes funded by youth guarantees program by State Employment Agency of Latvia )

### BUDGET (FROM WHERE? FOR WHAT?)

Total budget (2018y):

From the state budget - salary for psychologist

From municipal budget - salaries for the rest of the staff, building maintenance.

We work on project basis to implement events, camps, workshops, support groups.

### TIMING (OPENING HOURS / SEASONAL)

Weekdays:

Office is open 9:00-17:30,

Leisure space is open 13:00-19:00 ►

## Description



The Dobeles Youth Initiative and Health Centre is an interest-related education institution, established by the Municipality of Dobele County.

We implement informal learning educational programs (educational programs/activities by interests of children and youth), informal educational programs and professional development programs, corresponding to the individual educational needs and expectations of a person, as well as organize the methodical and informative work of informal learning educational programs.

In addition, our team implements educational support functions by providing methodological, informative and other forms of intellectual support to learners, educators, parents and educational institutions.

Our target group is children and young people between the age of 3 to 25 years, as well as their parents and educators of Dobele County.

The centre's goals:

- To develop skills and abilities of learners, according their age, interests and needs, regardless of their age and previous education.

- To provide the main activity - educational events.
- To provide educational support events.
- To provide consultative and diagnostic work (psychologist, psychotherapist, speech therapist, special educator, career advisor, health promotion consultant, youth specialist).
- To coordinate crime prevention work for the under-aged.

To reach DYIHC goals our team works in various fields and with broad spectrum of methods.

Here are some of things we do:

Our youth specialists organize informative and educational events suited to needs of youngsters. Youth specialists also works with juvenile offenders - organize social help and correction programs and oversees their implementation. Our career consultant implements various projects that aim to help youngsters in their educational and career choices. For example, "Career days" and "Career week", camps dedicated for discovering what youngsters like to do and how that can be useful in their career etc.



We also work in collaboration with schools. Dobeles district school psychologists and career consultants are located in our main building and go to schools only when needed, this way we can provide better anonymity to youngsters, and professionals are available to more schools. Also youngsters are able to choose the specialist they want to visit, instead of going to the one available at their school.

Health care promotion consultants go to schools or students come to our center to attend non-formal learning activities/lessons on various health related topics. Starting from group building activities and healthy emotions, relationships to healthy lifestyle, substance abuse, sexual and reproductive health, safety in real life and on the internet, youth initiatives, volunteering opportunities etc.

We also work with a method called "Girl/Boy groups" where set group of youngsters meet every week and discuss topics about relationships and human sexuality. This method promotes personal growth, safe relationships and prevention of premature sexual relations and reduces the risk of human trafficking.

We support "Dobeles Youth council", a group of youngsters who have shown their interest to do more. They meet every week and with the support of youth specialists and health promotion consultants implement their projects. As an example: "Snow day", "Peace day", "Day against smoking", "European mobility week" activities, orienteering games, hikes, bike tours, movie nights, e.t.c.

We organize camps on various topics including peer education, health, volunteering, project management, youth participation opportunities, career choice and business opportunities e.t.c..

We oversee a youth initiative fund, where youngsters can write their project and apply for a 600 euro grant to implement their ideas and gain experience in project management.

We also work with the Erasmus+ program, from time to time hosting international volunteers, sending our youngsters to volunteer abroad, organizing youth exchanges, trainings for youth workers, participating in other partner projects, providing youngsters and our staff with international experience.

In the leisure time activity building youngsters can come and spend their free time playing games, accessing computers and the internet.

There is also a kitchen available, where they can have tea or cook meals with the support of our youth worker, if needed. A Youth worker is always present and available for supportive conversations. ■



# Palīdzēsim. lv Youth Club

Latvia



Kr. Valdemara 118, Riga

info@palidzesim.lv  
www.facebook.com/Palidzesimlv/  
www.palidzesim.lv



## Context

### AMOUNT OF YOUTH

Palīdzēsim.lv gather together around 130 youngsters from all around Latvia.

### POPULATION OF THE CITY

Riga, capital of Latvia has population 641 000 and 72 300 are youngsters.

### TARGET GROUP ADDRESSES

Children and youth living in Latvia, who were affected by health problems or other problems important for social life and social integration, including those with functional and/or mental development disorders.

### PHYSICAL SPACE

Youth center has space 100 m2, including training room and kitchen.

### STAFF/VOLUNTEERS

3 full time workers and around 50 volunteers, both youngsters and adults who help to organize camps, markets, assist kids with fewer opportunities and do other necessary things.

### BUDGET (FROM WHERE? FOR WHAT?)

Mostly donations from individuals and business sector, also project grants and small amounts also from charity shop and other services.

### TIMING (OPENING HOURS / SEASONAL)

Open daily for events and planned activities, many activities are organized outside of the youth center. ➤

## Description



Palīdzēsim.lv is non-governmental, non-profit and charity organisation with the aim to help children and youth living in Latvia, who were affected by health problems or other problems important for social life and social integration. The organization cooperates with 25 non-governmental organizations, 7 social services and 6 special educational institutions, and provides support to children and youths from across Latvia.

Within the framework of "Palīdzēsim.lv Youth Club" youths from Riga and other regions of Latvia, including those with functional and/or mental development disorders, meet once a month and participate in the activities carried out by the organization – lectures and motivation programs. Youths are informed about the possibilities of cooperating and participating in organization's activity as volunteers, as well as the information is provided on the rights of youths, their obligations and possibilities of affecting their quality of life and surrounding environment. Successful introduction of activities is certified by the increased initiative of the youth in participating as volunteers in other organization's activities ("Youth Club" charity stand, joint works, etc.). The results of organization's activity certify that by implementing inclusive education events for five years the youths show greater interest and initiative in participating in activities, the

number of unjustifiably missed lessons has decreased, the marks have improved, as well as the most appropriate profession has been found. Youths are motivated for the acquisition of education and profession, are acquainted with the application of different subjects on practice, as well as the students with functional and/or mental development disorders are integrated in the society by participating in events together with other youths. Mutual integration promotes compassion, tolerance and awareness of social duty.

Examples of the some activities:

"Bring colors to the life" - during the creative activity at the 5th specialized boarding School in Riga, where children with different health problems study, the world-renowned artist and educator Joel Bergner from the New York and youngsters from Latvia created an original wall paintings on one of the sheds of the school.

With the help of the organisation already 2 exhibitions were opened for Mareks Odumins. Marek is completely paralyzed and can only move facial muscles. He is positive, joyous, full of optimism and belief that everything will succeed if he wants and will be towards goal orientated. Marek not only positively thinks, but does - he paints, holding a brush in his mouth, and his paintings are fantastic! Now Marek often is invited to the different events with inspirational stories and speeches. ■



# Creative Association for Youth "Trepes"

Latvia



ra.trepes@gmail.com  
Instagram account: ratrepes  
www.facebook.com/NVOTrepes

Radošā apvienība jauniešiem

## TREPES



## Context

### AMOUNT OF YOUTH

In Riga city are 72 300 youngsters and yearly around 200 young people attend "TREPES".

### POPULATION OF THE CITY

Riga, capital of Latvia has population 641 000.

### TARGET GROUP ADDRESSED

Youth, third country nationals.

### PHYSICAL SPACE

Volunteer house in our address Turgeneva street 15, Riga (4 big rooms for activities, currently using just one, as others are under construction).

### STAFF/VOLUNTEERS

President, Board members and volunteers with contracts.

### BUDGET (FROM WHERE? FOR WHAT?)

Money from projects (Riga municipality and EU projects) to maintain our place and activities. For other needs personal money (volunteers, board members).

### TIMING (OPENING HOURS / SEASONAL)

Opened all seasons, hours depend on planned activities, 24/7 communication between members in social platforms. ►

## Description



In 20 years we have done a lot. We can write for days all the examples, but we will share few. The most powerful and meaningful work is with refugees. As they wait for their statuses they live in the camp with not much to do. We involve them into volunteer work. For example we gathered the most active ones - from Eritrea, Syria, Bangladesh, India and together with latvians we all went 300 km away from Riga to animal shelter where we did volunteer work, cooked together and learn about daily life in Latvia, spending together 12 hours.

As they come from such a beautiful countries we started Cultural evening tradition. We wrote project together with Arabic Culture Centre in Latvia, where we covered more then 10 arabic cultures. Refugees from Lebanon, Syria, Iraq, students from Algeria, Libya and citizens from Egypt, Morocco had a chance to present their countries and interact with the locals. Even outside of the project we continued cultural evenings and refugees from Cuba, Bangladesh, India, Tajikistan and others created these events. At one moment we were a meeting point for locals and third country nationals and we continued to grow as a diverse organisation.

Together with Information Centre for Newcomers every year in the fourth of May, which is Restoration of Independence Day in Latvia, we create a traditional white table cloth celebration for refugees and asylum seekers. We try traditional cuisine, dance and sing, we all take flowers and together go to Monument of Freedom. We just are being together. We do that in all major holidays - Easter, Christmas, Midsummer.

The powerful moment is when you can actually help someone and give some opportunities. Our member from Syria has represented us in projects in Vienna, Italy and Estonia and encourages others to take chances and integrate. We always welcome everyone who wants to be friends with us, who wants to participate and be an active member of society. ■

## Name of the youth Center

Latvia





# CIJ Agost

## Spain



Avda. Jijona nº2,  
Agost (Alicante)



## Context

### AMOUNT OF YOUTH

20-30

### POPULATION OF THE CITY

4713

### TARGET GROUP ADDRESSED

12-30

### PHYSICAL SPACE

Offices and multipurpose room, being able to have and share a computer room, classroom workshop, parks, sports center, assembly hall, etc ...

### STAFF/VOLUNTEERS

Coordinator of Culture and Promotion and Technique in Sociocultural Animation.

### BUDGET (FROM WHERE? FOR WHAT?)

Municipal budget for youth and subsidy IVAJ, youth subsidy Diputación of Alicante.

### TIMING (OPENING HOURS / SEASONAL)

October - June ➤

## Description



In addition to being a Youth Information Center, we intend to consolidate a group of young people who, due to their needs and opinions formulated in forums and listening assemblies organized by the Youth Information Service, are forging a sociocultural volunteering of young people involved in citizen participation. In each of the events organized by the Gastronomic and Handicraft City Hall, reading events, parties dedicated to children like Carnival or Halloween, among many others, the group of young people called "Agost Jove" is in charge of designing, programming, organize and exercise monitors in them, for this they have a guide: the technique in sociocultural animation.

We are in direct contact through these active participants with the group of young people offering basic leisure, employment and training services, in addition to the consolidation of the youth group with the aim of detecting the greatest number of needs and supplying them with the youth fabric of our municipality. ■

# Xarxa Jove Els Ports i Alt Maestrat

(Youth Network of Els  
Ports i Alt Maestrat)

Spain



## Context

### AMOUNT OF YOUTH

50

### POPULATION OF THE CITY

Municipalities of less than 2000 inhabitants

### TARGET GROUP ADDRESSED

12-17

### PHYSICAL SPACE

Library of Vilafranca, Benassal, Ares and Atzeneta; Rural Development Center (CDR) Alt Maestrat de Albocàsser; Youth centers of Vilafranca and Atzeneta; Institutes of Vilafranca, Benassal, Vall d'Alba and Albocàsser.

### STAFF/VOLUNTEERS

6 people, 4 of them are volunteers and 2 are working on the project. This team is joined by 12 people who help in the realization or dissemination of the sessions (social education, teaching, Catalan philology, culture techniques, librarians and youth workers).

### BUDGET (FROM WHERE? FOR WHAT?)

The coordinators are subsidized by the Valencian Youth Institute; the reading books are subsidized by the town councils, associations and the CDR of the municipalities involved; the transport and the diets for the meetings are in charge of the youth; The necessary material for the meetings is subsidized by the municipality or the associations of the host municipality.

### TIMING (OPENING HOURS / SEASONAL)

Sessions are held outside school hours, is the time set by youth (afternoons or weekend). ➤

## Description



The project of Anigmàti-k (2 editions), is created to cover the need to generate spaces of reading animation, as they have manifested different municipal entities and the same youth collective.

The team of Xarxa Jove, after detecting this need in different municipalities, promotes the creation of a working group, made up of different people involved in the territory, who volunteer for the management of the project. This group meets monthly to generate proposals around reading animation, responding to the interests of young people in rural areas. Promoting the creation of networks for working with young people and helping in the design and implementation of programs that interest the young public, fulfilling two of the main objectives of the Xarxa Jove program.

In the first edition, a campaign was designed to present the project, in a stimulating and attractive way, oriented towards the interested young public and formed by different dynamics:

1. Placing a poster with the drawing of a prize in the educational centres
2. Representation of the scene of a crime in schools, the same day, placing a poster with the drawing of a cemetery. The interested youth was also summoned, briefly informed of the project and commented that the next clue was in the library or youth centre of their municipality.

3. In the library or youth centre, placement of the puzzle to solve.

4. Each municipality was provided with a different track that they shared later, using the format of a provincial newspaper. Two groups shared the track in video format and others shared it via Skype.

5. With all the clues, they had to try to solve the enigma. They could ask a question per person to the head of the library or youth space, this could only answer yes or no.

To present the proposed book, the youth was summoned to their point of reference, holding a local meeting where the enigma was solved and the book "Scape Book Junior" by Ivan Tàpia was presented, this set the whole project process. One of the most important premises is that reading is voluntary, with the aim of encouraging a taste for reading and avoiding imposition and obligation. We leave a period for your reading.

Finally, the final meeting was held in Vilafranca with the activity that the youth of the municipality had prepared and other dynamics that contributed to the rest of the villages. A joint evaluation was also carried out to improve or complement the project. Two of the contributions were the commitment on the part of the youth of Atzeneta in the accomplishment of the next encounter and the modification of the date by the load of activities that we found in summer. ■



## Name of the youth Center

Spain



## Name of the youth Center

Spain





# 6

## About Erasmus+





Erasmus+ is the EU's program for boosting skills and employability through education, training, youth, and sport. In the time frame 2014-2020 the program will provide opportunities for over 4 million Europeans to study, train, gain work experience, and volunteer abroad.



## What does it involve?

Funding for youth activities under Erasmus+ aims to improve the key competences, skills and employability of young people, promote young people's social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level. Concretely in the field of youth, the Erasmus+ program offers three main opportunities:

### Key Action 1:

Learning mobility opportunities for young people and youth workers. Young people have the opportunity to participate in youth-exchanges or to volunteer (European Solidarity Corps) for a period up to one year in another country. Youth workers can take part in training and networking activities abroad or spend some time in a youth organization abroad for a job shadowing or an observation period.

### Key Action 2:

Opportunities for cooperation for innovation and exchange of good practices. Organizations can apply for funding to work in partnership with organizations from other participating countries. The projects funded under this action will focus on sharing, developing and transferring innovative practices in education, training and youth provision between participating countries.

### Key Action 3:

Opportunities to support policy reform. The Erasmus+ program will fund strategic activities supporting policy reform across the EU. Funding opportunities in the field of youth under this action can take the form of meetings between young people and decision makers.

## Who can take part?

Various opportunities are available under Erasmus+, including opportunities for young people (aged 13-30), youth organizations, and other stakeholders active in the field of youth.



# 7

## Other useful resources

## Other useful resources:

### European Union

[www.europa.eu](http://www.europa.eu)

Official website of the European Union where you can find information of EU institutions and bodies, countries, symbols, history, facts and figures, treaties, legislation, case-law, how EU law is made and applied, official documents, publications, statistics, open data, information on your rights to live, work, travel and study in another EU country and more resources.

### Erasmus+ Project Results Platform

[www.ec.europa.eu/programmes/erasmus-plus/projects](http://www.ec.europa.eu/programmes/erasmus-plus/projects)

This database will give you access to descriptions, results and contact information of all projects funded under the Erasmus+ programme and some of the projects funded under its predecessor programmes in the field of education, training, youth and sports. You can find inspiration from the pool of good practices and success stories, i.e. projects that distinguished themselves in terms of policy relevance, communication potential, impact or design.

### European Solidarity Corps

[www.europa.eu/youth/solidarity\\_en](http://www.europa.eu/youth/solidarity_en)

The European Solidarity Corps is the new European Union initiative which creates opportunities for young people to volunteer or work in projects in their own country or abroad that benefit communities and people around Europe. It brings together young people to build a more inclusive society, supporting vulnerable people and responding to societal challenges. It offers an inspiring and empowering experience for young people who want to help, learn and develop.

### European Youth Portal

[www.europa.eu/youth](http://www.europa.eu/youth)

The European Youth Portal offers European and national information and opportunities that are of interest to young people who are living, learning and working in Europe. It provides information around eight main themes, covers 35 countries and is available in 28 languages.

### EURODESK

[www.eurodesk.eu](http://www.eurodesk.eu)

Eurodesk is a European youth information network that provides reliable information on learning mobility comprehensive and accessible different across Europe to young people and those who work with them. Eurodesk also provides informative support to potential and existing project promoters of the European Union's Erasmus + program. Eurodesk is the main source of youth information on European policies, mobility information and opportunities.

### SALTO-YOUTH

[www.salto-youth.net](http://www.salto-youth.net)

SALTO-YOUTH is a network of six Resource Centres working on European priority areas within the youth field. As part of the European Commission's Training Strategy, it provides non-formal learning resources for youth workers and youth leaders and organises training and contact-making activities to support organisations and National Agencies within the frame of the European Commission's Erasmus+ Youth programme and beyond. On this website you'll find lots of tools: European Training Calendar, Toolbox for Training, Otlas Partner Finding, Trainers Online for Youth.

### European Youth Parliament

[www.eyp.org](http://www.eyp.org)

The European Youth Parliament is a unique educational programme which brings together young people from all over Europe to discuss current topics in a parliamentary setting. As a network of independent associations, EYP is present in 40 European countries and organises more than 500 events every year. EYP mission is to inspire and empower young Europeans to become open-minded, tolerant and active citizens.

### Opportunity Desk

[www.opportunitydesk.org](http://www.opportunitydesk.org)

OD is an online platform that bridges the gap to education by sharing information on relevant and growth opportunities for youth around the world. These opportunities help to facilitate



young people's efforts in exchanging ideas and preparing themselves for the future. It includes scholarships, conferences, fellowships, awards, jobs, internships, and grants targeted towards individuals and organizations worldwide.

## Non formal methods, books and other resources:

### Platform with training modules for youth workers

[www.learn.youthworkhd.eu](http://www.learn.youthworkhd.eu)

Non-formal methods manual **"Learn how to communicate, learn how to include"** to work with youth with communication barriers and other young people that are excluded from the society based on aforementioned barriers.

[www.inclusion-lab.com/intellectual-output/](http://www.inclusion-lab.com/intellectual-output/)

Lifelong learning 8 Competence games **"8KEYCOM"**. First aid kit for trainers - new method of non-formal education which promotes and develops 8 lifelong learning competences.

[www.8competencesgame.com/?page\\_id=54](http://www.8competencesgame.com/?page_id=54)

**"28 days good habit Playbook"** - 28-day healthy habit journal with exercises for each day. The collected methods include mental, emotional, functional & social elements for balanced self-development.

[www.brfonds.lv/wp-content/uploads/2018/07/QLife-28-Day-Good-Habit-Playbook-June-2018-preivew.pdf](http://www.brfonds.lv/wp-content/uploads/2018/07/QLife-28-Day-Good-Habit-Playbook-June-2018-preivew.pdf)

Recipe book **"Fight the beast, dont become obese"** a simple guide to food labelling and healthy cooking.

[www.blanchardstownctc.ie/wp-content/uploads/2017/03/Reduced-Web-Version-COOKBOOK.pdf](http://www.blanchardstownctc.ie/wp-content/uploads/2017/03/Reduced-Web-Version-COOKBOOK.pdf)

Practical handbook **"Methods for involvement, entrepreneurship and communication"** for local action groups, youth workers and all those interested in supporting involvement in decision making, entrepreneurship, communication and cooperation.

[www.drive.google.com/file/d/1\\_J-6IP4kWR7z0DoANkZh5zaCQ9y8\\_9Se/view](http://www.drive.google.com/file/d/1_J-6IP4kWR7z0DoANkZh5zaCQ9y8_9Se/view)

Creative Learning Cookbook **"Visual facilitation"** about basics of visualisation.

[www.dropbox.com/s/6q45yb18swm3nju/VF-cookbook-web.pdf?dl=0](http://www.dropbox.com/s/6q45yb18swm3nju/VF-cookbook-web.pdf?dl=0)

Creative Learning Cookbook **"Storytelling"** practical guide on how to use storytelling to enhance creativity and learning.

[www.dropbox.com/s/jqfvnslmat2t5/S-cookbook-web.pdf?dl=0](http://www.dropbox.com/s/jqfvnslmat2t5/S-cookbook-web.pdf?dl=0)

Creative learning Cookbook **"Creative writing"** insight how creative writing might contribute to the development of competences and group dynamics.

[www.dropbox.com/s/tcmqe5iescxodd8/CW-cookbook-web.pdf?dl=0](http://www.dropbox.com/s/tcmqe5iescxodd8/CW-cookbook-web.pdf?dl=0)

The training kits **"T-kits"** thematic publications written by experienced youth trainers.

[www.pjp-eu.coe.int/en/web/youth-partnership](http://www.pjp-eu.coe.int/en/web/youth-partnership)

Practical learning tool **"eduesc@peroom"** (educative escape rooms) educational tool based on escape rooms to be used in a broad range of formal and non-formal educational fields.

[www.lookingatlearning.eu/eduescperoom](http://www.lookingatlearning.eu/eduescperoom)

# 8

## Glossary of youth work



**Ability**

Ability refers to capacities that someone can already demonstrate that s/he possesses, such as having the ability to speak a certain language.

**Action Plan**

The action plan is a way to make sure that an organisation's/ institution's/group's vision is made concrete. The action plan also describes the path that the group and the organisation will be following in order to reach the planned strategy and to reach the objectives. The action plan should include the actions that are to be taken, the person responsible for every action, clear deadlines for completing the specified actions, the resources that are to be used for the actions as well as the communication tools required for the coordination.

**Activism**

Activism refers to taking action to impact social change. In terms of actions involved, it may include causes related to changes in the social, political, economic or environmental sectors. The process of change might be either conducted by an individual having the capacity to mobilize masses or collectively. When it comes to the forms of activism, it might vary from action undertaking civil disobedience, protests, occupations, campaigning, boycotts and demonstrations to more conventional forms such as lobby processes, writing letters, internet activism, petitions, and attending meeting of public bodies.

**Advocacy**

Advocacy is the process that aims at creating or reforming public policies. The term has a wide range of definitions determined mainly by the actors involved with the advocacy processes. Social justice advocacy refers to the processes initiated by groups affected by social injustice. Rights based advocacy consists of campaigns and projects run by the watchdog organisations. Public interest advocacy and people centred advocacy are instituted to ensure citizens' participation in decision making processes or think tanks. Consequently, advocacy is a political process that involves the coordinated efforts of the civil society structures running the advocacy campaigns in order to change the existent policies and practices or the balance of power, the resources, the ideas and values that could affect the citizens in general or a particular group of citizens.

**Assessment**

Assessment takes place when evaluation has a comparative dimension that involves setting individuals, activities or institutions into a ranking order of performance or achievement. The ranking may be set in relation to criteria that are specific to the context, process or outcomes that are being assessed (such as: who swam the river fastest, or which the European Voluntary Service agency has the highest success rate in attracting socially disadvantaged young people into the programme). Alternatively, relative performance may be assessed against an external standard (such as in the case of the PISA attainment tests for 15-year-olds in different countries).

In the field of youth work, the word assessment is used interchangeably with the word evaluation.

**Competence**

Competence is often used interchangeably with the term skill, but they do not mean the same thing. Competence means the ability to apply knowledge, know-how and skills in a stable/recurring or changing situation. Two elements are crucial: applying what one knows and can do to a specific task or problem, and being able to transfer this ability between different situations.

**Critical thinking**

Critical thinking is the ability to form our own opinion from a variety of sources, to think through complex issues in a complex way. Critical thinking opens our minds in the face of stereotypes and any attempts of manipulation. It is a tool through which we can develop a more in-depth understanding of social, political and economic realities and power relations.

**Discrimination**

Discrimination means treating a person or particular group of people differently. In a negative sense, discrimination is an action, expression or behaviour that denies social participation or human rights to categories of people based on prejudice or on a certain characteristic. This includes treatment of an individual or group in a way that is worse than the way people are usually treated, based on their actual or perceived membership of a certain group or social category. Discrimination may take place on various grounds: age, disability, employment, language, nationality, racial or ethnic, regional or religious background, sex, gender, and gender-identity, sexual orientation.

Reverse or positive discrimination is the policy of favouring members of a disadvantaged group. Examples of positive discrimination include quotas and giving certain groups preference in (job) selection processes. The nature of positive discrimination policies varies across countries.

### **Early School Leaving**

Early School Leaving (ESL) is a multi-faceted and complex problem caused by a cumulative process of disengagement, being the result of personal, social, economic, education or family-related reasons. The European Union defines early school leavers as people aged 18-24 who have only lower secondary education or less and are no longer in education or training. Early School Leaving takes several forms: young people who have dropped out of school before the end of compulsory education, those who have completed compulsory schooling, but have not gained an upper secondary qualification, and those who have followed pre-vocational or vocational courses which did not lead to a qualification equivalent to upper secondary level. Reducing ESL is essential for the integration of young people into the labour market and to contribute to breaking the cycle of deprivation that leads to the social exclusion of too many young people. Reducing the average European rate of early school leavers to less than 10% by 2020 is one of the education headline targets of the Europe 2020 Strategy.

### **Economic Obstacles**

Economic obstacles refer to the obstacles that young people with a low standard of living are facing. This includes for example, low income, dependence on social welfare system, long-term unemployment, homelessness, debt or financial problems.

### **Education for Democratic Citizenship**

Education for democratic citizenship means education, training, awareness-raising, information, practices and activities which aim, by equipping learners with knowledge, skills and understanding and developing their attitudes and behavior, to empower them to exercise and defend their democratic rights and responsibilities in society, to value diversity and to play an active part in democratic life, with a view to the promotion and protection of democracy and the rule of law. It shows people how to become informed about their rights, responsibilities and duties and it helps them to realise that they can have influence and make a difference.

### **Education Methodology**

This term refers to the general principles, pedagogy and management strategies used for classroom instruction. Your choice of teaching method depends on what fits you — your educational philosophy, classroom demographic, subject area(s) and school mission statement. Teaching theories primarily fall into two categories or “approaches” — teacher-centred and student-centred.

### **Educational Difficulties**

When defining young people with fewer opportunities, a wide range of obstacles and contexts can be identified. Educational difficulties refer to the obstacles, difficulties and contexts that young people are facing. This is used with particular reference for people with learning difficulties, early school-leavers, lowly or non-qualified persons, young people that did not find their way in the school system, and young people with poor school performance because of a different cultural/linguistic background.

### **Empowerment**

Empowerment is helping people to help themselves. This concept is used in many contexts: management (“the process of sharing information, training and allowing employees to manage their jobs in order to obtain optimum results”), community development (“action-oriented management training aimed at community members and their leaders, poverty reduction, gender strategy, facilitation, income generation, capacity development, community participation, social animation”) and mobilisation (“Leading people to learn to lead themselves”).

### **Equality**

Equality is about ensuring that every individual has an equal opportunity to make the most of their lives and talents, and believing that no one should have poorer life chances because of where, what or whom they were born, what they believe, or whether they have a disability. Equality recognises that historically, certain groups of people with particular characteristics (e.g. race, disability, sex and sexuality), have experienced discrimination.

### **Equity**

Equity is the act of being fair and impartial to everyone regardless of their ethnicity, gender, race, religious identity, sexuality or



socio-economic background. In its broadest sense, equity could be also defined as fairness.

### **Erasmus+ program**

The Erasmus+ program merges seven EU programs in the fields of Education, Training, and Youth. It is expected that the Erasmus+ will provide opportunities for over 4 million Europeans to study, train, acquire work experience and volunteer abroad. From 2014, for the first time, Sport is supported. As an integrated program, Erasmus+ is easier to access than its predecessors because it has simplified funding rules. The seven year programme will have a budget of €14.7 billion.

### **Evaluation**

Etymologically speaking, evaluation means appraising or valuing; finding the value of something. It means to evaluate the success of something (for example policies).

### **Formal Learning**

Formal learning is purposive learning that takes place in a distinct and institutionalised environment specifically designed for teaching/training and learning. It is staffed by learning facilitators who are specifically qualified for the sector, level and subject concerned and who usually serve a specified category of learners (defined by age, level and specialism). Learning aims are almost always externally set, learning progress is usually monitored and assessed, and learning outcomes are usually recognised by certificates or diplomas. Much formal learning provision is compulsory (school education).

### **Human Rights Education**

Human Rights Education refers to educational programmes and activities that focus on promoting equality in human dignity, in conjunction with other programmes such as those promoting intercultural learning, participation and empowerment of minorities.

### **Informal Learning**

Informal learning, from the learner's standpoint at least, is non-purposive learning, which takes place in everyday life contexts in the family, at work, during leisure and in the community. It does have outcomes, but these are seldom recorded, virtually never certified and are typically neither immediately visible for the

learner nor do they count in themselves for education, training or employment purposes.

### **Knowledge-based youth work**

Knowledge-based youth work refers to experiences of those working with and for young people, as well as accumulation of data, facts and figures, evidence and experience from various sources both from youth work practitioners, scientific community, civil society as well as the policy makers.

### **Mentoring**

Mentoring is a structured process for providing personal guidance and support to someone who is younger, less experienced or new. It is most commonly used in education, training and employment contexts. Mentors act as critical but non-judgemental friends, provide a role model and a source of useful information and advice, and can take on a coaching task (helping to improve performance). They may be freely chosen, but may also be allocated using a set of matching criteria. Formal mentoring programmes are likely to specify a given time-period for the mentoring relationship.

### **Mobile youth work**

Mobile youth work is an outreach youth work concept. It is being put into action of youth work in the frame of group- and individual social-pedagogic and social work.

Mobile Youth Work is district- respectively social-area-related and aims at preventing or cancelling exclusion processes of youths. Resources and self-aid powers towards the solution of social problems in the community are being used.

### **Non-organised youth**

Non-organised or unorganised youth is the term used in prevailing youth work research and policy to refer to young people who do not engage in youth work activities. In these contexts, they are often associated with the concept of 'marginalized group'. This is because in youth work practice many initiatives are created to organise the unorganised young people, increasing the participation of young people in youth work. This practice contributes in marginalising these young people by labelling them "irregular", separating them from their social context and reinforcing social dividing lines.

**Non-formal Learning**

Non-formal learning is a purposive, but voluntary, learning that takes place in a diverse range of environments and situations for which teaching/training and learning is not necessarily their sole or main activity. These environments and situations may be intermittent or transitory, and the activities or courses that take place may be staffed by professional learning facilitators (such as youth trainers) or by volunteers (such as youth leaders). The activities and courses are planned, but are seldom structured by conventional rhythms or curriculum subjects.

Non-formal learning and education, understood as learning outside institutional contexts (out-of-school) is the key activity, but also the key competence, of youth work. Non-formal learning/education in youth work is often structured, based on learning objectives, learning time and specific learning support and it is intentional. It typically does not lead to certification, but in an increasing number of cases, certificates are delivered, leading to a better recognition of the individual learning outcome.

Non-formal education and learning in the youth field is more than a sub-category of education and training since it is contributing to the preparation of young people for the knowledge-based and the civil society.

**Open youth work**

Open youth work is a planned systematic educational experience implemented outside of the formal school curriculum usually by voluntary groups and organisations.

Open youth work promotes an experiential learning model where young people are involved in learning by doing in real life situations and reflecting in a structured manner upon the experiences encountered.

Open youth work recognises that inequalities of opportunities exist in society and seeks to raise the level of awareness of young people about society and how to act upon it.

Open youth work involves young people on a voluntary basis and begins with the issues and areas that are of interest and concern to them.

Open youth work is a mutually beneficial, enjoyable and fun experience for youth workers and young people. Open youth work is a partnership between youth workers and young people involving adults working with young people, in a manner that prioritises the active participation of young people as partners in the process.

Open youth work provides structures whereby young people

participate in decision-making including planning, organising and evaluating.

Open youth work enables communities to contribute to meeting their own needs.

Open youth work is accessible to all young people irrespective of their race, culture, religion or belief, gender, sexual orientation, socio-economic status or disability.

**Peer to peer education**

Peer to peer education is a method of informing, teaching and learning among equals whereby young people educate other young people.

**Recognition of learning outcomes**

Recognition of learning outcomes plays an important role on a political, institutional and individual level. On the one hand it should help to find a common way or procedure to recognise and validate learning outcomes achieved in another country and/or with various forms of education (formal, non-formal, informal). On the other hand it points to the individual reflection of achievements in the own education and learning biography in and outside the formal education system.

**Young People**

Young people are persons 13 – 30 years old. For the purposes of European youth policies this age is used both by the European Commission and Council of Europe.

**Youth Center**

A **youth center** or **youth centre**, often called **youth club**, is a place where young people can meet and participate in a variety of activities, for example table football, table tennis, video games, and religious activities. Youth Clubs or Centres vary in their activities across the globe, and have diverse histories based on shifting cultural, political and social contexts and relative levels of state funding or voluntary action.

**Youth Organisations**

Youth organisations are generally understood to be youth-led, non-profit, voluntary, and participatory non-governmental associations. Under some circumstances, youth organisations may form part of the state apparatus.



**Youth Work**

Youth work is a summary expression for activities with and for young people of a social, cultural, educational or political nature. The main objective of youth work is to provide opportunities for young people to shape their own futures.

**Youth Workers**

Youth workers are people who work with young people in a wide variety of non-formal and informal contexts, typically focusing on personal and social development through one-to-one relationships and in group-based activities. Being learning facilitators may be their main task, but it is at least as likely that youth workers take a social pedagogic or directly social work based approach. In many cases, these roles and functions are combined with each other.

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## Technical contacts

[www.hqyc.eu](http://www.hqyc.eu)



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